

The Role of Vaccination, Testing, and Public Restriction Policies in COVID-19 Mortality and Incidence: Insights from Global Burden of Disease Regions

Keywords

incidence, vaccines, COVID-19, SARS-CoV-2, mortality, Global Burden of Disease, restriction policy

Abstract

Introduction

This study aimed to examine the impacts of vaccination, testing, and government policies on COVID-19 mortality and incidence rates and compare these strategies' effectiveness by seven super regions of the Global Burden of Disease (GBD).

Material and methods

This study used data from January 3, 2020, to March 29, 2023. The incidence and mortality indices were calculated using "daily cases" and "daily deaths" and selected as dependent variables. Vaccination, COVID-19 tests, strictness of a government's policy were explored using corresponding metrics.

Results

Daily cases were four times higher in the high-income region (371.1) than those in the Latin America and the Caribbean region (98.3), but the mortality rate was similar (1.5). The number of vaccinated people did not consistently reduce the mortality across all GBD regions. However, full vaccination was associated with decreased mortality in all regions except Central, Eastern, and Southeastern Europe and Central Asia (CEECA). Regarding daily testing, a favorable correlation was observed between daily deaths on a global scale, excluding Southeast Asia, East Asia, and Oceania. Overall, vaccination coverage and government policies were effective in reducing the COVID-19 mortality and incidence rates. However, only the high-income region showed a negative association between the stringency index to COVID-19 and incidence and mortality rates.

Conclusions

Full vaccination significantly reduced COVID-19 mortality globally, except in the CEECA region. HI regions showed lower incidence and mortality rates with stricter government measures. Effective vaccination programs and policies are crucial, emphasizing the need for strengthened international cooperation in future pandemics.

The Role of Vaccination, Testing, and Public Restriction Policies in

COVID-19 Mortality and Incidence: Insights from Global Burden of

Disease Regions

Short title: Public Health Policies on COVID-19 Mortality and Incidence

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39 CEECA region. HI regions showed lower incidence and mortality rates with stricter
40 government measures. Effective vaccination programs and policies are crucial, emphasizing
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42 **Keywords**

43 COVID-19; SARS-CoV-2; vaccines; restriction policy; mortality; incidence; Global Burden of
44 Disease

45

46

47 **Introduction**

48 COVID-19, caused by the SARS-CoV-2 virus, has had a significant impact on global health and
49 economies since its emergence in late 2019 [1]. In response to the pandemic, governments
50 worldwide have implemented various policies to mitigate its spread and reduce morbidity and
51 mortality rates. These policies include vaccination programs, testing strategies, and
52 government interventions aimed at controlling the pandemic [2]. Vaccination coverage has
53 been a key tool in controlling the spread of COVID-19 [3]. Immunization programs can help
54 achieve herd immunity by preventing large population segments, reducing viral transmission,
55 and protecting vulnerable individuals. The efficacy of the COVID-19 vaccine has already been
56 supported through clinical studies [4]. Owing to its urgency, the development and
57 introduction of a vaccine against COVID-19 have been conducted and introduced in an
58 unprecedentedly rapid process [5]. However, the effectiveness and capacity of vaccination
59 programs can vary depending on factors such as vaccine availability, distribution strategies,
60 and vaccine hesitancy among the population [6]. Therefore, the efficacy in clinical trials does
61 not necessarily guarantee the effectiveness in the population; thus, another evaluation is
62 required when introduced into a public program [7]. Testing has also played a crucial role in
63 identifying and isolating cases, tracking the spread of the virus, and informing public health
64 responses [8]. Access to COVID-19 testing has been expanded through various laws,
65 regulations, and guidance implemented by federal policymakers [9]. In addition to vaccination
66 and testing, government policies have played a critical role in shaping the response to the
67 COVID-19 pandemic [10]. These policies could include measures such as lockdowns, travel
68 restrictions, mask mandated, and social distancing guidelines. Lockdown was a
69 comprehensive policy that prevented people from gathering and banned contact. It has been
70 implemented in many countries as the number of confirmed cases increased during the

71 pandemic, and it was effective in preventing the spread of COVID-19 [11]. However, the
72 effectiveness of lockdowns is controversial, and one meta-analysis study evaluated that the
73 lockdown in each country at the beginning of the pandemic was ineffective [12].

74 Even a small preventive effect could be overestimated depending on the country and
75 geographical location [13]. The implementation and effectiveness of these policies can vary
76 across countries, and their impact on COVID-19 could depend on factors such as compliance
77 levels, public health infrastructure, and socioeconomic factors. Analyzing health outcomes by
78 Global Burden of Disease (GBD) region provides a more comprehensive and nuanced
79 understanding of global health challenges and priorities. GBD regions are categorized based
80 on two criteria: similarity in terms of epidemiology and proximity in terms of geography [14].
81 Standardizing the classification of countries by region makes it easier to compare the
82 prevalence and incidence of various diseases, injuries, and risk factors across populations. The
83 GBD regions also help identify and prioritize health interventions that are most needed and
84 effective in a particular region [15]. A comprehensive understanding of these factors and their
85 impact on COVID-19 outcomes is crucial in shaping public health strategies and policies to
86 effectively mitigate the spread of infectious diseases and reduce morbidity and mortality rates
87 globally [16, 17].

88 At a time when the world is returning to normal after the COVID-19 pandemic, in May 2023,
89 the World Health Organization (WHO) declared the end to COVID-19 as a global health
90 emergency. At this point, further research is needed to scientifically evaluate policies against
91 COVID-19. However, this is still insufficient with few evaluations of the GBD regions. This study
92 examined the impact of vaccination coverage, testing, and government policies on COVID-19
93 mortality and incidence using a publicly generated database.

94 **Methods**

95 ***Variables***

96 The incidence and mortality indices were selected as dependent variables. Daily cases refer
97 to newly confirmed cases of COVID-19 (seven-day smoothed) per million people. The counts
98 could include probable cases, if reported. Daily deaths refer to newly confirmed deaths from
99 COVID-19 (seven-day smoothed) per million people. These counts could include probable
100 deaths if reported.

101 The key independent variable in this study was vaccination. "People vaccinated per hundred"
102 refers to the number of individuals who received at least one vaccine dose per 100 people in
103 the total population. This figure displays the proportion of the entire population that has
104 received at least one dose of the vaccine. When an individual receives the first dose of a two-
105 dose vaccine, this metric increases by one. However, when they receive the second dose, the
106 metric remains unchanged. "People fully vaccinated per hundred" is the number of individuals
107 who have received the complete set of doses as per the initial vaccination protocol, expressed
108 as a rate of per 100 people in the total population. If a person receives the first dose of a two-
109 dose vaccine, this metric remains the same. If they receive the second dose, the metric
110 increases by one. "Daily tests" refers to the number of new COVID-19 tests per 1,000 people.
111 The "stringency index" in COVID-19 is a metric that measures the strictness of a government's
112 response to the pandemic. This captures the level of government intervention in the form of
113 policies and regulations implemented to control the spread of the virus. This index is typically
114 calculated using indicators such as school and workplace closures, restrictions on gatherings,
115 travel bans, testing policies, and mask mandates. It ranged from 0 to 100, with 100 indicating
116 the strictest response.

117 **Data and Study Population**

118 This study used data from Our World in Data. This data source is a representative site that
119 provides various data by country. COVID-19 and related data were also evaluated as reliable
120 [18]. Data were collected from January 3, 2020 to March 29, 2023. As of the date of data
121 extraction, COVID-19 incidence and mortality data were available for 218 countries.

122 Regarding GBD regions, although there were 21 regions in total, seven super-regions (CEECA:
123 Central Europe, Eastern Europe, and Central Asia; HI: high income; LAC: Latin America and
124 Caribbean; NAME: North Africa & Middle East; SA: South Asia; SEAEAO: South-East Asia, East
125 Asia, and Oceania; SSA: Sub-Saharan Africa) were utilized because subgroup analysis, which
126 was too subdivided [19], was difficult owing to the lack of observations caused by data
127 limitations.

128 **Statistical Analysis**

129 All variables in the analysis were in panel data format, with the time variable measured in
130 units of "days." Descriptive statistics for each variable and a fixed-effects model were used to
131 perform longitudinal analyses of the associations between vaccines, tests, government
132 restriction policies, and COVID-19 incidence and mortality. The fixed-effects model was
133 chosen because it is advantageous for assessing pure relationships between variables by
134 controlling for invariant characteristics across units. If unique characteristics of an entity (such
135 as a country's political system, culture, etc.) can influence the relationship between variables,
136 a fixed-effects model can be used to remove the influence of these time-invariant
137 characteristics [20, 21]. The formula for the fixed effects model is as follows: The model
138 comprises n entity-specific intercepts denoted by α_i (with i ranging from 1 to n), which are
139 unknown constants for each entity. It also consists of coefficients β_1 to β_n for the independent

140 variables. The dependent variable is represented by Y_{it} , where i refers to the entity (country),
141 and t refers to time (days). The term " it " denotes the time interval effect, and the term E_{it}
142 represents the error term.

143

144 • *Daily cases per million ($Y1_{it}$) = $\alpha_i + \beta_1 \cdot \ln$ People vaccine per hundred $_{it} + \beta_2 \cdot \ln$ people
145 *fully vaccine per hundred $_{it} + \beta_3 \cdot \ln$ Daily tests per thousand $_{it} + \beta_4 \cdot \ln$ Stringency index $_{it}$*
146 *+ E_{it}**

147 • *Daily deaths per million ($Y2_{it}$) = $\alpha_i + \beta_1 \cdot \ln$ People vaccine per hundred $_{it} + \beta_2 \cdot \ln$ people
148 *fully vaccine per hundred $_{it} + \beta_3 \cdot \ln$ Daily tests per thousand $_{it} + \beta_4 \cdot \ln$ Stringency index $_{it}$*
149 *+ E_{it}**

150 Violin plots were used to obtain an overview of the distribution of each variable within the
151 GBD regions. As the regression line may not always be straight, cubic spline curves were used
152 to examine the relationship between the stringency index and COVID-19 incidence and
153 mortality rates. All analyses, except descriptive statistics, were conducted using a natural
154 logarithm transformation. Subgroup analyses were performed based on the GBD regions.

155

156 **Results**

157 ***Analyzing Variable Characteristics and Distribution Patterns with Violin Plots***

158 Daily cases per million were the highest in the HI region at 371.1, and the lowest in SSA at
159 12.5. The distribution of daily cases was generally high in in the HI region during the
160 observational period, and SSA was low (Table 1 and Figure 1). In contrast, SEAEAO was
161 relatively high at 122.3, but the upper tail was long and the distribution was mostly low. Daily

162 deaths per million were highest in CEECA (2.4), and lowest in SA and SSA (0.2). The
163 distribution of daily deaths was generally high in the CEECA, but the upper tail was longer in
164 HI and LAC. People vaccinated per hundred was highest in the HI region at 64.6, and lowest in
165 SSA at 13.9; and people fully vaccinated per hundred was highest in the HI region at 58.4, and
166 lowest in SSA at 12.6. Overall, vaccination rate was distributed at a higher level in the HI region.
167 Daily tests per thousand were highest in the HI region at 6.1 and lowest in SSA at 0.3; the
168 distribution of tests was generally high in the HI region. The stringency index was highest in
169 SA at 53.3 and lowest in SSA at 39.2, and was distributed at a similarly high level in all regions.

170 ***Fixed-effect Analysis: Association of Vaccines, Testing, and Government Restrictions with***
171 ***Incidence and Mortality Rate***

172 The research subjects analyzed in this model are 119 countries for which fixed effects can be
173 analyzed through independent variables. Globally, vaccination per hundred was negatively
174 associated with daily cases (Table 2). Depending on the GBD regions, the trend of the
175 association between each variable differed slightly. In regions other than CEECA and HI, there
176 was either a positive association or no statistical significance. In the case of people fully
177 vaccinated per hundred, the association was positive globally, but negative or non-significant
178 in regions other than CEECA and HI. In the case of the daily test, there was a positive
179 correlation with the daily cases globally and the subgroup analysis by GBD regions. The
180 stringency index was negatively correlated with the number of daily cases. Depending on the
181 GBD regions, there was a negative correlation only in the HI region and a positive correlation
182 in the other regions. Globally, vaccination per hundred was positively associated with daily
183 deaths (Table 3). Depending on the GBD regions, the tendency of the association of each
184 variable differed slightly. CEECA and HI regions had negative associations, whereas the rest

185 of the regions had positive associations. For people fully vaccinated per hundred, it was non-
186 significant only in CEECA and was negatively associated with the global and other regions. In
187 the case of daily tests, there was a positive association with daily deaths in the global and
188 other GBD regions, except for SEAEAO. The stringency index was negatively associated with
189 daily death in HI, but positively associated globally and in other GBD regions.

190 ***Curve Fitting Analysis of Government Restriction Policies on Incidence and Mortality Rates***

191 This study confirmed the regression line of the incidence and mortality of COVID-19 according
192 to the government's restrictive policy using a cubic spline curve (Figure 2). At the global level,
193 the stringency index increased as the number of daily cases increased and then slowly
194 decreased. In the GBD regions, the stringency index increased more rapidly in NAME, SA, and
195 SEAEAO as the number of daily cases increased above a certain level. In the case of HI, the
196 two factors had a negative relationship, and the level of daily cases (y-axis) was highest at the
197 beginning of the stringency index (x-axis). The stringency index starts to increase at a higher
198 level when the daily cases are above a certain level. In the case of daily deaths, the stringency
199 index rose rapidly as deaths began to occur globally and in SA and then gradually increased.
200 The GBD regions confirmed that stringency increased more rapidly in NAME, SA, and SEAEAO,
201 as daily deaths increased above a certain level. In HI, there was a gently negative regression
202 line, and the level of daily deaths (y-axis) was highest at the beginning of the stringency index
203 (x-axis).

204

205 **Discussion**

206 ***Regional Differences in COVID-19 Mortality and Incidence***

207 CEEECA and HI regions had the highest mortality and incidence rates. Although CEEECA had
208 fewer daily cases and tests than HI, it showed the highest mortality rate among the regions,
209 indicating that the health crisis caused by COVID-19 was relatively greater in CEEECA. As the
210 incidence rate increases, the mortality rate also increases. Insufficient medical resources, such
211 as beds and doctors, can increase mortality rates because COVID-19 cannot be treated in time
212 [22]. In particular, the explosion of confirmed cases during the pandemic resulted in patients
213 not being able to use medical care and hospital beds in time, resulting in an increase in
214 mortality [23]. In the same context, daily cases were four times higher in HI than in LAC, but
215 the mortality rate was similar. HI regions possess more resources, significantly higher
216 healthcare expenditures, and superior healthcare systems compared to CEEECA and LAC.
217 Despite representing only 16% of the world's population, HI countries account for 78% of
218 global healthcare spending [20]. The response and surveillance systems for diseases, including
219 infectious diseases, are likely to function better in HI regions. These countries benefit from
220 highly developed hospital facilities, more healthcare personnel, and the latest medical
221 technologies, which favor disease surveillance and response [24, 25]. High-income countries
222 operate comprehensive and systematic disease surveillance systems, enabling rapid response
223 through real-time data monitoring and feedback [26]. In the CEEECA, daily cases were
224 approximately half that of HI, but the mortality rate was 1.6 times higher. It is inferred that
225 this is because the medical system's response to COVID-19 was successful in the HI. Since the
226 HI region had relatively abundant medical resources and well-established systems, it is
227 inferred that treatment and care for COVID-19 patients would have been more appropriate.
228 However, in the distribution of daily deaths per million using violin plots, the upper tail was
229 long in HI and LAC, indicating that there was a point in time when the number of deaths
230 exploded in this region. Additionally, the lower incidence and mortality rates in the SSA region,

231 known to be the most vulnerable in terms of health status, might be due to actual difficulties
232 in movement and lower population density (less urbanized environments). However, it is also
233 highly likely that these rates were underreported [27] [28] due to weak disease surveillance
234 systems and poor data completeness and consistency, resulting in inadequate data
235 management and communication systems [29].

236 ***Global Impact of Vaccination and Testing***

237 The number of vaccinations and tests was the highest for the HI region. This could be because
238 the HI region had economic resources to secure vaccines and testers and has a well-equipped
239 medical system. In contrast, the distribution of vaccination rates increased in all regions. This
240 implies that more than one dose of the vaccine is distributed across countries in all regions.
241 However, even in the HI region, the tail was formed in a long downward direction. At the
242 beginning of the pandemic, the supply of vaccines was absolutely insufficient, and there was
243 a time when it was difficult to secure vaccines even in some HI countries owing to vaccine
244 nationalism [30]. This is not just a problem in the HI region. Initially, concerns were raised
245 about unequal access to vaccines between developed and developing countries during the
246 early stages of the pandemic [31]. Moreover, there were instances where even developed
247 countries faced insufficient vaccine availability, resulting in incomplete vaccination coverage.
248 In some developed countries, vaccines were discarded owing to oversupply [32]. Subsequently,
249 developing countries received vaccine supplies through the COVAX program facilitated by the
250 WHO, UNICEF, and Gavi [33]. Consequently, this has led to an overall increase in global
251 vaccination coverage.

252 Based on descriptive statistics and distribution graphs, SSA remained the laggard in vaccine
253 distribution against COVID-19. The health system in the SSA region faces significant challenges

254 and has historically been characterized by low levels of development and inadequate
255 resources [34]. The incidence and mortality from COVID-19 are among the lowest in the SSA
256 region, but they are likely underestimated and underreported in this region [28]. However,
257 since the number of deaths in this data is the case fatality ratio, there could be other reasons
258 for the low mortality rate in SSA and SA. SSA and SA have significantly younger populations
259 compared to regions like Europe and North America. The median age in SSA is around 18.8
260 years, while it is higher in SA but still lower than in HI countries. Since COVID-19 tends to cause
261 more severe illness and higher mortality in older individuals, the younger demographic in
262 these regions may contribute to lower death rates [35, 36]. In Uganda, for example, less than
263 0.2% of the population is over 80 years old, compared to 4.4% in Canada [36]. Additional
264 research is needed to clarify this.

265 Vaccination per hundred was negatively associated with daily cases, whereas full vaccination
266 was positively associated. However, the direction of the association varies according to the
267 GBD regions. Population-based studies in the United States have reported lower incidence
268 and mortality rates in areas with high vaccination coverage [37, 38], but the effectiveness of
269 vaccines is limited or altered owing to different cultures, medical systems, vaccination rates,
270 and inadequate vaccine systems in developing countries [39]. In a previous study utilizing a
271 fixed-effects model, data up to November 2021, prior to the emergence of the Omicron
272 variant, were analyzed for 111 countries with a subgroup analysis of HI and non-HI countries.
273 The study found that vaccination and full vaccination coverage had a negative association with
274 both incidence and mortality rates [40]. Therefore, the results could vary depending on the
275 population and period covered by the study. In previous studies targeting some countries, it
276 was reported that vaccines have a greater effect on reducing mortality than on reducing the
277 number of confirmed cases [41]. However, in this study, vaccination per hundred people did

278 not show a consistent trend in reducing mortality according to GBD regions. In the case of full
279 vaccination, it was non-significant only in CEECA, but showed a negative association with
280 death in all regions. Speculation on this is beyond the scope of this study, but one possible
281 inference is that CEECA had the highest incidence and mortality rates, followed by HI
282 countries. In contrast, the vaccination and full vaccination coverage are the lowest, except for
283 SSA. The efficacy of vaccines in the prevention and overcoming of COVID-19 has already been
284 verified [4]. Hesitancy to get vaccinated due to side effects, the emergence of variants, the
285 duration of immunity provided by the vaccine, the number of doses required, booster shots,
286 and the proportion of the population that needs to be vaccinated can all impact herd
287 immunity and reduce the effectiveness of policy measures [42]. Therefore, achieving herd
288 immunity through appropriate programs is crucial for community and population
289 effectiveness, and continued evidence-based academic research is necessary to develop
290 effective vaccination program strategies. This suggests that among the regions, except for SSA,
291 CEECA is a possibility that herd immunity is the least equipped in the population.
292 Consequently, it is difficult to assess whether vaccine deployment during the pandemic has
293 reduced the spread of COVID-19 from a global perspective. However, this suggests that full
294 vaccination is effective in reducing deaths worldwide from COVID-19.

295 Antibody persistence decreased over time after vaccination [43]. It is difficult to achieve
296 sufficient effects with only one vaccination; thus, continuous (or fully vaccinated) vaccination
297 is required to maintain antibodies against SARS-CoV2 [44]. Additionally, booster shots are
298 effective in prevention and severity [3], and booster shot programs have been implemented
299 in several countries during the pandemic [45]. In this study, when booster shots were added
300 as a variable, there were many missing values, making it impossible to analyze during the
301 pandemic at the global level. Therefore, additional studies regarding the global effectiveness

302 of booster shots are required.

303 The number of tests performed is positively associated with the number of confirmed cases
304 and deaths. This is because the possibility of finding more confirmed cases increases when
305 more tests are conducted, which is also consistent with previous studies [46]. However, an
306 increase in the number of tests does not necessarily lead to an increase in the number of
307 confirmed cases or mortality. Strengthening testing policies was not associated with mortality
308 [47]. However, in a study, testing coverage (tests per confirmed case) rather than population
309 testing number (tests per million people) has been suggested as a better index, and the former
310 was an effective indicator of adequate testing and correlated with a reduced case fatality rate
311 [48].

312 ***Public Restriction Policy***

313 Are increased government restrictions such as lockdowns related to COVID-19 incidence and
314 mortality? In this study, only HI was negatively associated with the government's response to
315 COVID-19 and incidence and mortality rates. These findings suggest that the government's
316 control policies for COVID-19 could only be effective against HI. Here, the focus is on the
317 characteristics of HI policy responses to COVID-19. According to the violin plots, there were
318 no significant differences in the density distribution of the stringency indices. However,
319 according to the cubic curve, HI was controlled at a high level from the beginning, when
320 relatively confirmed cases were above a certain level. For example, it is not a gradual
321 restriction when the number of confirmed cases first occurs but a high-intensity policy, such
322 as a lockdown, as soon as the number of confirmed cases exceeds a certain level.
323 Consequently, at the time of living with COVID-19 for a long period, these findings suggest
324 that rather than gradually strengthening the restriction policy according to the spread of the

325 epidemic, high-intensity restrictions at some points were more effective in preventing the
326 spread of COVID-19. Spiliopoulos et al. reported that there is an effect of preventing the
327 spread of COVID-19 when the government's restriction is implemented above a certain level
328 of spread, supporting the current claims [11]. Therefore, in the future, when a new infectious
329 disease first emerges and progresses to a pandemic, it will be more effective to respond
330 strongly at a certain point, rather than gradually increasing control policies according to the
331 spread.

332 ***Limitations***

333 This study had some limitations. First, the correlations between variables could change
334 depending on the duration of the study. For example, the results could differ for the early and
335 late stages of the pandemic or before and after the emergence of new virus variants. Delta
336 and omicron variant emerged in October 2020 and November 2021, respectively. These
337 mutants evolved to be higher transmissibility and prone to immune escape, resulting in
338 impacts on effectiveness of COVID-19 vaccine and protection against re-infection [49]. Second,
339 some variables that could have affected the dependent variable were not considered. There
340 were many missing values for booster shots and number of intensive care beds. Additionally,
341 smoking rates [50] and population density [51] could influence the outcomes. **However,**
342 **considering the results of previous studies and the T, B, and P values of this study, it is highly**
343 **likely that the direction of the overall results will be maintained.** Our panel analysis study
344 focused on using 'day' as the unit of analysis, which led to the exclusion of these variables
345 from our model since the variables were constructed on a yearly basis. If smoking rates and
346 population density are the main areas of interest, alternative models should be explored.
347 **Nevertheless, if there is additional research on the missing variables, it could serve as a**

348 valuable evidence for establishing prevention strategies in response to the emergence of
349 future infectious diseases. Finally, while longitudinal studies are more powerful than cross-
350 sectional studies in detecting changes over time, they cannot clearly explain causality due to
351 potential confounding variables and changes in external conditions. Despite these limitations,
352 this study is valuable and significant as it is one of the first to evaluate vaccines and
353 government policy responses during the pandemic in GBD regions worldwide. Future research
354 should address these limitations by incorporating a broader range of variables and considering
355 the temporal dynamics of the pandemic.

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357 **Conclusion**

358 In the HI region, daily cases were four times higher than those in LAC region, but the mortality
359 rates were similar. In the CEECA region, daily cases were approximately half of those in the
360 HI region, but the mortality rate was 1.6 times higher. The number of people vaccinated per
361 hundred did not consistently reduce mortality across all GBD regions. However, full
362 vaccination was associated with decreased mortality in all regions except CEECA. This
363 suggests that the policy of fully vaccinating people effectively reduced deaths from COVID-19
364 worldwide. Considering the results of this study and previous research, it is emphasized that
365 a critical task in preventing and overcoming infectious diseases is to ensure sufficient
366 vaccination coverage to maintain herd immunity. This involves addressing vaccine hesitancy,
367 overcoming the fear of side effects, and minimizing the number of people reluctant to get
368 vaccinated, especially in the face of vaccine variants.

369 Additionally, only the HI region showed a negative association between the government's
370 response to COVID-19 and incidence and mortality rates. This suggests that the government's
371 control policies for COVID-19 were effective only in the HI region. Therefore, if a pandemic
372 crisis arises again in the future, international cooperation to overcome infectious diseases
373 must be further strengthened. We learned a lesson from COVID-19 pandemic that health
374 problem is not a national or regional restricted issue and it can be overcome with
375 multidimensional and global effort. Our study results revealed differences of GBD regions in
376 response and effectiveness against COVID-19 crisis, thus allowing to broaden our sense of
377 global perspective in public health.

378

379 **Conflict of Interests:** None to declare

380 **Ethical Approval:** This study was conducted in accordance with the Declaration of Helsinki.
381 Institutional review board approval was exempted because all materials used in this study are
382 publicly available. Furthermore, the IRB is designed to oversee research involving human
383 subjects. However, our study focuses on national-level indicators rather than individual
384 participants.

385 **Data Availability:** The data are available from Our World in Data. If you need the processed
386 data, please contact the corresponding author to request the data.

387 **Authors' Contributions:** M-B Park conceived and led the study, collected data, and conducted
388 the statistical analyses. JH Lee edited the manuscript, reviewed the literature, and validated
389 the findings. All authors contributed to the writing and revision of the manuscript and
390 approved the final version.

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392 **Figure legends**

393 **Figure 1.** Violin plots of variables daily deaths per million, daily cases per million, people
394 vaccine per hundred, people fully vaccine per hundred, daily tests per thousands, stringency
395 index by the Global burden of disease regions. All variables are logarithmic and distributed
396 based on daily data for each country.

397 **Figure 2.** Government restriction policies according to changes in daily cases per million and
398 daily deaths per million: cubic spline curve by the Global burden of disease regions

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Table 1. Descriptive statistics for each variable after the emergence of COVID-19 by GBD regions (unit: mean and standard deviation).

| | CEECA | HI | LAC | NAME | SA | SEAEAO | SSA |
|-------------------------------------|--------------|--------------|-------------|-------------|-------------|--------------|------------|
| Daily cases per million | 199.8(452.0) | 371.1(754.6) | 98.3(214.7) | 89.7(226.5) | 27.7(121.9) | 122.3(889.4) | 12.5(58.3) |
| Daily deaths per million | 2.4(3.9) | 1.5(2.9) | 1.5(3.3) | 0.7(1.4) | 0.2(0.5) | 0.3(1.5) | 0.2(0.9) |
| People vaccinated per hundred | 40.1(22.2) | 64.6(26.4) | 49.4(29.0) | 45.8(28.5) | 47.2(28.2) | 52.3(32.1) | 13.9(15.3) |
| People fully vaccinated per hundred | 36.7(21.9) | 58.4(28.6) | 40.0(27.6) | 42.5(28.6) | 40.2(28.2) | 46.9(31.4) | 12.6(13.2) |
| Daily tests per thousand | 3.2(8.3) | 6.1(13.1) | 0.7(0.9) | 4.6(8.1) | 0.9(27.2) | 1.3(2.4) | 0.3(0.4) |
| Stringency index | 40.5(23.7) | 42.4(23.5) | 48.5(26.7) | 47.3(25.8) | 53.3(6.9) | 46.8(21.1) | 39.2(22.6) |

GBD: Global burden of disease; CEECA: Central Europe, Eastern Europe, and Central Asia; HI: high income; LAC: Latin America and Caribbean; NAME:

North Africa and Middle East; SA: South Asia; SEAEAO: Southeast Asia, East Asia, and Oceania; SSA: Sub-Saharan Africa.

Table 2. Fixed-effects model for the association between daily cases and vaccines, testing, and government control: subgroup analysis by the GBD regions.

| | Daily cases per million, coefficient & t (P value) | | | | | | | |
|-------------------------------------|----------------------------------------------------|----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| | Global | CEECA | HI | LAC | NAME | SA | SEAEAO | SSA |
| People vaccinated per hundred | -.17, -5.95 ($<.001$) | -.62, 7.02 ($<.001$) | -.28, -7.04 ($<.001$) | .161, 2.94 (0.003) | .13, 1.22 (0.224) | .28, 2.70 (0.007) | .63, 6.00 ($<.001$) | .36, 2.88 (0.023) |
| People fully vaccinated per hundred | .16, 6.71 ($<.001$) | .56, 7.62 ($<.001$) | .26, 7.67 ($<.001$) | -.250, -5.36 ($<.001$) | -.18, -2.54 (0.011) | -.42, -4.87 ($<.001$) | -.26, -2.82 (0.005) | -.14, -.96 (0.335) |
| Daily tests per thousand | 1.47, 79.70 ($<.001$) | .99, 29.02 ($<.001$) | 1.67, 65.68 ($<.001$) | 1.75, 27.17 ($<.001$) | 3.26, 37.09 ($<.001$) | 2.21, 15.93 ($<.001$) | .70, 6.29 ($<.001$) | 4.15, 18.77 ($<.001$) |
| Stringency index | -.31, -13.31 ($<.001$) | .16, 2.81 (0.005) | -.90, -27.51 ($<.001$) | .42, 8.11 ($<.001$) | .99, 12.55 ($<.001$) | 1.62, 15.18 ($<.001$) | 1.03, 10.02 ($<.001$) | 1.04, 5.84 ($<.001$) |
| Constants | 4.27, 43.71 ($<.001$) | 3.82, 16.09 ($<.001$) | 6.05, 44.77 ($<.001$) | 2.15, 9.88 ($<.001$) | -3.98, -9.13 ($<.001$) | -4.48, -9.49 ($<.001$) | -1.86, -4.35 ($<.001$) | -2.85, -4.19 ($<.001$) |
| R ² | .226 | .182 | .343 | .246 | .524 | .648 | .203 | .419 |
| Number of countries | 119 | 21 | 31 | 19 | 14 | 5 | 11 | 18 |
| Observations | 23934 | 4754 | 10642 | 3193 | 1623 | 923 | 1862 | 937 |

GBD: Global burden of disease; CEECA: Central Europe, Eastern Europe, and Central Asia; HI: high income; LAC: Latin America & Caribbean; NAME: North Africa & Middle East; SA: South Asia; SEAEAO: Southeast Asia, East Asia, and Oceania; SSA: Sub-Saharan Africa

Table 3. Fixed-effects model for the association between daily deaths and vaccines, testing, and government control: subgroup analysis by the GBD regions.

| | Daily deaths per million (Coefficient & t value) | | | | | | | |
|-------------------------------------|--------------------------------------------------|---------------------------|----------------------------|-----------------------------|---------------------------|-----------------------------|------------------------------|------------------------------|
| | Global | CEECA | HI | LAC | NAME | SA | SEAEAO | SSA |
| People vaccinated per hundred | 0.68, 5.01 ($<.001$) | -.13, -2.88 (0.004) | -.07, -3.82 ($<.001$) | .40, 13.31 ($<.001$) | .21, 4.71 ($<.001$) | .28, 8.26 ($<.001$) | .59, 13.43 ($<.001$) | .48, 7.13 ($<.001$) |
| People fully vaccinated per hundred | -.17, -14.74 ($<.001$) | .01, .14 (0.892) | -.11, -6.96 ($<.001$) | -.48, -18.46 ($<.001$) | -.07, -2.27 (0.024) | -.29, -10.40 ($<.001$) | -.34, -8.89 ($<.001$) | -.48, -7.54 ($<.001$) |
| Daily tests per thousand | .37, 43.17 ($<.001$) | .43, 23.68 ($<.001$) | .351, 29.69 ($<.001$) | .60, 17.00 ($<.001$) | .55, 14.52 ($<.001$) | .20, 4.43 ($<.001$) | -.04, -.76 (0.446) | .83, 8.72 ($<.001$) |
| Stringency index | .15, 14.04 ($<.001$) | .38, 12.96 ($<.001$) | -.09, -6.10 ($<.001$) | .35, 12.33 ($<.001$) | .83, 24.67 ($<.001$) | .39, 10.95 ($<.001$) | 1.07, 24.96 ($<.001$) | 1.07, 14.03 ($<.001$) |
| Constants | .20, 4.4 ($<.001$) | -.14, -1.10 (0.273) | 1.28, 20.45 ($<.001$) | -.42, -3.47 ($<.001$) | .83, 24.67 ($<.001$) | -1.43, -9.12 ($<.001$) | -4.58, -25.54 ($<.001$) | -3.98, -13.67 ($<.001$) |
| R ² | .172 | .258 | .154 | .322 | .396 | .478 | .402 | .420 |
| Number of countries | 119 | 21 | 31 | 19 | 14 | 5 | 11 | 18 |
| Observations | 23929 | 4754 | 10638 | 3193 | 1623 | 922 | 1862 | 937 |

GBD: Global burden of disease; CEECA: Central Europe, Eastern Europe, and Central Asia; HI: high income; LAC: Latin America & Caribbean; NAME: North Africa & Middle East; SA: South Asia; SEAEAO: Southeast Asia, East Asia, and Oceania; SSA: Sub-Saharan Africa

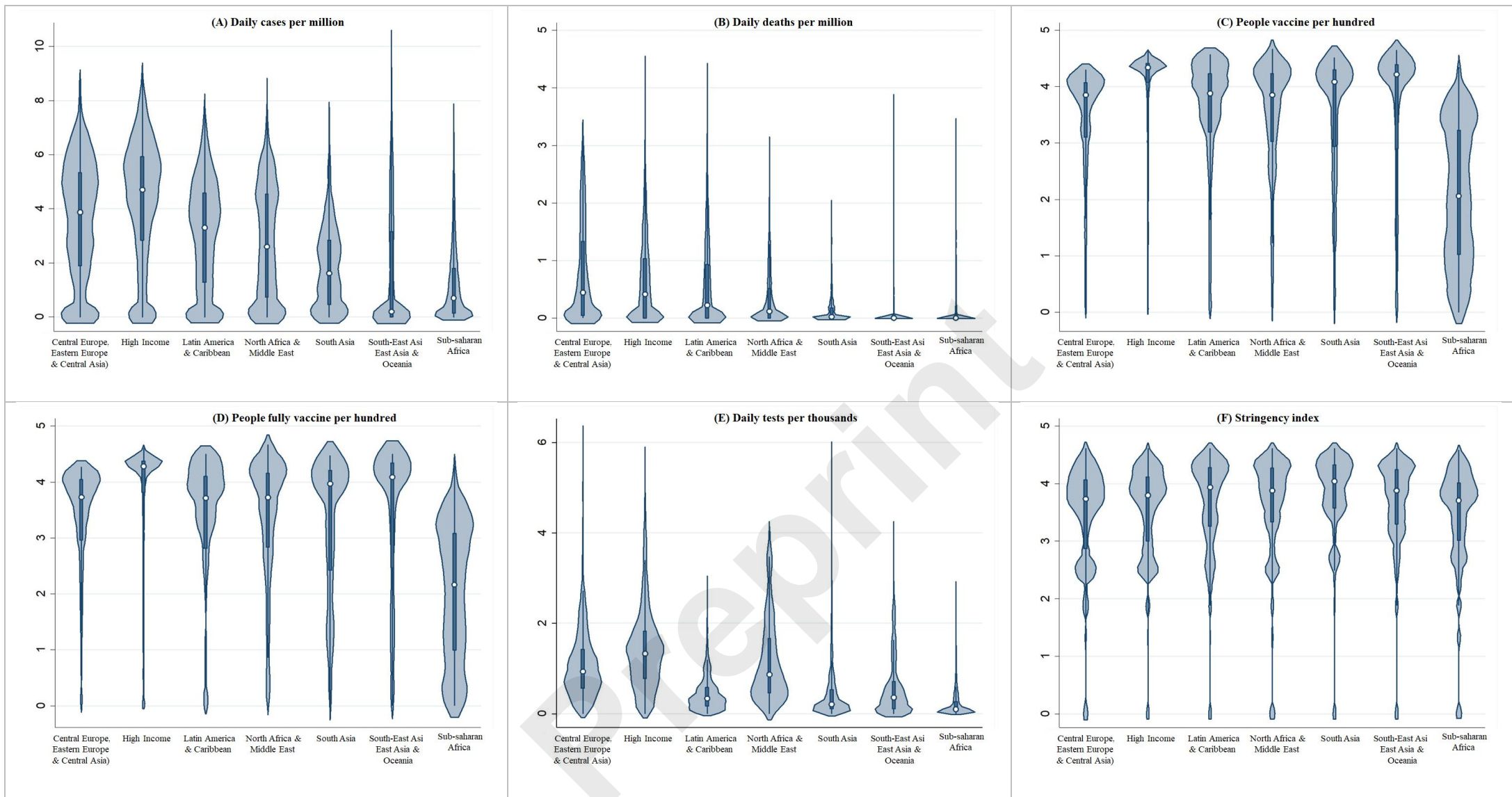


Figure 1. Violin plots of variables daily deaths per million, daily cases per million, people vaccine per hundred, people fully vaccine per hundred, daily tests per thousands, stringency index by the Global burden of disease regions. All variables are logarithmic and distributed based on daily data for each country.

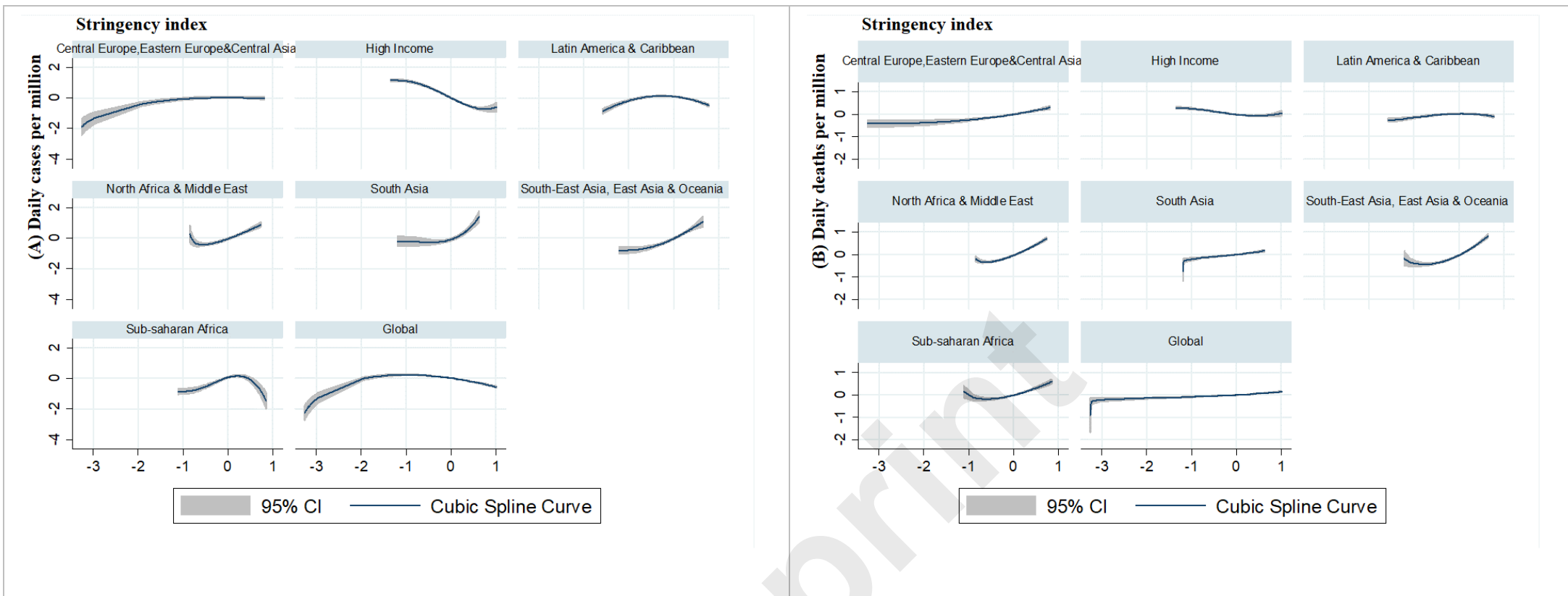


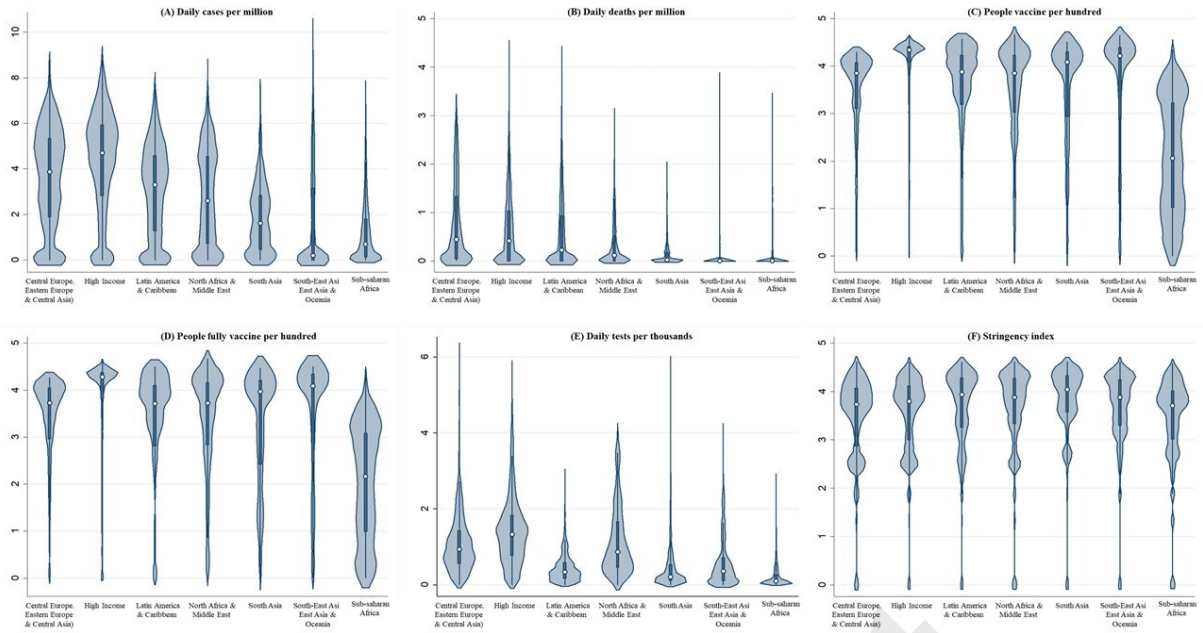
Figure 2. Government restriction policies according to changes in daily cases per million and daily deaths per million: cubic spline curve by the Global burden of disease regions.

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Violin plots of variables daily deaths per million, daily cases per million, people vaccine per hundred, people fully vaccine per hundred, daily tests per thousands, stringency index by the Global burden of disease regions. All variables are logarithmic and distributed based on daily data for each country.

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