

# The C2HEST score on admission to hospital may successfully predict the clinical outcomes of COVID-19 in all-comers population

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## Keywords

risk stratification, scale, SARS-CoV2, mortality

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## Abstract

### Introduction

Since the beginning of SARS-CoV-2-pandemic, intensive efforts have been made to identify predictors of COVID-19 outcomes. Individual components of the C2HEST-scale, used to predict the risk of atrial fibrillation, reflect comorbidities presences. Therefore, we hypothesized that the score could predict unfavorable clinical COVID-19-outcomes.

### Material and methods

2184-medical-records of subjects hospitalized at the medical-university-center due to COVID-19 from February 2020 to June 2021 were retrospectively analyzed . The subjects were categorized into low/medium/high-risk categories according to the C2HEST scale. Measured outcomes included: in-hospital-, 3-month- and 6-month-all-cause-mortality, the non-fatal hospitalization endpoints and other adverse in-hospital events.

### Results

A total of 598 deaths (27.4%), including 326 in-hospital (15%) were reported. All three types of mortality were highest in the high-risk C2HEST-stratum (35.4%, 54.4, and 56.9%), ,and lowest in the low-risk-stratum: (8.4%, 15%, and 37.5%), respectively. The receiver-operating characteristics revealed that C2HEST allows one to predict 1-month mortality with  $AUC_{30}=70.7$  and maintained at a similar level after 3- and 6-month-observation( $AUC_{90}=72.0$  and  $AUC_{180}=67$ ). The p-value for the Log-rank test comparing survival curves was  $<0.0001$ . An increase of one C2HEST-point raised the overall death rate 1.4-fold. A change from the low- to medium category increased the death rate 3.4 times, while between the low- and high-risk-stratum the hazard-ratio was 5.0. The C2HEST-score also revealed predictive value for pneumonia, sepsis, cardiogenic-shock, myocardi-injury, acute heart failure, kidney/liver-injury, stroke, gastrointestinal-bleedings.

### Conclusions

The C2HEST-score is usefull in predicting adverse COVID-19-outcomes in hospitalized subjects. The simplicity of this scale, based on the presence of comorbidities, may address medical needs in risk stratification of COVID-19- patients.

**The C2HEST score on admission to hospital may successfully predict clinical outcomes of COVID-19 in the all-comers population.**

The C2HEST score in COVID-19 patients

Preprint

## **Abstract**

**Introduction:** During the SARS-CoV-2 pandemic, intensive efforts have been made to identify COVID-19-outcome predictors. The C2HEST score, used to predict the atrial fibrillation risk, reflect comorbidities presences. This study aims to demonstrate the usefulness of this score in predicting COVID-19-outcomes in hospitalized individuals.

**Material and Methods:** 2184 medical records of subjects hospitalized due to COVID-19 from February 2020 to June 2021 were analyzed. Subjects were categorized into low/medium/high-risk categories according to the C2HEST score. Outcomes included: in-hospital-, 3- and 6-month-all-cause-mortality, non-fatal hospitalization endpoints, and other in-hospital events.

**Results:** 598 deaths (27.4%), including 326 in-hospital (15%), were reported. All types of mortality were highest in the high-risk stratum (35.4%, 54.4%, 56.9%), and lowest in the low-risk stratum (8.4%, 15%, 37.5%), respectively. The ROC revealed that C2HEST allows one to predict 1-month mortality (AUC30 70.7) and maintained at a similar level after 3- and 6-month observation (AUC90 72.0 and AUC180 67). The p-value for the Log-rank test comparing survival curves was <0.0001. An increase of one-C2HEST-point raised the overall death rate 1.4-fold. A change from the low- to medium-risk increased the death rate 3.4 times, while between the low- and high-risk-stratum the hazard-ratio was 5.0. The C2HEST score also revealed predictive value for pneumonia, sepsis, cardiogenic shock, myocardial injury, acute heart failure, kidney/liver injury, stroke, and gastrointestinal bleeding

**Conclusions:** The C2HEST score can predict COVID-19-outcomes in hospitalized subjects. This score simplicity, based on comorbidities, may address medical needs in the risk stratification of COVID-19-patients.

**Keywords:** SARS-CoV2; mortality; score; risk stratification

## Introduction

Since the beginning of the SARS-CoV-2 pandemic, intensive efforts have been made to identify predictors of the COVID-19 clinical course predictors [1,2]. Numerous triage tools, including risk scores, could support decision-making by combining clinical assessment data to predict the risk of adverse outcomes. Early identification of COVID-19 patients at high risk of developing critical illness is of paramount importance, as it can inform appropriate management and optimize resource allocation. The initially published studies were designed to assist in making appropriate medical decisions, nevertheless, the first prognostic models were characterized by a relatively high risk of bias. Additionally, these models relied on an extensive set of clinical data, including laboratory parameters, physical examination findings, and imaging diagnostics. Consequently, their implementation in the dynamic settings of COVID-19(+) wards was rendered impractical due to their unwieldy complexity. As far as the literature is concerned, the risk factors for severe COVID-19 or mortality have been demonstrated to include age, smoking, presence of comorbidities, such as heart failure, **right ventricular dysfunction, pulmonary hypertension**, COPD (chronic obstructive pulmonary disease), or diabetes [3,4]. Despite the identification of numerous risk factors for disease progression, the clinical course of infection in individual patients remains uncertain. COVID-19 commonly manifests with inflammatory changes in the lungs, but a broad spectrum of organ complications, including cardiovascular events, appears to be caused by a "cytokine storm" [5,6]. Elevated rates of thromboembolic events, MI (myocardial injury) and ACS (acute coronary syndromes), acute HF (heart failure), AKI

(acute kidney injury), and ALD (acute liver dysfunction), and blood pressure fluctuations further complicate the in-hospital course of COVID-19 [7,8].

Several years ago, a simple clinical score, the C2HEST (C2: CAD (coronary artery disease) /COPD; H: Hypertension; E: Elderly [Age  $\geq$ 75]; S: Systolic HF; T: Thyroid disease) was introduced to predict incident AF (atrial fibrillation) with reasonably good discrimination and internal calibration. The C2HEST score algorithm found an utility in cardiovascular medicine for risk stratification and, to some extent, outcome prediction. Associations between components of the C2HEST score and adverse outcomes have previously been established, particularly in subjects with HFpEF (heart failure with preserved ejection fraction) [9]. Nevertheless, the role of this score in predicting COVID-19 outcomes, encompassing both fatal and non-fatal events, has remained unexplored. Given that individual components of the C2HEST score reflect comorbidities, we assumed that C2HEST might hold promising predictive value for adverse clinical outcomes in COVID-19. Liang et al. were the first to demonstrate that the number of comorbidities predicted critical illness in hospitalized patients [10], which prompted us to investigate the predictive potential of the C2HEST score within the COVID-19 cohort.

Consequently, this study conducted a post-hoc analysis of the hospitalized COVID-19 patients as part of the COronavirus in LOwer Silesia (COLOS study) to assess the prognostic efficacy of the C2HEST score in predicting the outcomes, including mortality and non-fatal clinical events during hospitalization.

## **Material and Methods**

## **Study design and participants**

We analyzed the medical records of individuals admitted to a medical university center for COVID-19 between February 2020 and June 2021. The study protocol for the COLOS study received approval from the Institutional Review Board and Ethics Committee at Wroclaw Medical University, Wroclaw, Poland (No: KB-444/2021). As the data collection was retrospective, written informed consent was not required.

All patients were admitted with COVID-19 symptoms and a positive SARS-CoV-2 test result, following the testing protocol outlined by the WHO (World Health Organization). Nasopharyngeal swab specimens were obtained from all patients, and the presence of SARS-CoV-2 RNA was determined by strictly adhering to the manufacturer's instructions.

The analyzed data included demographic and clinical characteristics, respiratory support, smoking status, comorbidities, home medication, laboratory results, and the course of hospitalization. Adverse clinical events such as shock, PE (pulmonary embolism), DVT (deep vein thrombosis), MI, myocardial injury, acute HF, stroke/TIA, pneumonia, complete RF (respiratory failure), SIRS, sepsis, AKI, ALD, MODS, and bleeding were also recorded.

## **Follow-up and Outcomes**

Commencing on the day of hospital admission and concluding on the day of discharge or demise, the follow-up period encompassed the entire duration of hospitalization. After the initial analysis, additional information regarding patient deaths was obtained on the 90<sup>th</sup> and 180<sup>th</sup> days following the day of admission. Patient characteristics were derived from individual clinical records.

The evaluated outcomes included: the in-hospital mortality, 3-month and 6-month all-cause mortality, and cessation of hospitalization not resulting from death (such as discharge to home, emergency transfer to another center due to deterioration, or transfer for rehabilitation). As secondary outcomes, the requirement for mechanical ventilation support, MI, shock, acute HF, PE, stroke, AKI, ALD, pneumonia, sepsis, SIRS, MODS, and incidences of bleeding were analyzed.

### **C2HEST score stratification**

A cohort of 2184 subjects was included, and baseline patient characteristics has been extracted from the dataset to compute the C2HEST score, consisting of six individual components: CAD (1 point), COPD (1 point), hypertension (1 point), elderly status (age  $\geq 75$  years, 2 points), systolic HF (2 points), and thyroid disease (1 point). It is essential to highlight that the criterion for CAD was satisfied by a positive history of MI or coronary revascularization (scored as 1 point). Furthermore, in subsequent sensitivity analyses, the term "thyroid disease" was more precisely defined as "hyperthyroidism" and "hypothyroidism." Subsequently, subjects were stratified into one of three primary risk categories: low risk (0-1 points), medium risk (2-3 points), and high risk ( $\geq 4$  points).

### **Statistical analysis**

Descriptive data are presented as numbers with percentages for categorical variables, while numerical variables are expressed as means with standard deviation, range (minimum to maximum), and the count of non-missing values. An Omnibus test was employed for categorical variables with more than 5 expected cases in each group, and the Fisher exact test was utilized for cases with fewer cell counts. Welch's ANOVA was conducted for continuous variables due to unequal variances between

risk strata, with the sample size considered large enough for the appropriateness of asymptotic results.

Post-hoc analysis for continuous variables utilized the Games-Howell test with Tukey correction, and for categorical variables, the post-hoc test mirrored the omnibus test, nevertheless was performed in subgroups including the Bonferroni correction.

In-hospital mortality and all-cause mortality were treated as right-censored data, leading to a time-dependent ROC analysis with IPCW (Inverse Probability of Censoring Weighting) estimation for these variables. The C2HEST score was evaluated through the time-dependent AUC (area under the curve), and survival curve differences between risk strata were confirmed using the log-rank test. The proportional hazard assumption was assessed with the Grambsch-Therneau test. A Cox proportional hazard model was employed to analyze the HR (hazard ratio) for the C2HEST score, its components, and risk strata.

For secondary outcomes, a logistic regression model was employed due to their dichotomic nature. Classical ROC analysis was performed, and the AUC measure was used to evaluate predictive capabilities. The OR (odds ratio) served as the effect size for the influence of the C2HEST score, its components, and risk strata.

All statistical analyses were executed using R version 4.0.4 with packages time-ROC, pROC [11], survival [12], coin [13], and odds ratio [14]. A significance level of 0.05 was chosen for all statistical analyses.

## **Results**

### **Baseline characteristics of the studied population and comorbidities**



Subjects within the low-risk C2HEST stratum exhibited the youngest age, the lowest prevalence of cigarette smoking, and a lower burden of comorbidities. Noteworthy, the prevalence of asthma did not exhibit significant differences between groups (Table 1 and Additional file 1).

**Table 1.** Baseline characteristics of the C2HEST risk-stratified study cohort

| variables, units<br>(N)                                    | Low risk [0-1]  | Medium risk [2-3]                                       | High risk [>4]  | Omni-<br>bus<br>p-value | p-value<br>(for post-hoc<br>analysis)                              |
|--|---|---|---|-------------------------|--|
|  | Mean ± SD<br>min-max (N) or n/N<br>(% of risk category) | Mean ± SD<br>min-max (N) or n/N<br>(% of risk category) | Mean ± SD<br>min-max (N) or n/N<br>(% of risk category) |                         |  |
| <b>Demographics</b>  |   |   |   |                         |  |
| <b>age, years<br/>(2184)</b>                               | 51.1±15.9<br>17-74 (1418)                               | 75.6±11.7<br>29-100 (492)                               | 78.6±9.4<br>38-100 (274)                                | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.0003 <sup>c</sup>                     |
| <b>≥ 65 years<br/>(2184)</b>                               | 376/1418 (26.5%)  | 419/492 (85.2%)   | 252/274 (92%)   | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.0259 <sup>c</sup>                     |
| <b>male sex<br/>(2184)</b>                                 | 735/1418 (51.8%)  | 208/492 (42.3%)   | 139/274 (50.7%)   | 0.0012                  | 0.00095 <sup>a</sup> ,<br>1.0 <sup>b</sup> ,<br>0.088 <sup>c</sup> |
| <b>BMI, kg/m<sup>2</sup><br/>(554)</b>                     | 28.3±5.1<br>15.4-49.4 (397)                             | 29.3±5.6<br>18.6-47.8 (90)                              | 27.8±5.8<br>16.4-48.2 (67)                              | 0.210                   | N/A  |
| <b>BMI &lt;18.5<br/>kg/m<sup>2</sup><br/>(554)</b>         | 3/397 (0.8%)  | 0/90 (0.0%)   | 2/67 (3.0%)   | 0.1882                  | N/A  |
| <b>BMI ≥30 kg/m<sup>2</sup><br/>(554)</b>                  | 132/397 (33.2%)   | 38/90 (42.2%)   | 21/67 (31.3%)   | 0.1882                  | N/A  |
| <b>smoking<br/>never/previ-<br/>ous/current<br/>(2180)</b> | (1338/1418 (94.4%)<br>46/1418 (3.2%)<br>34/1418 (2.4%)  | 431/489 (88.1%)<br>35/489 (7.2%)<br>23/489 (4.7%)       | 218/273 (79.9%)<br>36/273 (13.2%)<br>19/273 (7.0%)      | <0.0001                 | <0.0001 <sup>a, b</sup> ,<br>0.0216 <sup>c</sup>                   |
| <b>Co-morbidities</b>                                      |   |   |   |                         |  |
| <b>hypertension<br/>(2184)</b>                             | 416/1418 (29.3%)  | 357/492 (72.6%)   | 249/274 (90.9%)   | <0.0001                 | <0.0001 <sup>a, b, c</sup>   |
| <b>DM<br/>(2182)</b>                                       | 209/1418 (14.7%)  | 146/419 (29.7%)   | 118/273 (43.2%)   | <0.0001                 | <0.0001 <sup>a, b, c</sup>   |
| <b>dyslipidemia<br/>(826)</b>                              | 289/418 (69.1%)   | 174/233 (74.7%)   | 148/175 (84.6%)   | <0.0005                 | 0.48 <sup>a</sup> ,<br>0.0005 <sup>b</sup> ,<br>0.064 <sup>c</sup> |
| <b>AFib/AFL<br/>(2184)</b>                                 | 49/1418 (3.5%)  | 106/492 (21.5%)   | 135/274 (49.3%)   | <0.0001                 | <0.0001 <sup>a, b, c</sup>   |

|  |                 |                |                 |         |  |
|--|-----------------|----------------|-----------------|---------|--|
| <b>past coronary revascularization (2184)</b>      | 6/1418 (0.42%)  | 37/492 (7.5%)  | 111/274 (40.5%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>past MI (2184)</b>                              | 11/1418 (0.8%)  | 63/492 (12.8%) | 117/274 (42.7%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>HF (2184)</b>                                   | 0/1418 (0%)     | 53/492 (10.8%) | 202/274 (73.7%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>moderate or severe VHD/valve surgery (2184)</b> | 13/1418 (0.9%)  | 32/492 (6.5%)  | 51/274 (18.6%)  | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>PAD (2184)</b>                                  | 26/1418 (1.8%)  | 31/492 (6.3%)  | 43/274 (15.7%)  | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>past stroke /TIA (2184)</b>                     | 47/1418 (3.3%)  | 59/492 (12.0%) | 58/274 (21.2%)  | <0.0001 | <0.0001 <sup>a, b,</sup><br>0.00312 <sup>c</sup>                     |
| <b>CKD (2184)</b>                                  | 70 /1418 (4.9%) | 70/492 (14.2%) | 91/274 (33.2%)  | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>hemodialysis (2184)</b>                         | 19/1418 (1.3%)  | 20/492 (4.1%)  | 19/274 (7.0%)   | <0.0001 | <0.0001 <sup>a, b,</sup><br>0.356 <sup>c</sup>                       |
| <b>asthma (2184)</b>                               | 54/1418 (3.8%)  | 20/492 (4.1%)  | 11/274 (4.0%)   | 0.962   | N/A  |
| <b>COPD (2184)</b>                                 | 6/1418 (0.4%)   | 25/492 (5.1%)  | 44/274 (16.1%)  | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>hypothyroidism (2184)</b>                       | 76/1418 (5.4%)  | 68/492 (13.8%) | 64/274 (23.4%)  | <0.0001 | <0.0001 <sup>a, b,</sup><br>0.0035 <sup>c</sup>                      |
| <b>Hyperthyroidism (2184)</b>                      | 4/1418 (0.3%)   | 10/492 (2.0%)  | 7/274 (2.6%)    | <0.0001 | 0.0013 <sup>a,</sup><br>0.0015 <sup>b,</sup><br><0.0001 <sup>c</sup> |

Continuous variables are presented as mean  $\pm$  SD, range (minimum-maximum), and number of non-missing values. Categorized variables are presented as a percentage. Information about the numbers with valid values can be found in the left column. Abbreviations: N–valid measurements, n–number of patients, SD–standard deviation, BMI–body mass index, DM–diabetes mellitus, AF/AFL–atrial fibrillation/flutter, MI–myocardial infarction, HF–heart failure, PAD–peripheral artery disease, TIA–transient ischemic attack, CKD–chronic kidney disease, COPD–chronic obstructive pulmonary disease, VHD–valvular heart disease, N/A–not-applicable, a–low- vs. *medium*-risk, b–low- vs. *high*-risk, c–*medium*- vs. *high*-risk

Upon admission, individuals in the low-risk stratum presented higher prevalence of cough and smell dysfunction. In contrast, those in the high-risk C2HEST stratum reported more frequent dyspnea. Furthermore, the high-risk stratum was further characterized by the highest pulse pressure and the lowest SpO<sub>2</sub> (blood oxygen saturation) on room air without respiratory support. Physical examination findings in the high-risk group included more frequent pulmonary obturation as well as congestion and higher VES-13 score values (Additional file 2).

### **Characteristics of In-hospital Laboratory Tests and Treatment Applied:**

#### **Laboratory Assays:**

Consistently, the high-risk C2HEST group exhibited the lowest hemoglobin and platelet counts throughout the whole observation period. Upon discharge, individuals in the high-risk stratum more commonly revealed lymphopenia and elevated neutrophil and leucocyte counts. Noteworthy, in the low-risk C2HEST stratum, the CRP level decreased, whereas it increased in the high-risk group. Interestingly, no significant differences between the groups in IL-6 and ESR levels, both at baseline and discharge, were noted. Individuals in the higher-risk strata had higher d-dimer concentrations, lower prothrombin rate, and higher INR both on admission and discharge. Furthermore, baseline ferritin levels were lowest in the high-risk group on admission but increased at discharge, showing a rising trend unique to this stratum. Parameters of kidney function, including urea, creatinine, and eGFR, remained significantly worse in the high-risk C2HEST stratum throughout the hospitalization period, and total protein and albumin levels remained the lowest in this group. Troponin T and NT-proBNP levels were higher in the high-risk stratum throughout the observation period, and acute

myocardial injury was more common in this group. On admission, the high-risk group exhibited the lowest vitamin D levels, as well as the highest TSH and lowest fT3 concentrations (Additional file 3).

#### **Specific treatment applied during the hospitalization period**

No significant differences were observed in the use of systemic corticosteroids, remdesivir, tocilizumab, or convalescent plasma between the different C2HEST risk strata. The notable distinction lay in the higher frequency of specific antimicrobial treatments administered to subjects in the high-risk C2HEST stratum (Additional file 4).

#### **Supportive treatment applied during hospitalization**

The need for oxygen supplementation, including high-flow nasal cannula and invasive ventilation, increased with the C2HEST score. Conversely, oxygenation parameters during the qualification for advanced respiratory support decreased. Moreover, the requirement for urgent coronary angiography and revascularization increased with the C2HEST score. The utilization of catecholamines was notably more common in the high-risk group. Interestingly, no significant differences were noted regarding the need for *de novo* hemodialysis (Additional file 5).

#### **Outcomes**

##### **C2HEST score results and mortality**

Out of the studied cohort of 2184 subjects, a total of 598 deaths (27.4%), including 326 in-hospital deaths (15%), were reported during the entire observation period. In-hospital mortality at the 3rd and

6th month following hospital admission was highest in the high-risk stratum and lowest in the low-risk stratum (Table 2).

**Table 2.** Total and in-hospital all-cause mortality in the C2HEST risk strata.

| Variables, units<br>(N)         | Low risk [0-1]   | Medium risk [2-3]  | High risk [>4]   | Omnibus<br><i>p</i> -value | <i>p</i> -value<br>(for post-hoc<br>analysis)    |
|---------------------------------|--|--|--|----------------------------|--|
|                                 | Mean ± SD<br>min-max<br>(N) or n/N<br>(% of risk category) | Mean ± SD<br>min-max<br>(N) or n/N<br>(% of risk category) | Mean ± SD<br>min-max<br>(N) or n/N<br>(% of risk category) |                            |  |
| <b>All-cause mortality rate</b> |  |  |  |                            |  |
| <b>In-hospital<br/>(2184)</b>   | 119/1418 (8.4%)  | 110/492 (22.4%)  | 97/274 (35.4%)   | <0.0001                    | <0.0001 <sup>a, b</sup> ,<br>0.0004 <sup>c</sup> |
| <b>3-month<br/>(2088)</b>       | 201/1343 (15%)   | 198/475 (41.7%)  | 147/270 (53.6%)  | <0.0001                    | <0.0001 <sup>a, b</sup> ,<br>0.0031 <sup>c</sup> |
| <b>6-month<br/>(1117)</b>       | 214/571 (37.5%)  | 208/331 (62.8%)  | 156/215 (56.9%)  | <0.0001                    | <0.0001 <sup>a, b</sup> ,<br>0.0713 <sup>c</sup> |

Categorized variables are presented as a percentage. Abbreviations: N=valid measurements, n=number of patients, SD=standard deviation, ANOVA=analysis of variance, N/A=non-applicable, a=low- vs. medium-risk, b=low- vs. high-risk, c=medium- vs. high-risk

### Discriminatory performance of the C2HEST score on total and in-hospital all-cause mortality

Time-dependent receiver operating characteristic (time-ROC) analysis demonstrated that the C2HEST score enabled the prediction of 1-month mortality with an AUC<sub>30</sub> value of 70.7, maintaining a similar level for 3- and 6-month observations (AUC<sub>90</sub>=72.0 and AUC<sub>180</sub>=67, respectively) (Figure 1A). The time-dependent AUC for predicting in-hospital deaths remained consistently above 60 throughout the whole hospitalization period, albeit relatively lower than those calculated for total mortality (Figure 1B). All the data was calculated for all-cause death without competing risk.

[insert fig.1]

**Figure 1.** Time-dependent receiver operating characteristic (time-ROC) curves for the C2HEST score in predicting total (A) and in-hospital mortality.

Similarly, the time-ROC analysis was performed to assess the predictive value of the C2HEST score for in-hospital (Figure 2A) and all-cause (Figure 2B) mortality at a particular time from admission to the hospital.

[insert fig.2]

**Figure 2.** Time-dependent ROC analysis for the C2HEST predictive abilities of all-cause death (A) and death during hospitalization (B) (AUC with CI).

### **Survival probability for hospitalized COVID-19+ subjects**

Kaplan-Meier survival curves, based on the original stratification (low/medium/high for 0-1/2-3/ $\geq$  4 points, respectively), revealed a significant difference (*p-value* <0.0001) in survival probability among risk strata (Figure 3A). The estimated six-month survival probability for high-risk subjects was 0.4, while for low-risk subjects it remained above 0.8 throughout the entire observation period. Noteworthy, a similar analysis for in-hospital survival yielded comparable results (Figure 3B).

[insert fig.3]

**Figure 3.** Analysis of the survival curves (A) and in-hospital survival (B) for the low, medium, and high C2HEST risk strata (Kaplan-Meier curve, log-rank *p-value* <0.0001)

### **Risk-strata matching analysis**

To ascertain the optimal risk stratification for differences in Kaplan-Meier survival curves, a comprehensive analysis of all possible C2HEST intervals was performed. The log-rank test statistics

revealed that the highest value was achieved for the primary risk categories: 0-1 (low), 2-3 (medium), and  $\geq 4$  (high) points. This analysis was reiterated for in-hospital mortality, yielding consistent results (Additional files 6 and 7).

### Effect of C2HEST risk stratification on COVID-19 survival

Two Cox models have been analyzed to evaluate the effect of C2HEST score stratification on COVID-19 mortality. The overall model, considering the uncategorized C2HEST score, demonstrated that an increase of one point in the C2HEST score raised the total death intensity by approximately 40% (HR 1.399, 95% CI 1.346-1.453,  $p < 0.0001$ ). Transitioning from the *low* to the *medium* category increased death intensity 3.4-fold, and from *low*- to *high*-risk group, the hazard ratio was 5.1. A similar analysis for in-hospital deaths showed an increase in one point in the C2HEST score raising the in-hospital death intensity by 1.27-fold. Transitioning from *low* to *medium* category increased in-hospital death intensity by 2.3-fold, and from *low*- to *high*-risk group resulted in a HR of 2.96 (Table 3). Associations of individual C2HEST score components with mortality are detailed in Additional file 8. The Cox proportional hazard model for all-cause death and logistic regression models for other outcomes revealed that CAD and age exhibited the highest prognostic value for in-hospital mortality (Additional file 9).

**Table 3.** The total all-cause and in-hospital death for C2HEST risk stratification.

|                                      | Total deaths |             |                 | In-hospital deaths |             |                 |
|--------------------------------------|--------------|-------------|-----------------|--------------------|-------------|-----------------|
|                                      | HR           | 95%CI       | <i>p</i> -value | HR                 | 95%CI       | <i>p</i> -value |
| Overall                              | 1.40         | 1.346-1.453 | <0.0001         | 1.272              | 1.205-1.343 | <0.0001         |
| <b>Risk strata</b>                   |              |             |                 |                    |             |                 |
| <i>Medium</i> - vs. <i>low</i> -risk | 3.43         | 2.808-4.091 | <0.0001         | 2.315              | -           | -               |
| <i>High</i> - vs. <i>low</i> -risk   | 5.10         | 4.086-6.136 | <0.0001         | 2.960              | -           | -               |

Abbreviations: HR–hazard ratio

### **Associations of C2HEST score with other non-fatal outcomes**

Detailed results of the associations of the C2HEST score with other non-fatal outcomes are presented in Additional file 4, 5, 10, and 11. The *high-risk*-C2HEST-stratum was associated with a higher prevalence of shock (an increase in one point raised the risk by 14% ( $OR_{low\ vs\ high}=1.64$ , 95% CI 1.07-2.46,  $p=0.0182$ ). The strongest association was also observed for the cardiogenic shock ( $OR_{overall}=1.63$ , 95% CI 1.38-1.92,  $p<0.000$  and  $OR_{low\ vs\ high}=10.85$ , 95% CI 4.47-28.88,  $p<0.001$ ). Myocardial injury, acute HF, the need for coronagraphy and revascularization increased with the C2HEST score (for MI: the  $OR_{overall}=1.41$ , CI 1.17-1.70,  $p=0.0002$  while  $OR_{low\ vs\ high}=5.301$ , CI 1.93-14.52,  $p=0.0009$ ). An increase in one point in the C2HEST score raised the risk for myocardial injury by 36.7% ( $OR_{low\ vs\ high}=4.18$ , 95% CI 2.95-5.94,  $p<0.0001$ ), and for the onset of acute HF 2.03-fold (the  $OR_{low\ vs\ high}=35.56$ , 95% CI 15.50-82.27,  $p<0.0001$ ). A similar tendency was observed for the occurrence of in-hospital stroke/TIA ( $OR_{overall}=1.24$ , 95% CI 1.07-1.44,  $p<0.001$  and  $OR_{low\ vs\ high}=2.04$ , 95% CI=0.78-4.73,  $p<0.0001$ ). The *high-risk* subjects had a 2-fold greater risk of development of complete RI when compared to the *low-risk* ones (the  $OR_{overall}=1.19$ , 95% CI 1.05-1.36,  $p=0.0083$ ). Pneumonia was also more frequent in the *high-risk* stratum and an increase in one point in the C2HEST score resulted in a higher risk for pneumonia ( $OR_{overall}=1.28$ , 95% CI 1.21-1.36,  $p<0.001$  and  $OR_{low\ vs\ high}=2.28$ , 95% CI=1.74-3.01,  $p<0.0001$ ). An increase in one point in the C2HEST increased the risk for sepsis by 36% (the  $OR_{low\ vs\ high}=3.37$ , 95% CI 1.31-10.23,  $p=0.01$ ). The development of AKI and ALD was more common in higher C2HEST risk strata (for AKI: the  $OR_{overall}=1.31$ ,



95% CI 1.23-1.41,  $p < 0.0001$ , the  $OR_{low\ vs\ high} = 1.86$ , 95% CI 2.74-4.56,  $p < 0.0001$ ; for ALD: the  $OR_{overall} = 1.26$ , 95% CI 1.11-1.42,  $p = 0.0003$ , the  $OR_{low\ vs\ high} = 2.40$ , 95% CI 1.21-4.50,  $p = 0.0084$ ). Also, a higher C2HEST score was associated with a more common incidence of total and gastrointestinal bleeding and a longer duration of hospitalization. The increase in one point in C2HEST score raised the risk of upper gastrointestinal bleeding by 31% (the  $OR_{low\ vs\ high} = 3.80$ , 95% CI 1.62-8.58,  $p = 0.0015$ ) (Additional file 11). The summarized discriminatory performance of the C2HEST score on the clinical events is presented in Additional file 12.

### **Sensitivity analysis**

Results of the sensitivity analysis are summarized in Additional files 13 and 14. Modification of the C2HEST score definition, such as replacing "thyroid disease" with "lack of hypothyroidism" and adjusting the age cutoff to ">65 years" led to a significant increase in predictive value for various endpoints, including all-cause mortality ( $HR_{overall} = 1.44$ , 95% CI 1.38-1.49,  $p < 0.0001$  and  $HR_{low\ vs\ high} = 6.65$ , 95% CI 5.16-8.58,  $p < 0.0001$ ). A one-point increase in the modified C2HEST score raised the risk for in-hospital death by 1.54-fold, whereas subjects from the modified *high*-risk stratum are at an 8.1-higher risk of in-hospital death. The modified C2HEST score demonstrated improved prognostic value for acute HF ( $OR_{overall} = 1.99$ , 95% CI 1.75-2.28,  $p < 0.0001$  and  $OR_{low\ vs\ high} = 36.73$ , 95% CI 11.3-224.52,  $p < 0.0001$ ), MI ( $OR_{overall} = 1.49$ , 95% CI 1.23-1.82,  $p < 0.0001$  and  $OR_{low\ vs\ high} = 10.83$ , 95% CI 3.223-65.45,  $p < 0.0001$ ), pneumonia ( $OR_{overall} = 1.29$ , 95% CI 1.23-1.36,  $p < 0.0001$  and  $OR_{low\ vs\ high} = 3.04$ , 95% CI 2.48-3.74,  $p < 0.0001$ ), AKI ( $OR_{overall} = 1.35$ , 95% CI 1.26-1.45,  $p < 0.0001$  and  $OR_{low\ vs\ high} = 4.51$ , 95% CI 3.11-6.68,  $p < 0.0001$ ). The ROC curves for the modified C2HEST score

(C2HEST-COLOS) are presented in Additional file 15. The area under the receiver operating curves determined for individual predictors amounted to 0.622 - 0.865 (for pneumonia and acute heart failure, respectively).

## **Discussion**

This is the first study to demonstrate the usefulness and performance of the C2HEST score in predicting adverse COVID-19 outcomes in hospitalized all-comers population, including death, cardiovascular complications, pneumonia, the need for mechanical ventilation, acute liver and kidney injury, or gastrointestinal bleedings. Our results show that the C2HEST score, when analyzed both categorically and continuously, has a potent predictive ability for adverse outcomes. The C2HEST score is well-recognized among clinical practitioners in cardiovascular and internal medicine. Its simplicity and ease of obtaining the variables constituting its components indicate a potentially wide range of practical applications. Appropriately triaging individuals who are initially at higher risk for complications, particularly cardiovascular ones, and/or poor outcomes is crucial in decision-making processes, especially in situations with limited resources.

Notably, the C2HEST score did not correlate with the prediction of SIRS, MODS, and deep vein thrombosis. Despite this fact, it maintained a high level of discrimination in predicting all-cause in-hospital mortality, post-hospital total mortality, as well as numerous adverse clinical events.

Despite the growing body of literature on COVID-19 outcomes, predicting mortality remains a difficult challenge. The initial management of individuals hospitalized with COVID-19 involves assessing the risk of adverse outcomes and the need for life-saving intervention. This assessment helps

make the informed decisions regarding hospital admission and inpatient referrals. Therefore, the use of an appropriate clinical score upon hospital admission to predict which COVID-19 patients will develop critical illness is crucial and may significantly impact future outcomes. So far, several score systems have been introduced to predict adverse COVID-19 outcomes, including the PRIEST score [15], Brescia COVID Severity Scale (BRCSS) [16], COVID-Gram Risk Score [10], and VACO index [17]. Nevertheless, most of them derive from extensive clinical data, including laboratory parameters, physical examination findings, or imaging diagnostics data, which makes them extremely complex and less practical for everyday clinical use. Hence, the simple, validated risk-scoring systems with at least moderate predictive value are still lacking. The age of patients has consistently emerged as a strong predictor of COVID-19 mortality [18, 19, 20], and it is among the most robust indicators of poor outcomes. Previous studies have also examined individual comorbid conditions such as CAD, COPD, diabetes, and hypertension [21, 22, 23] as potential risk factors for a severe course of COVID-19. Liang et al. were the first to demonstrate that considering the count of multimorbidity may provide better predictive value than analyzing a single disease one by one [10]. This rationale led to the implementation of the C2HEST score for predicting the severity of COVID-19 in individuals. In our study, the analysis of the univariate Cox proportional hazard model for all-cause mortality and the competing risk regression model for non-fatal clinical events confirmed the strongest predictive value for age and CAD when analyzed as individual components of the C2HEST score. The modification of the C2HEST score in the COLOS study, which included the substitution of "thyroid disease" with "lack of hypothyroidism" and a more liberal cutoff point for age (>65 instead

of the initial >75 years), increased its predictive value for in-hospital mortality and most adverse clinical events. We suggest that such a straightforward modification of the score, as presented in this study, should be considered in the risk stratification of hospitalized COVID-19 patients.

Interestingly, both the C2HEST and C2HEST-COLOS scores demonstrated relatively higher prognostic values for adverse non-fatal cardiovascular events, including MI/myocardial injury and HF, as well as stroke when compared to SIRS, sepsis, or septic shock. Since the components of this score primarily consist of cardiovascular risk factors and cardiovascular disorders, its prognostic value for events attributed to inflammation or coagulopathies may be underestimated. This highlights potential limitations of the C2HEST score, necessitating additional clinical risk assessments, including laboratory parameters for inflammation and coagulation. It is worth noting that statistically significant differences in specific comparisons between the moderate and severe risk strata were less frequent. Therefore, the utility of the C2HEST score in predicting the risk of clinical events such as MI, stroke, sepsis, and ALD during COVID-19 is primarily attributable to differences between the low-risk vs. other risk groups. Furthermore, statistical analysis revealed relatively high 3- and 6-month mortality rates in the low-risk group. Noteworthy, these rates remain significantly lower in the low-risk group compared to the moderate and high-risk groups, which is the basis for the usefulness of the C2HEST score. This observation may be explained by the initial selection of patients upon hospital admission, where individuals with mild illness were treated on an outpatient basis, leading to a relatively high

overall mortality rate among hospitalized COVID-19 patients. Nonetheless, the simplicity and prognostic value of the C2HEST score for predicting all-cause mortality and various adverse events may justify its validity for risk assessment.

According to the results of our study, using the C2HEST score to triage patients upon hospital admission based on multimorbidity enables the prediction of both mortality and clinically significant non-fatal adverse events. Given the unpredictable nature of the disease progression and the sudden onset of complications, clinicians may find surprising the need for urgent admission to the intensive care unit or the development of acute organ dysfunction. Our study illustrates that the C2HEST score could serve as a straightforward and valuable tool for clinicians to predict the outcomes of hospitalized COVID-19 patients, facilitating diagnostic and therapeutic decision-making. Individuals categorized into the high-risk C2HEST stratum could benefit from more intensive monitoring. The score could facilitate decisions regarding early transfers to specialized ICU units and the implementation of preventive strategies, potentially averting advanced organ damage.

Additionally, in the CAD cohort, the C2HEST score had predictive value for acute heart failure and hypovolemic shock. However, in the non-CAD cohort, it enabled the prediction of cardiovascular disorders (such as cardiogenic shock, myocardial injury, MI, acute HF episodes, stroke, or TIA), all types of bleeding, acute AKI, and ALD, along with infection complications like pneumonia and sepsis [24]. Noteworthy, the C2HEST score's predictive ability in the HF cohort failed to demonstrate discriminatory performance for mortality and other clinical adverse outcomes during hospitalization. This could be attributed to the fact that HF itself is a strong risk factor for poor COVID-19 outcomes

when hospitalization is required. Conversely, in the non-HF cohort, the C2HEST score exhibited significantly better performance in predicting in-hospital and 6-month mortality, as well as other non-fatal clinical outcomes, including cardiovascular events (myocardial injury, acute HF, MI, cardiogenic shock), pneumonia, sepsis, and AKI [25].

Diabetes mellitus, in addition to HF and CAD, is an independent risk factor for worsening the course and mortality of COVID-19, as demonstrated in multiple studies [26, 27, 28]. In the diabetic cohort, a 1.82-fold higher mortality rate was observed when compared to patients with normal glycemia levels. Interestingly, the mortality risk significantly increased across higher C2HEST strata, irrespective of the presence of glucose metabolism abnormalities. [29]. Information on risk factors such as diabetes or smoking, which are not included in the C2HEST score, could also be easily obtained from patients upon admission. We believe that incorporating these factors into the assessment of disease risk could be highly significant and improve the accuracy of risk estimation in COVID-19 patients.

In summary, we conclude that the C2HEST score may be a valuable tool for predicting adverse COVID-19 outcomes in hospitalized all-comers. Furthermore, the simplicity of the C2HEST score should be considered as its advantage.

### **Limitations**

We identified several limitations in this study. First, our results are based on data from an analysis of hospitalized cases at a single center, which may affect the validity of our conclusions regarding other cohorts. Second, the data collection period was 2021-2022, i.e., before the dominance of the

Omicron variant, which has altered our understanding of the disease, its severity, and its course. Third, this study analyzed the entire cohort of COVID-19 patients, and, like other medical scales assessing the risk of morbidity and mortality, its applicability may be limited in certain circumstances, such as in a subpopulation with a specific comorbid condition. Fourth, we do not have information about the vaccination status of patients before their admission to the hospital.

### **Conclusions**

We have demonstrated the usefulness and performance of the C2HEST score in predicting adverse COVID-19 outcomes in hospitalized individuals. The simplicity of this score, which can be calculated based on comorbidities, may meet medical needs in risk-stratifying COVID-19 patients admitted to the hospital. Early identification of individuals at high risk of developing critical illness is crucial and may facilitate appropriate management and optimize resource utilization. Consequently, it could provide an essential foundation for supporting appropriate triage of COVID-19-positive patients upon admission, followed by an adequate diagnostic and therapeutic decision.

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**Data accessibility on the reasonable request.**

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## The C<sub>2</sub>HEST score on admission to hospital may successfully predict the clinical outcomes of COVID-19 in all-comers population

### MATERIAL:

2184



Retrospective analysis II.2020-VI.2021

### METHODS:

C<sub>2</sub>HEST score:



low risk 0-1

medium risk 2-3

high risk > 4

### outcomes

- in-hospital mortality
- 3-month and 6-month all-cause mortality
- non-fatal endpoints
- adverse in-hospital events

### RESULTS:



### Predictive value for:

- pneumonia
- sepsis
- cardiogenic shock
- myocardial injury
- acute heart failure
- kidney/liver injury
- stroke
- gastrointestinal bleeding

+1 C<sub>2</sub>HEST-point



1.4-fold increase in risk for death

### CONCLUSIONS:

The C<sub>2</sub>HEST scale can USEFULL in predicting adverse COVID-19 outcomes

**Table 1.** Baseline characteristics of the C2HEST risk-stratified study cohort

|   | <b>Low risk [0-1]</b>                                   | <b>Medium risk [2-3]</b>                                | <b>High risk [&gt;4]</b>                                | <b>Omnibus<br/>p-value</b> | <b>p-value<br/>(for post-hoc<br/>analysis)</b>                     |
|---|---|---|---|----------------------------|--|
| <b>variables, units<br/>(N)</b>                       | Mean ± SD<br>min-max (N) or n/N<br>(% of risk category) | Mean ± SD<br>min-max (N) or n/N<br>(% of risk category) | Mean ± SD<br>min-max (N) or n/N<br>(% of risk category) |                            |  |
| <b>Demographics</b>                                   |   |   |   |                            |  |
| <b>age, years<br/>(2184)</b>                          | 51.1±15.9<br>17-74 (1418)                               | 75.6±11.7<br>29-100 (492)                               | 78.6±9.4<br>38-100 (274)                                | <0.0001                    | <0.0001 <sup>a, b</sup><br>0.0003 <sup>c</sup>                     |
| <b>≥ 65 years<br/>(2184)</b>                          | 376/1418 (26.5%)  | 419/492 (85.2%)   | 252/274 (92%)   | <0.0001                    | <0.0001 <sup>a, b</sup><br>0.0259 <sup>c</sup>                     |
| <b>male sex<br/>(2184)</b>                            | 735/1418 (51.8%)  | 208/492 (42.3%)   | 139/274 (50.7%)   | 0.0012                     | 0.00095 <sup>a</sup> ,<br>1.0 <sup>b</sup> ,<br>0.088 <sup>c</sup> |
| <b>BMI, kg/m2<br/>(554)</b>                           | 28.3±5.1<br>15.4-49.4 (397)                             | 29.3±5.6<br>18.6-47.8 (90)                              | 27.8±5.8<br>16.4-48.2 (67)                              | 0.210                      | N/A  |
| <b>BMI &lt;18.5<br/>kg/m2<br/>(554)</b>               | 3/397 (0.8%)  | 0/90 (0.0%)   | 2/67 (3.0%)   | 0.1882                     | N/A  |
| <b>BMI ≥30 kg/m2<br/>(554)</b>                        | 132/397 (33.2%)   | 38/90 (42.2%)   | 21/67 (31.3%)   | 0.1882                     | N/A  |
| <b>smoking<br/>never/previous/<br/>current (2180)</b> | (1338/1418 (94.4%)<br>46/1418 (3.2%)<br>34/1418 (2.4%)  | 431/489 (88.1%)<br>35/489 (7.2%)<br>23/489 (4.7%)       | 218/273 (79.9%)<br>36/273 (13.2%)<br>19/273 (7.0%)      | <0.0001                    | <0.0001 <sup>a, b</sup> ,<br>0.0216 <sup>c</sup>                   |
| <b>Co-morbidities</b>                                 |   |   |   |                            |  |
| <b>hypertension<br/>(2184)</b>                        | 416/1418 (29.3%)  | 357/492 (72.6%)   | 249/274 (90.9%)   | <0.0001                    | <0.0001 <sup>a, b, c</sup>   |
| <b>DM<br/>(2182)</b>                                  | 209/1418 (14.7%)  | 146/419 (29.7%)   | 118/273 (43.2%)   | <0.0001                    | <0.0001 <sup>a, b, c</sup>   |
| <b>dyslipidemia<br/>(826)</b>                         | 289/418 (69.1%)   | 174/233 (74.7%)   | 148/175 (84.6%)   | <0.0005                    | 0.48 <sup>a</sup> ,<br>0.0005 <sup>b</sup> ,<br>0.064 <sup>c</sup> |
| <b>AFib/AFL<br/>(2184)</b>                            | 49/1418 (3.5%)  | 106/492 (21.5%)   | 135/274 (49.3%)   | <0.0001                    | <0.0001 <sup>a, b, c</sup>   |
| <b>past coronary<br/>revascularization<br/>(2184)</b> | 6/1418 (0.42%)  | 37/492 (7.5%)   | 111/274 (40.5%)   | <0.0001                    | <0.0001 <sup>a, b, c</sup>   |
| <b>past MI<br/>(2184)</b>                             | 11/1418 (0.8%)  | 63/492 (12.8%)  | 117/274 (42.7%)   | <0.0001                    | <0.0001 <sup>a, b, c</sup>   |
| <b>HF<br/>(2184)</b>                                  | 0/1418 (0%)   | 53/492 (10.8%)  | 202/274 (73.7%)   | <0.0001                    | <0.0001 <sup>a, b, c</sup>   |

|  |                 |                |                |         |  |
|--|-----------------|----------------|----------------|---------|--|
| <b>moderate or severe VHD/valve surgery (2184)</b> | 13/1418 (0.9%)  | 32/492 (6.5%)  | 51/274 (18.6%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>PAD (2184)</b>                                  | 26/1418 (1.8%)  | 31/492 (6.3%)  | 43/274 (15.7%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>past stroke /TIA (2184)</b>                     | 47/1418 (3.3%)  | 59/492 (12.0%) | 58/274 (21.2%) | <0.0001 | <0.0001 <sup>a, b</sup> ,<br>0.00312 <sup>c</sup>                      |
| <b>CKD (2184)</b>                                  | 70 /1418 (4.9%) | 70/492 (14.2%) | 91/274 (33.2%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>hemodialysis (2184)</b>                         | 19/1418 (1.3%)  | 20/492 (4.1%)  | 19/274 (7.0%)  | <0.0001 | <0.0001 <sup>a, b</sup> ,<br>0.356 <sup>c</sup>                        |
| <b>asthma (2184)</b>                               | 54/1418 (3.8%)  | 20/492 (4.1%)  | 11/274 (4.0%)  | 0.962   | N/A  |
| <b>COPD (2184)</b>                                 | 6/1418 (0.4%)   | 25/492 (5.1%)  | 44/274 (16.1%) | <0.0001 | <0.0001 <sup>a, b, c</sup>   |
| <b>hypothyroidism (2184)</b>                       | 76/1418 (5.4%)  | 68/492 (13.8%) | 64/274 (23.4%) | <0.0001 | <0.0001 <sup>a, b</sup> ,<br>0.0035 <sup>c</sup>                       |
| <b>Hyper-thyroidism (2184)</b>                     | 4/1418 (0.3%)   | 10/492 (2.0%)  | 7/274 (2.6%)   | <0.0001 | 0.0013 <sup>a</sup> ,<br>0.0015 <sup>b</sup> ,<br><0.0001 <sup>c</sup> |

Continuous variables are presented as mean±SD, range (minimum-maximum), and number of non-missing values. Categorized variables are presented as a percentage. Information about the numbers with valid values can be found in the left column. Abbreviations: N – valid measurements, n – number of patients with parameter above cut-off point, SD – standard deviation, BMI – body mass index, DM – diabetes mellitus, AF/AFL – atrial fibrillation/flutter, MI – myocardial infarction, HF – heart failure, PAD – peripheral artery disease, TIA – transient ischemic attack, CKD – chronic kidney disease, COPD – chronic obstructive pulmonary disease, VHD – valvular heart disease, N/A – not-applicable, a – *low-* vs. *medium-*risk, b – *low-* vs. *high-*risk, c – *medium-* vs. *high-*risk

**Table 3.** The total all-cause and in-hospital death for C2HEST risk stratification.

|                                    | Total deaths |             |                | In-hospital deaths |             |                |
|------------------------------------|--------------|-------------|----------------|--------------------|-------------|----------------|
|                                    | HR           | 95%CI       | <i>p-value</i> | HR                 | 95%CI       | <i>p-value</i> |
| Overall                            | 1.40         | 1.346-1.453 | <0.0001        | 1.272              | 1.205-1.343 | <0.0001        |
| Risk strata                        |              |             |                |                    |             |                |
| <i>Medium-</i> vs. <i>low-risk</i> | 3.43         | 2.808-4.091 | <0.0001        | 2.315              | -           | -              |
| <i>High-</i> vs. <i>low-risk</i>   | 5.10         | 4.086-6.136 | <0.0001        | 2.960              | -           | -              |

Abbreviations: HR – hazard ratio

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**Table 2.** Total and in-hospital all-cause mortality in the C2HEST risk strata.

|                                 | <b>Low risk [0-1]</b>                         | <b>Medium risk [2-3]</b>                      | <b>High risk [&gt;4]</b>                      |                                   |  |
|---------------------------------|---|---|---|-----------------------------------|--|
| <b>Variables, units<br/>(N)</b> | Mean ± SD                                     | Mean ± SD                                     | Mean ± SD                                     | <b>Omnibus<br/><i>p</i>-value</b> | <i>p</i> -value<br>(for post-hoc<br>analysis)    |
|                                 | min-max<br>(N) or n/N<br>(% of risk category) | min-max<br>(N) or n/N<br>(% of risk category) | min-max<br>(N) or n/N<br>(% of risk category) |                                   |  |
| <b>All-cause mortality rate</b> |   |   |   |                                   |  |
| <b>In-hospital<br/>(2184)</b>   | 119/1418 (8.4%)                               | 110/492 (22.4%)                               | 97/274 (35.4%)                                | <0.0001                           | <0.0001 <sup>a, b</sup> ,<br>0.0004 <sup>c</sup> |
| <b>3-month<br/>(2088)</b>       | 201/1343 (15%)                                | 198/475 (41.7%)                               | 147/270 (53.6%)                               | <0.0001                           | <0.0001 <sup>a, b</sup> ,<br>0.0031 <sup>c</sup> |
| <b>6-month<br/>(1117)</b>       | 214/571 (37.5%)                               | 208/331 (62.8%)                               | 156/215 (56.9%)                               | <0.0001                           | <0.0001 <sup>a, b</sup> ,<br>0.0713 <sup>c</sup> |

Categorized variables are presented as a percentage. Abbreviations: N – valid measurements, n – number of patients with parameter above cut-off point, SD – standard deviation, ANOVA – analysis of variance, N/A – non-applicable, a – *low*- vs. *medium*-risk, b – *low*- vs. *high*-risk, c – *medium*- vs. *high*-risk

Table S1. Baseline characteristics of the study cohort - treatment applied before hospitalization

| <b>Variables. Units (N)</b>  | <b>Low risk [0-1]</b><br>n/N (% of risk category) | <b>Medium risk [2-3]</b><br>n/N (% of risk category) | <b>High risk [&gt;4]</b><br>n/N (% of risk category) | <b>Omnibus</b><br><i>p</i> -value | <b><i>p</i>-value</b><br>(for post-hoc analysis)                 |
|--|---|--|--|-----------------------------------|--|
| <b>Treatment applied before hospitalization</b>                                    |   |  |  |                                   |  |
| <b>ACEI (2184)</b>   | 116/1418 (98.2%)                                  | 120/492 (24.4%)                                      | 116/274 (42.3%)                                      | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>ARB (2184)</b>  | 76/1418 (5.4%)                                    | 38/492 (7.7%)  | 30/274 (10.9%)                                       | 0.0015                            | 0.217 <sup>a</sup> , 0.0024 <sup>b</sup> , 0.51 <sup>c</sup>     |
| <b>MRA (2184)</b>  | 18/1418 (1.3%)                                    | 33/492 (6.7%)  | 49/274 (17.9%)                                       | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>SACU/VAL (2184)</b>   | 6/1418 (0.4%)                                     | 3/492 (0.6%)   | 1/274 (0.4%)   | 0.888                             | N/A  |
| <b>BB (2184)</b>   | 197/1418 (13.9%)                                  | 179/492 (36.4%)                                      | 157/274 (57.3%)                                      | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>Cardiac glycosides (2184)</b>   | 3/1418 (0.2%)                                     | 6/492 (1.2%)   | 10/274 (3.6%)  | <0.0001                           | 0.034 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.099 <sup>c</sup>   |
| <b>NonDP-CCB (2184)</b>  | 1/1418 (0.8%)                                     | 13/492 (2.6%)  | 14/274 (5.1%)  | <0.000                            | 0.0101 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.301 <sup>c</sup>  |
| <b>DP-CCB (2184)</b>   | 103/1418 (7.3%)                                   | 84/492 (17.1%)                                       | 74/274 (27.0%)                                       | <0.0001                           | <0.0001 <sup>a, b</sup> , 0.00467 <sup>c</sup>                   |
| <b>AB (2184)</b>   | 45/1418 (3.2%)                                    | 34/492 (6.9%)  | 39/274 (14.2%)                                       | <0.0001                           | 0.0017 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.0044 <sup>c</sup> |
| <b>ThD/ThLD (2184)</b>   | 68/1418 (4.8%)                                    | 47/492 (9.6%)  | 35/274 (12.8%)                                       | <0.000                            | 0.0006 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.623 <sup>c</sup>  |
| <b>LD (2184)</b>   | 39/1418 (2.8%)                                    | 65/492 (13.2%)                                       | 81/274 (29.6%)                                       | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>Statin (2184)</b>   | 103/1418 (7.3%)                                   | 121/492 (24.6%)                                      | 126/274 (46.0%)                                      | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>AA (2184)</b>   | 81/1418 (5.7%)                                    | 95/492 (19.3%)                                       | 82/274 (29.9%)                                       | <0.000                            | <0.0001 <sup>a, b</sup> , 0.0034 <sup>c</sup>                    |
| <b>P2Y<sub>12</sub> inhibitor (as the 2<sup>nd</sup> antiplatelet drug) (2184)</b> | 7/1418 (0.5%)                                     | 10/492 (2.0%)  | 22/274 (8.0%)  | <0.0001                           | 0.0228 <sup>a</sup> , <0.0001 <sup>b, c</sup>                    |
| <b>LMWH (184)</b>  | 74/1418 (5.2%)                                    | 41/492 (8.3%)  | 26/274 (9.5%)  | 0.0049                            | 0.05 <sup>a</sup> , 0.0276 <sup>b</sup> , 1.0 <sup>c</sup>       |
| <b>VKA (2184)</b>  | 10/1418 (0.7%)                                    | 14/492 (2.8%)  | 23/274 (8.4%)  | <0.0001                           | 0.0018 <sup>a</sup> , 0.0016 <sup>b</sup> , 0.0034 <sup>c</sup>  |
| <b>NOAC (2184)</b>   | 18/1418 (1.3%)                                    | 37/492 (7.5%)  | 52/274 (19.0%)                                       | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>Insulin (2184)</b>  | 62/1418 (4.4%)                                    | 29/492 (6.0%)  | 40/274 (14.6%)                                       | <0.0001                           | 0.642 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.0003 <sup>c</sup>  |
| <b>MTF (2184)</b>  | 104/1418 (7.3%)                                   | 67/492 (13.6%)                                       | 51/274 (18.6%)                                       | <0.0001                           | 0.00012 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.25 <sup>c</sup>  |
| <b>SGLT2 inhibitor (2184)</b>  | 11/1418 (0.8%)                                    | 7/492 (1.4%)   | 9/274 (3.3%)   | 0.0049                            | 0.826 <sup>a</sup> , 0.0065 <sup>b</sup> , 0.336 <sup>c</sup>    |
| <b>ODD (other than SGLT2 inhibitor/MTF) (2184)</b>                                 | 27/1418 (1.9%)                                    | 34/492 (6.9%)  | 28/274 (10.2%)                                       | <0.0001                           | <0.0001 <sup>a, b</sup> , 0.424 <sup>c</sup>                     |
| <b>PPI (2184)</b>  | 89/1418 (6.3%)                                    | 75/492 (15.2%)                                       | 86/274 (31.4%)                                       | <0.0001                           | <0.0001 <sup>a, b, c</sup>                                       |
| <b>Oral CCS (2184)</b>   | 62/1418 (4.4%)                                    | 24/492 (4.9%)  | 7/274 (2.6%)   | 0.1819                            | N/A  |
| <b>immunosuppressive drug (other than oral CCS) (2184)</b>                         | 49/1418 (3.5%)                                    | 22/492 (4.5%)  | 2/274 (0.7%)   | 0.0204                            | 1.0 <sup>a</sup> , 0.0793 <sup>b</sup> , 0.0254 <sup>c</sup>     |

Categorized variables are presented as a percentage. Information about the numbers with valid values can be found in the left column. Abbreviations: N – valid measurements, n – number of patients with parameters above the cut-off point. ACEI – angiotensin-converting-enzyme inhibitor, ARB – angiotensin receptor blockers. AA – acetylsalicylic acid, AB –  $\alpha$ -adrenergic blocker, BB –  $\beta$ -blocker, CCS – corticosteroid, DP-CCB – dihydropyridine calcium channel blocker, LD – loop diuretic, LMWH – low molecular weight heparin, MRAs - mineralocorticoid receptor antagonist, MTF – metformin, NOAC – novel oral anticoagulants, NonDP-CCB – non-dihydropyridine calcium channel blocker, ODD – oral antidiabetic drug, PPI – proton pump inhibitor, SACU/VAL – sacubitril/valsartan, SGLT2 inhibitor – sodium glucose co-transporter-2 inhibitor, ThD/ThLD thiazide/thiazide-like diuretic, VKA – vitamin K antagonists, N/A – non-applicable, a – *low*- risk vs. *medium*-risk. b – *low*- vs. *high*-risk. c – *medium*- vs. *high*-risk



**Table S2.** Patient-reported symptoms and abnormalities measured on admission during physical exam

|   | <b>Low risk [0-1]</b>                                 | <b>Medium risk [2-3]</b>                              | <b>High risk [&gt;4]</b>                              | <b>Omnibus p-value</b> | <b>p-value (for post-hoc analysis)</b>                         |
|---|---|---|---|------------------------|--|
| <b>variables, units (N)</b>                               | mean±SD<br>min-max (N) or n/N<br>(% of risk category) | mean±SD<br>min-max (N) or n/N<br>(% of risk category) | mean±SD<br>min-max (N) or n/N<br>(% of risk category) |                        |  |
| <b>patient-reported symptoms</b>                          |   |   |   |                        |  |
| <b>cough (2184)</b>                                       | 455/1418 (32.1%)                                      | 124/492 (25.2%)                                       | 69/274 (25.2%)  | 0.0035                 | 0.0151 <sup>a</sup> , 0.0852 <sup>b</sup> , 1.0 <sup>c</sup>   |
| <b>dyspnea (2184)</b>                                     | 569/1418 (40.1%)                                      | 206/492 (41.9)  | 146/274 (53.3%)                                       | 0.0003                 | 1.0 <sup>a</sup> , 0.0002 <sup>b</sup> , 0.0091 <sup>c</sup>   |
| <b>chest pain (2184)</b>                                  | 102/1418 (7.2%)                                       | 34/492 (6.9%)   | 27/274 (9.9%)   | 0.213                  | N/A  |
| <b>hemoptysis (2184)</b>                                  | 9/1418 (0.6%)   | 2/492 (0.4%)  | 4/274 (1.5%)  | 0.22                   | N/A  |
| <b>SMD (2184)</b>   | 61/1418 (4.3%)  | 10/492 (2.0%)   | 5/274 (1.8%)  | 0.017                  | 0.0937 <sup>a</sup> , 0.231 <sup>b</sup> , 1.0 <sup>c</sup>    |
| <b>TED (2184)</b>   | 49/1418 (3.5%)  | 10/492 (2.0%)   | 7/274 (2.6%)  | 0.252                  | N/A  |
| <b>abdominal pain (2184)</b>                              | 104/1418 (7.3%)                                       | 26/492 (5.3%)   | 17/274 (6.2%)   | 0.275                  | N/A  |
| <b>diarrhea (2184)</b>                                    | 75/1418 (5.3%)  | 33/492 (6.7%)   | 19/274 (6.9%)   | 0.357                  | N/A  |
| <b>nausea/vomiting (2184)</b>                             | 57/1418 (4.0%)  | 27/492 (5.5%)   | 14/274 (5.1%)   | 0.346                  | N/A  |
| <b>Measured vital signs</b>                               |   |   |   |                        |  |
| <b>body temperature, °C (1186)</b>                        | 37.1+0.88<br>34.4 - 40.5 (810)                        | 36.9+0.9<br>35.0 - 40.0 (235)                         | 36.9+0.86<br>35.2 - 40.0 (141)                        | 0.0552                 | N/A  |
| <b>heart rate, beats/minute (1672)</b>                    | 86.4 + 15.63<br>48 - 160 (1045)                       | 84.1+16.48<br>50 - 160 (387)                          | 84.8+18.79<br>36 - 170 (240)                          | 0.0442                 | 0.048 <sup>a</sup> , 0.418 <sup>b</sup> , 0.902 <sup>c</sup>   |
| <b>RR, breaths/minute (318)</b>                           | 18.4+5.78<br>12 - 50 (204)                            | 18.7+5.45<br>12 - 45 (68)                             | 19.3+6.09<br>12 - 50 (46)                             | 0.618                  | N/A  |
| <b>SBP, mmHg (1669)</b>                                   | 130.7+21.28<br>60 - 240 (1040)                        | 134.2+25.36<br>50 - 270 (385)                         | 134.5+24.7<br>70 - 210 (244)                          | 0.0107                 | 0.041 <sup>a</sup> , 0.071 <sup>b</sup> , 0.991 <sup>c</sup>   |
| <b>&lt; 100 mmHg (1669)</b>                               | 45/1040 (4.3%)  | 18/385 (4.7%)   | 15/244 (6.15%)  | 0.479                  | N/A  |
| <b>DBP, mmHg (1661)</b>                                   | 78.5+12.68<br>40 - 150 (1037)                         | 78.1+13.67<br>40 - 157 (380)                          | 75.8+15.3<br>40 - 143 (244)                           | 0.0319                 | 0.813 <sup>a</sup> , 0.024 <sup>b</sup> , 0.141 <sup>c</sup>   |
| <b>MAP, mmHg (1660)</b>                                   | 96.0+14.25<br>46.7 - 179<br>(1037)                    | 97.2+15.51<br>59.7 - 190<br>(379)                     | 95.3+16.71<br>50 - 165.33<br>(244)                    | 0.317                  | N/A  |
| <b>PP (1660)</b>  | 52.3+15.3<br>11 - 136<br>(1037)                       | 57.2+18.44<br>20 - 120<br>(379)                       | 58.7+19.0<br>20 - 130<br>(244)                        | <0.0001                | <0.0001 <sup>a,b</sup> , 0.581 <sup>c</sup>                    |
| <b>SpO2 on room air, % (FiO2=21%) (1263)</b>              | 92.8+7.12<br>48 - 100 (815)                           | 89.7+9.64<br>50 - 100 (281)                           | 90.2+8.54<br>50 - 99 (167)                            | <0.0001                | <0.000 <sup>a</sup> , 0.0006 <sup>b</sup> , 0.848 <sup>c</sup> |
| <b>&lt;90% (1263)</b>                                     | 183/815 (22.5%)                                       | 102/281 (36.3%)                                       | 57/167 (34.1%)  | <0.0001                | <0.0001 <sup>a</sup> , 0.0058 <sup>b</sup> , 1.0 <sup>c</sup>  |
| <b>GCS, points (884)</b>                                  | 14.7+1.78<br>3.0 - 15.0 (575)                         | 14.5+1.68<br>3.0 - 15.0 (191)                         | 14.1+2.43<br>3.0 - 15.0 (118)                         | 0.0645                 | N/A  |
| <b>Abnormalities detected during physical examination</b> |   |   |   |                        |  |
| <b>crackles (2184)</b>                                    | 154/1418 (10.9%)                                      | 99/492 (20.1%)  | 66/274 (24.1%)  | <0.0001                | <0.0001 <sup>a,b</sup> , 0.704 <sup>c</sup>                    |
| <b>wheezing (2184)</b>                                    | 94/1418 (6.6%)  | 56/492 (11.4%)  | 69/274 (25.2%)  | <0.0001                | 0.00312 <sup>a</sup> , <0.0001 <sup>b,c</sup>                  |
| <b>PC (2184)</b>  | 184/1418 (13.0%)                                      | 105/492 (21.3%)                                       | 78/274 (28.5%)  | <0.0001                | <0.0001 <sup>a,b</sup> , 0.0999 <sup>c</sup>                   |
| <b>PO (2184)</b>  | 76/1418 (5.4%)  | 60/492 (12.2%)  | 53/274 (19.3%)  | <0.0001                | <0.0001 <sup>a,b</sup> , 0.0307 <sup>c</sup>                   |
| <b>VES-13, points (90)</b>                                | 4.1+2.86<br>1 - 9 (28)                                | 5.6+3.33<br>1 - 12 (37)                               | 6.5+2.89<br>3 - 13 (25)                               | 0.0155                 | 0.132 <sup>a</sup> , 0.013 <sup>b</sup> , 0.552 <sup>c</sup>   |

Continuous variables are presented as: mean ± SD, range (min-max), and number of non-missing values.

Categorized variables are presented as a percentage. Information about numbers with valid values can be seen in

the left column. Abbreviations: SD – standard deviation, ANOVA – analysis of variance, N – valid measurements, n – number of patients with parameter above cut-off point, GCS – Glasgow Coma Scale, DBP – diastolic blood pressure, MAP – mean blood pressure, PC – pulmonary congestion, PO – peripheral edema, PP - Pulse pressure, RR – respiratory rate, SBP – systolic blood pressure, SMD – smell dysfunction, TED – taste dysfunction, VES-13 – Vulnerable Elders Survey, N/A – not-applicable, a – *low-* vs. *medium-*risk, b – *low-* vs. *high-*risk, c – *medium-* vs. *high-*risk

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**Table S3.** Laboratory parameters measured during hospitalization

| Parameter                   | assessment time | units                     | Low risk [0-1]   | Medium [2-3]   | High risk [>4]   | Omnibus <i>p</i> -value | <i>p</i> -value (for post-hoc analysis)                       |
|-----------------------------|-----------------|---------------------------|--|--|--|-------------------------|---|
|                             |                 |                           | mean±SD<br>min-max (N) or<br>n/N (% of risk<br>category) (N) | mean±SD<br>min-max (N) or<br>n/N (% of risk<br>category) (N) | mean±SD<br>min-max (N) or<br>n/N (% of risk<br>category) (N) |                         |   |
| <b>Complete blood count</b> |                 |                           |  |  |  |                         |   |
| LEU (2050)                  | on admission    | 10 <sup>3</sup> /μl       | 9.0±12.34<br>0.51-304.02 (1302)                              | 9.4±11.48<br>0.51-215.97 (480)                               | 9.3±7.97<br>1.19-99.73 (268)                                 | 0.8003                  | N/A   |
|                             |                 | >12 x10 <sup>3</sup> /μl  | 202/1302 (15.5%)   | 84/480 (17.5%)   | 53/268 (19.8%)   | 0.4281                  | N/A   |
|                             |                 | 4-12 x10 <sup>3</sup> /μl | 971/1302 (74.6%)   | 345/480 (71.9%)  | 191/268 (71.3%)  |                         |   |
|                             |                 | <4 x10 <sup>3</sup> /μl   | 129/1302 (9.9%)  | 51/480 (10.6%)   | 24/268 (9%)  |                         |   |
|                             | on discharge    | 10 <sup>3</sup> /μl       | 9.1±10.83<br>0.67-342.01 (1302)                              | 10.6±16.33<br>0.44-314.44 (480)                              | 10.1±7.18<br>1.19-58.49 (268)                                | 0.0663                  | N/A   |
|                             |                 | >12 x10 <sup>3</sup> /μl  | 201/1302 (15.4%)   | 103/480 (21.5%)  | 65/268 (24.3%)   | 0.00046                 | 0.007 <sup>a</sup> , 0.006 <sup>b</sup>                       |
|                             |                 | 4-12 x10 <sup>3</sup> /μl | 1017/1302 (78.1%)  | 337/480 (70.2%)  | 188/268 (70.1%)  |                         | 0.927 <sup>c</sup>  |
|                             |                 | <4 x10 <sup>3</sup> /μl   | 84/1302 (6.5%)   | 40/480 (8.3%)  | 15/268 (5.6%)  |                         |   |
| LYMPH (1296)                | on admission    | 10 <sup>3</sup> /μl       | 1.65±10.81<br>0.03-296.61 (764)                              | 1.2±1.09<br>0.11-12.1 (331)                                  | 1.4±5.51<br>0.09-78.58 (201)                                 | 0.4150                  | N/A   |
|                             |                 | <1 x10 <sup>3</sup> /μl   | 383/764 (50.1%)  | 175/331 (52.9%)  | 118/201 (58.7%)  | 0.2667                  | N/A   |
|                             |                 | 1-5 10 <sup>3</sup> /μl   | 373/764 (48.8%)  | 152/331 (45.9%)  | 82/201 (40.8%)   |                         |   |
|                             |                 | >5 x10 <sup>3</sup> /μl   | 8/764 (1.0%)   | 4/331 (1.2%)   | 1/201 (0.5%)   |                         |   |
|                             | on discharge    | 10 <sup>3</sup> /μl       | 1.9±4.41<br>0.06-114.12 (764)                                | 1.5±1.84<br>0.05-26.71 (331)                                 | 1.5±4.8<br>0.14-66.97 (201)                                  | 0.1052                  | N/A   |
|                             |                 | <1 x10 <sup>3</sup> /μl   | 176/764 (23.0%)  | 113/331 (34.1%)  | 109/201 (54.2%)  | <0.0001                 | 0.001 <sup>a</sup>  |
|                             |                 | 1-5 10 <sup>3</sup> /μl   | 578/764 (75.7%)  | 213/331 (64.4%)  | 89/201 (44.3%)   |                         | <0.0001 <sup>b, c</sup>                                       |
|                             |                 | >5 x10 <sup>3</sup> /μl   | 10/764 (1.3%)  | 5/331 (1.5%)   | 3/201 (1.5%)   |                         |   |
| NEUTR (1299)                | on admission    | 10 <sup>3</sup> /μl       | 6.6±5.06<br>0.44-53.64 (765)                                 | 6.8±4.5<br>0.68-33.61 (333)                                  | 7.1±5.08<br>0.23-29.85 (201)                                 | 0.3951                  | N/A   |
|                             |                 | <1.5 x10 <sup>3</sup> /μl | 21/765 (2.7%)  | 9/333 (2.7%)   | 5/201 (2.5%)   | 0.8721                  | N/A   |
|                             |                 | 1.5-810 <sup>3</sup> /μl  | 550/765 (71.9%)  | 231/333 (69.4%)  | 139/201 (69.2%)  |                         |   |
|                             |                 | >8 x10 <sup>3</sup> /μl   | 194/765 (25.4%)  | 93/333 (27.9%)   | 57/201 (28.4%)   |                         |   |
|                             | on discharge    | 10 <sup>3</sup> /μl       | 6.6±4.81<br>0.22-44.09 (765)                                 | 7.5±6.09<br>0-41.13 (333)                                    | 7.5±4.9<br>0.32-23.22 (201)                                  | 0.007                   | 0.034 <sup>a</sup> , 0.042 <sup>b</sup>                       |
|                             |                 | <1.5 x10 <sup>3</sup> /μl | 16/765 (2.1%)  | 7/333 (2.1%)   | 3/201 (1.5%)   | 0.0035                  | 0.153 <sup>a</sup>  |
|                             |                 | 1.5-810 <sup>3</sup> /μl  | 576/765 (75.3%)  | 228/333 (68.5%)  | 127/201 (63.2%)  |                         | 0.004 <sup>b</sup>  |
|                             |                 | >8 x10 <sup>3</sup> /μl   | 173/765 (22.6%)  | 98/333 (29.4%)   | 71/201 (35.3%)   |                         | 1.0 <sup>c</sup>  |
| Hb (2050)                   | on admission    | g/dL                      | 13.3±2.15<br>3.9-20.3 (1302)                                 | 12.6±2.31<br>4.5-18.9 (480)                                  | 12.0±2.48<br>5.3-18.8 (268)                                  | <0.0001                 | <0.0001 <sup>a, b</sup> ,<br>0.003 <sup>c</sup>               |
|                             |                 | <12 (F), 13 (M) g/dL      | 346/1302 (26.6%)   | 195/480 (40.6%)  | 148/268 (55.2%)  | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.0005 <sup>c</sup>                |
|                             |                 | ≥12 (F), 13 (M) g/dL      | 956/1302 (73.4%)   | 285/480 (59.4%)  | 120/268 (44.8%)  |                         | N/A   |
|                             |                 |                           |  |  |  |                         |   |
|                             | on discharge    | g/dL                      | 12.7±2.23<br>5.3-18.7 (1302)                                 | 12.0±2.3<br>4.5-18.9 (480)                                   | 12.0±2.34<br>5.5-17.6 (268)                                  | <0.0001                 | <0.0001 <sup>a, b</sup> ,<br>0.056 <sup>c</sup>               |
|                             |                 | <12 (F), 13 (M) g/dL      | 511/1302 (39.2%)   | 258/480 (53.8%)  | 172/268 (64.2%)  | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.021 <sup>c</sup>                 |
|                             |                 | ≥12 (F), 13 (M) g/dL      | 791/1302 (60.8%)   | 222/480 (46.3%)  | 96/268 (35.8%)   |                         | N/A   |
|                             |                 |                           |  |  |  |                         |   |
| MCV (2050)                  | on admission    | fl                        | 89.4 ±5.68<br>61.8-131.1 (1302)                              | 89.8±6.89<br>60.5-124.8 (480)                                | 90.6±6.91<br>62.5-116.2 (268)                                | 0.0185                  | 0.354 <sup>a</sup> , 0.022 <sup>b</sup><br>0.363 <sup>c</sup> |
|                             | on discharge    |                           | 90.1±5.6   | 91.0±6.77  | 91.2±6.07  | 0.0031                  | 0.027 <sup>a</sup>  |

|  |              |                      |                   |                  |                 |   |   |  |
|--|--------------|----------------------|-------------------|------------------|-----------------|---|---|--|
|  |              |                      | 61.8-120.6 (1302) | 68.4-123.1 (480) | 70.7-95.0 (268) |   | 0.023 <sup>b</sup> , 0.933 <sup>c</sup>   |  |
| MCH<br>(2050)                                      | on admission | pg                   | 30.0±2.25         | 30.0±2.88        | 30.0±2.76       | 0.865                                   | N/A                                       |  |
|  |              |                      | 16.5-46.6 (1302)  | 30.1-43.5 (480)  | 18.1-39.8 (268) |   |   |  |
|  | on discharge |                      | 29.9±2.08         | 29.9±2.59        | 29.7±2.41       | 0.432                                   | N/A                                       |  |
|  |              |                      | 16.5-37.3 (1302)  | 19.0-40.7 (480)  | 20.1-35.1 (268) |   |   |  |
| MCHC<br>(2050)                                     | on admission | g/dL                 | 33.6±1.42         | 33.3±1.72        | 33.0±1.66       | <0.0001                                 | 0.005 <sup>a</sup> , <0.0001 <sup>b</sup> |  |
|  |              |                      | 24.6-39.9 (1302)  | 24.7-38.7 (480)  | 27.5-38.8 (268) |   | 0.108 <sup>c</sup>                        |  |
|  | on discharge |                      | 33.2±1.46         | 32.8±1.66        | 32.6±1.42       | <0.0001                                 | <0.0001 <sup>a, b</sup>                   |  |
|  |              |                      | 24.9-39.9 (1302)  | 27.4-40.0 (480)  | 27.2-36.6 (268) |   | 0.061 <sup>c</sup>                        |  |
| RETICU<br>(195)                                    | on admission | x 10 <sup>9</sup> /L | 59.7±33.69        | 55.7±34.67       | 59.5±35.37      | 0.758                                   | N/A                                       |  |
|  |              |                      | 5.3-137.6 (103)   | 10.1-224.4 (63)  | 4.5-142.3 (29)  |   |   |  |
|  | on discharge |                      | 61.3±33.47        | 58.4±40.60       | 55.9±35.82      | 0.733                                   | N/A                                       |  |
|  |              |                      | 4.9-137.6 (103)   | 7.0-230.3 (63)   | 9.1-162.4 (29)  |   |   |  |
| PLT (2050)   | on admission | x10 <sup>3</sup> /μl | 235.9±108.85      | 230.1±113.91     | 216.8±93.38     | 0.0126                                  | 0.598 <sup>a</sup> , 0.009 <sup>b</sup>   |  |
|  |              |                      | 0-1356 (1302)     | 3-740 (480)      | 8-578 (268)     |   | 0.2 <sup>c</sup>                          |  |
|  |              |                      | >450              | 52/1302 (4.0%)   | 24/480 (5.0%)   | 7/268 (2.6%)                            | 0.125                                     | N/A  |
|  |              |                      | 400-450           | 37/1302 (2.8%)   | 11/480 (2.3%)   | 5/268 (1.9%)                            |   |  |
|  |              |                      | 150-400           | 992/1302 (76.2%) | 343/480 (71.5%) | 195/268 (72.8%)                         |   |  |
|  |              |                      | 100-150           | 172/1302 (13.2%) | 70/480 (14.6%)  | 41/268 (15.3%)                          |   |  |
|  |              |                      | 50-100            | 38/1302 (2.9%)   | 26/480 (5.4%)   | 15/268 (5.6%)                           |   |  |
|  | on discharge | x10 <sup>3</sup> /μl | 270.9±128.32      | 245.3±121.2      | 231.4±98.27     | <0.0001                                 | <0.0001 <sup>a, b, c</sup>                |  |
|  |              |                      | 2-1101 (1300)     | 3-694 (480)      | 4-268.25 (268)  |   |   |  |
|  |              |                      | >450              | 124/1300 (9.5%)  | 30/480 (6.3%)   | 3/268 (1.1%)                            | <0.0001                                   | 0.0127 <sup>a</sup> , <0.0001 <sup>b</sup> |
|  |              |                      | 400-450           | 72/1300 (5.5%)   | 20/480 (4.2%)   | 8/268 (3.0%)                            |   | 0.0243 <sup>c</sup>                        |
|  |              |                      | 150-<400          | 923/1300 (71.0%) | 335/480 (69.8%) | 185/268 (69.0%)                         |   |  |
|  |              |                      | 100-150           | 117/1300 (9.0%)  | 51/480 (10.6%)  | 42/268 (15.7%)                          |   |  |
|  |              |                      | 50-100            | 39/1300 (3.0%)   | 31/480 (6.5%)   | 22/268 (8.2%)                           |   |  |
| (2048)   |              |                      | 20-50             | 20/1300 (1.5%)   | 9/480 (1.9%)    | 5/268 (1.9%)                            |   |  |
|  |              |                      | <20               | 5/1300 (0.4%)    | 4/480 (0.8%)    | 3/268 (1.1%)                            |   |  |
| <b>Acid-base balance in the arterial blood gas</b> |              |                      |                   |                  |                 |   |   |  |
| Ph (276)   | on admission |                      | 7.4±0.08          | 7.4±0.07         | 7.4±0.08        | 0.27                                    | N/A                                       |  |
|  |              |                      | 7.04-7.58 (121)   | 7.1-7.54 (88)    | 7.1-7.54 (67)   |   |   |  |
|  |              | <7.35                | 14/121 (11.6%)    | 7/88 (8.0%)      | 10/67 (14.9%)   | 0.391                                   | N/A                                       |  |
|  | on discharge |                      | 7.4±0.08          | 7.4±0.08         | 7.4±0.06        | 0.889                                   | N/A                                       |  |
|  |              |                      | 7.06-7.5 (121)    | 7.01-7.6 (88)    | 7.3-7.6 (67)    |   |   |  |
|  |              | <7.35                | 12/121 (9.9%)     | 9/88 (10.2%)     | 4/67 (6.0%)     | 0.597                                   | N/A                                       |  |
|  |              | ≥7.35                | 109/121 (90.1%)   | 79/88 (89.8%)    | 63/67 (94.0%)   |   |   |  |
| PaO2 (276)   | on admission | <60 mmHg             | 38/121 (31.4%)    | 33/88 (37.5%)    | 30/67 (44.8%)   | 0.186                                   | N/A                                       |  |
|  |              | ≥60 mmHg             | 83/121 (68.6%)    | 55/88 (62.5%)    | 37/67 (55.2%)   |   |   |  |
|  |              |                      | 72.2±27.29        | 76.3±47.63       | 70.6±34.56      | 0.679                                   | N/A                                       |  |
|  | on discharge |                      | 12.8-100 (121)    | 28.3-100 (88)    | 23.7-100 (67)   |   |   |  |
|  |              | <60 mmHg             | 29/121 (24.0%)    | 30/88 (34.1%)    | 32/67 (47.8%)   | 0.0039                                  | 0.441 <sup>a</sup> , 0.0045 <sup>b</sup>  |  |
|  |              | ≥60 mmHg             | 92/121 (76.0%)    | 58/88 (65.9%)    | 35/67 (32.2%)   |   | 0.359 <sup>c</sup>                        |  |
|  |              | 75.4±26.57           | 77.7±48.53        | 66.4±24.15       | 0.040           | 0.914 <sup>a</sup> , 0.054 <sup>b</sup> |   |  |
|  |              | 12.8-100 (121)       | 23.3-100 (88)     | 28.5-100 (67)    |                 | 0.147 <sup>c</sup>                      |   |  |
| PaCO2<br>(276)                                     | on admission | ≥ 45 mmHg            | 23/121 (19.0%)    | 10/88 (11.4%)    | 12/67 (17.9%)   | 0.309                                   | N/A                                       |  |
|  |              | < 45 mmHg            | 98/121 (81.0%)    | 78/88 (88.6%)    | 55/67 (82.1%)   |   |   |  |
|  |              |                      | 38.0±10.27        | 36.7±9.42        | 38.6±10.93      | 0.434                                   | N/A                                       |  |
|  |              | 20.2-82.4            | 20.9-79.4         | 19.7-88.4        |                 |   |   |  |

|   |              |                                 |                   |                   |                   |         |   |
|---|--------------|---------------------------------|-------------------|-------------------|-------------------|---------|---|
|   |              |                                 | (121)             | (88)              | (67)              |         |   |
|   | on discharge | ≥ 45 mmHg                       | 20/121 (16.5%)    | 11/88 (12.5%)     | 10/67 (14.9%)     | 0.721   | N/A                                       |
|   |              | < 45 mmHg                       | 101/121 (83.5%)   | 77/88 (87.5%)     | 57/67 (85.1%)     |         |   |
|   |              |                                 | 38.4±9.81         | 37.9±10.96        | 38.7±10.13        | 0.896   | N/A                                       |
|   |              |                                 | 20.2-75.5 (121)   | 20.9-88.4 (88)    | 25.0 – 88.4 (67)  |         |   |
| PaO2 and PaCO2 (276)                                  | on admission | <60 and ≥ 45 mmHg.              | 7/121 (5.8%)      | 6/88 (6.8%)       | 9/67 (13.4%)      | 0.159   | N/A                                       |
|   |              | ≥60 and <45 mmHg                | 114/121 (94.2%)   | 82/88 (93.2%)     | 58/67 (86.6%)     |         |   |
|   | on discharge | <60 and ≥ 45 mmHg.              | 4/121 (3.3%)      | 4/88 (4.5%)       | 6/67 (9.0%)       | 0.228   | N/A                                       |
|   |              | ≥60 and <45 mmHg                | 117/121 (96.7%)   | 84/88 (95.5%)     | 61/67 (91.0%)     |         |   |
| HCO3- standard (272)                                  | on admission | mmol/L                          | 24.9±3.76         | 24.2±4.19         | 24.2±4.57         | 0.427   | N/A                                       |
|   |              |                                 | 12.1-32.9 (120)   | 14.3-39.5 (85)    | 13.5-38.6 (67)    |         |   |
|   | on discharge |                                 | 25.0±3.80         | 25.3±5.58         | 24.9±4.0          | 0.868   | N/A                                       |
|   |              |                                 | 12.1-35.7 (120)   | 13.7-51.7 (85)    | 17.4-36.7 (67)    |         |   |
| BE (108)  | on admission |                                 | 0.9±4.77          | 1.7±5.30          | 2.0±5.1.7         | 0.642   | N/A                                       |
|   |              |                                 | (-)15.7–10.5 (41) | (-)12.5-15.7 (43) | (-)7.4–14.6 (24)  |         |   |
|   | on discharge |                                 | 0.80±5.44         | 2.4±6.01          | 1.4 ±4.79         | 0.437   | N/A                                       |
|   |              |                                 | (-)15.7–11.9 (41) | (-)14.7–17.1 (43) | (-)4.7–13.2 (24)  |         |   |
| LACT (245)  | on admission |                                 | 2.5±1.60          | 2.0±0.86          | 2.5±1.82          | 0.021   | 0.047 <sup>a</sup> , 0.977 <sup>b</sup>   |
|   |              |                                 | 0.6-12.8 (105)    | 0.5-5.7 (79)      | 0.6-12.0 (61)     |         | 0.128 <sup>c</sup>                        |
|   | on discharge |                                 | 2.5±1.58          | 2.10±1.03         | 2.4±1.21          | 0.098   | N/A                                       |
|   |              |                                 | 0.7-12.9 (105)    | 0.5-6.4 (79)      | 0.8-6.0 (61)      |         |   |
| LA (245)  |              | pH <7.35 and LACT >1.6 mol/L    | 9/105 (8.6%)      | 5/79 (6.3%)       | 8/61 (13.1%)      | 0.372   | N/A                                       |
|   |              | pH >7.35 or/and LACT <1.6 mol/L | 96/105 (91.4%)    | 74/79 (93.7%)     | 53/61 (86.9%)     |         | N/A                                       |
| Osmolarity (203)                                      | on admission | mOsm                            | 303.6 ±16.72      | 306.1±26.04       | 306.4 ± 25.70     | 0.725   | N/A                                       |
|   |              |                                 | 247-370 (127)     | 233-373 (43)      | 245.8- 370.6 (33) |         |   |
|   | on discharge |                                 | 299.9±16.61       | 303.9±22.13       | 305.2±23.0        | 0.312   | N/A                                       |
|   |              |                                 | 270-362 (127)     | 263-373 (43)      | 265-353 (33)      |         |   |
| <b>Electrolytes, inflammatory and iron biomarkers</b> |              |                                 |                   |                   |                   |         |   |
| Na (2032)   | on admission | mmol/L                          | 138.3±4.36        | 137.7±7.0         | 137.9±6.82        | 0.267   | N/A                                       |
|   |              |                                 | 106-159 (1289)    | 101-175 (475)     | 108-174 (268)     |         |   |
|   | on discharge |                                 | 139.1±4.30        | 139.1±7.28        | 140.2±6.68        | 0.026   | 0.983 <sup>a</sup> , 0.019 <sup>b</sup>   |
|   |              |                                 | 109-175 (1289)    | 101-172 (475)     | 120-172 (268)     |         | 0.098 <sup>c</sup>                        |
| K (2039)  | on admission | mmol/L                          | 4.1±0.58          | 4.1±0.7           | 4.3±0.82          | <0.0001 | 0.104 <sup>a</sup> , <0.0001 <sup>b</sup> |
|   |              |                                 | 2.0-7.5 (1294)    | 2.4-7.03 (477)    | 2.5-8.7 (268)     |         | 0.025 <sup>c</sup>                        |
|   | on discharge |                                 | 4.2±0.59          | 4.4±0.76          | 4.4±0.7           | <0.0001 | 0.004 <sup>a</sup> , <0.0001 <sup>b</sup> |
|   |              |                                 | 2.0-7.4 (1294)    | 2.3-7.0 (477)     | 2.5-6.6 (268)     |         | 0.334 <sup>c</sup>                        |
| Mg (1483)   | on admission | mg/dL                           | 2.1±0.35          | 2.1±0.44          | 2.0±0.41          | 0.402   | N/A                                       |
|   |              |                                 | 0.9-5.2 (927)     | 1.3-4.1 (346)     | 1.1-4.0 (210)     |         |   |
|   | on discharge |                                 | 2.0±0.33          | 2.0±0.44          | 2.0±0.4           | 0.468   | N/A                                       |
|   |              |                                 | 0.8-5.2 (927)     | 1.1-4.2 (346)     | 1.0-4.0 (210)     |         |   |
| Cl (665)  | on admission | mg/dL                           | 103.1±5.45        | 102.3±6.91        | 103.1±8.89        | 0.469   | N/A                                       |
|   |              |                                 | 80-121            | 66-127 (155)      | 79-140 (96)       |         |   |
|   | on discharge |                                 | 102.7±5.26        | 102.4±6.97        | 104.4±8.37        | 0.127   | N/A                                       |

|                      |              |                      |  |  |   |         |   |
|----------------------|--------------|----------------------|--|--|---|---------|---|
|                      |              |                      | 80-128 (414)   | 66-127 (155)   | 76-135 (96)   |         |   |
| CRP (2020)           | on admission | mg/L                 | 76.6±84.58<br>0.13-531.6 (1275)                                    | 83.2±86.63<br>0.3-538.6 (477)                                    | 76.5±81.18<br>0.4-390.9 (268)                                   | 0.341   | N/A   |
|                      | on discharge |                      | 48.3±79.16<br>0.13-497 (1275)                                      | 72.6±94.48<br>0.22-538.6 (477)                                   | 74.4±86.84<br>0.4-431.9 (268)                                   | <0.0001 | <0.0001 <sup>a,b</sup> , 0.961 <sup>c</sup>   |
| Procalcitonin (1275) | on admission | ng/mL                | 0.8±4.48<br>0.01-61.3 (919)  | 1.8±12.02<br>0.01-196.0 (344)                                    | 1.5±6.09<br>0.01-60.8 (212)                                     | 0.136   | N/A   |
|                      | on discharge |                      | 0.9±5.08<br>0.01-75.2 (919)  | 1.6±6.33<br>0.01-81.1 (344)                                      | 1.2±5.0<br>0.01-60.8 (212)                                      | 0.178   | N/A   |
| IL-6 (702)           | on admission | pg/mL                | 61.3±424.31<br>2-9099 (480)  | 43.2±63.64<br>2-499 (143)  | 64.0±96.14<br>2-421 (79)  | 0.179   | N/A   |
|                      | on discharge |                      | 61.3±433.58<br>2-9099 (480)  | 40.0±74.16<br>2-499 (143)  | 76.6±159.21<br>2-1000 (79)                                      | 0.112   | N/A   |
| ESR (133)            | on admission | mm/h                 | 39.2±34.13<br>2-139 (67)   | 30.3±25.47<br>1-100 (39)   | 43.5±33.18<br>3-128 (27)  | 0.152   | N/A   |
|                      | on discharge |                      | 35.4±31.18<br>1-139 (67)   | 31.3±26.48<br>1-100 (39)   | 44.6±31.04<br>5-126 (27)  | 0.202   | N/A   |
| d-dimer (1579)       | on admission | µg/L                 | 3.7±12.19<br>0.15-132.8 (1002)                                     | 6.5±16.76<br>0.2-127.2 (373)                                     | 5.4±17.25<br>0.22-128.0 (204)                                   | 0.00951 | 0.01 <sup>a</sup> , 0.387 <sup>b</sup><br>0.741 <sup>c</sup>                                |
|                      | on discharge |                      | 3.2±10.74<br>0.15-128.0 (1002)                                     | 5.6±13.29<br>0.21-106.02 (373)                                   | 3.7±9.24<br>0.21-107.54 (204)                                   | 0.00707 | 0.005 <sup>a</sup> , 0.8 <sup>b</sup><br>0.095 <sup>c</sup>                                 |
| PT (1925)            | on admission | %                    | 87.8±19.09<br>7-148 (1227)   | 79.7±21.3<br>7-131 (446)   | 71.5±26.47<br>2-124 (252)                                       | <0.0001 | <0.0001 <sup>a,b,c</sup>  |
|                      | on discharge |                      | 87.9±19.25<br>7-148 (1227)   | 79.5±20.0<br>4-126 (446)   | 74.3±23.0<br>2-131 (252)  | <0.0001 | <0.0001 <sup>a,b</sup><br>0.008 <sup>c</sup>  |
| INR (1925)           | on admission | >1.5<br>≤1.5         | 41/1228 (3.3%)<br>1187/1228 (96.7%)                                | 46/445 (10.3%)<br>399/445 (89.7%)                                | 56/252 (22.2%)<br>196/252 (77.8%)                               | <0.0001 | <0.0001 <sup>a,b,c</sup>  |
|                      |              |                      | 1.1±0.48<br>0.82-15.2 (1228)                                       | 1.3±0.6<br>0.87-7.8 (445)  | 1.8±2.44<br>0.89-21.1 (252)                                     | <0.0001 | <0.0001 <sup>a,b,c</sup>  |
|                      | on discharge | >1.5<br>≤1.5<br>≤1.5 | 49/1228 (4.0%)<br>1179/1228 (96.0%)<br>1.1±0.39<br>0.82-9.2 (1228) | 40/445 (9.0%)<br>405/445 (91.0%)<br>1.27±0.76<br>0.88-13.1 (445) | 4/252 (17.5%)<br>208/252 (82.5%)<br>1.4±1.44<br>0.87-21.1 (252) | <0.0001 | <0.0001 <sup>a,b</sup><br>0.0044 <sup>c</sup><br>0.002 <sup>a,b</sup><br>0.154 <sup>c</sup> |
| aPTT (1868)          | on admission |                      | 34.4±14.8<br>15.2-250.4 (1192)                                     | 33.5±10.0<br>16.8-150.1 (431)                                    | 39.2±22.7<br>17.2-250.7 (245)                                   | 0.001   | 0.355 <sup>a</sup> , 0.005 <sup>b</sup><br>0.00074 <sup>c</sup>                             |
|                      |              | >60 s<br>≤60 s       | 28/1192 (2.3%)<br>1164/1192 (97.7%)                                | 7/431 (1.6%)<br>424/431 (98.4%)                                  | 11/245 (4.5%)<br>234/245 (95.5%)                                | 0.0634  | N/A   |
|                      | on discharge |                      | 35.7±17.5<br>16.6-283.2 (1192)                                     | 35.1±11.2<br>16.6-138.8 (431)                                    | 38.7±20.9<br>17.2-230.5 (245)                                   | 0.0453  | 0.732 <sup>a</sup> , 0.087 <sup>b</sup><br>0.035 <sup>c</sup>                               |
|                      |              | >60 s<br>≤60 s       | 46/1192 (3.8%)<br>1146/1192 (96.1%)                                | 8/431 (1.9%)<br>423/431 (98.1%)                                  | 12/245 (4.9%)<br>233/245 (95.1%)                                | 0.0718  | N/A   |
| Fibrinogen (420)     | on admission | g/dl                 | 4.9±1.85<br>0.35-10 (285)  | 4.7±1.82<br>0.35-9.2 (81)  | 4.5±1.66<br>1.78-9.1 (54)                                       | 0.316   | N/A   |
|                      | on discharge |                      | 4.7±1.96<br>0.44-10 (285)  | 5.0±2.22<br>0.35-11.3 (81)                                       | 4.9±1.94<br>1.53-9.04 (54)                                      | 0.659   | N/A   |
| Ferritin (969)       | on admission | ng/ml                | 964.7±1732.2<br>8-37400 (625)                                      | 806.9±965.38<br>8-7316 (218)                                     | 764.9±863.78<br>15.7-5910 (126)                                 | 0.146   | N/A   |
|                      | on discharge |                      | 915.2±1824.14<br>8-37400 (625)                                     | 808.3±1029.8<br>8-7970 (218)                                     | 2064.6±10327.03<br>17-103000 (126)                              | 0.245   | N/A   |
| Tsat (174)           | on admission | %                    | 25.3±23.65<br>2.38-200 (88)  | 20.6±15.71<br>0-68.3 (50)  | 22.03±15.3<br>0-61.7 (36)                                       | 0.377   | N/A   |
|                      | on discharge |                      | 24.5±15.9  | 21.8±16.16   | 20.1±13.92  | 0.3     | N/A   |

|                     |              |                                |                                 |                               |                              |                         |  |
|---------------------|--------------|--------------------------------|---------------------------------|-------------------------------|------------------------------|-------------------------|--|
|                     |              |                                | 3.1-86.9 (88)                   | 0-68.3 (50)                   | 0-50.2 (36)                  |                         |  |
| Fe (262)            | on admission |                                | 55.7±39.58<br>10-178 (127)      | 46.6±38.73<br>10-197 (77)     | 49.07±44.1<br>10-314<br>(58) | 0.251                   | N/A  |
|                     |              | on discharge                   | 58.6±47.49<br>10-366 (127)      | 47.1±37.95<br>10-197 (77)     | 48.6±45.31<br>5-320 (58)     | 0.137                   | N/A  |
| sTfR (49)           | on admission | mg/L                           | 1.6±1.1<br>0.4-5.2 (17)         | 1.4±0.62<br>0.79-2.94 (20)    | 1.7±0.89<br>0.94-4.0 (12)    | 0.594                   | N/A  |
|                     |              | on discharge                   | 1.6±1.1<br>0.4-5.2 (17)         | 1.4±0.6<br>0.79-2.94 (20)     | 1.7±0.89<br>0.94-4.0 (12)    | 0.544                   | N/A  |
| Vit. B12 (278)      | on admission | pg/ml                          | 742±1084.22<br>131-6000 (127)   | 563.4±755.85<br>109-5907 (82) | 580.5±622.9<br>109-4344 (69) | 0.315                   | N/A  |
|                     |              | on discharge                   | 703.8±912.66<br>1131-6000 (127) | 635.0±764.43<br>109-5907 (82) | 614.6±611.6<br>109-4344 (69) | 0.705                   | N/A  |
| FA (278)            | on admission | ng/L                           | 7.3±4.6<br>1.5-24 (125)         | 7.7±5.27<br>1.8-24 (81)       | 7.7±6.0<br>1-24 (72)         | 0.797                   | N/A  |
|                     |              | on discharge                   | 7.5±4.68<br>1.6-24 (125)        | 8.3±5.64<br>1.38-24 (81)      | 8.9±6.6<br>1-24 (72)         | 0.226                   | N/A  |
| <b>Biochemistry</b> |              |                                |                                 |                               |                              |                         |  |
| Glucose (1760)      | on admission | mg/dL                          | 134.9±74.88<br>28-933 (1064)    | 151.1±92.0<br>47-1026 (449)   | 150.7±98.49<br>37-1064 (247) | 0.00084                 | 0.003 <sup>a</sup> , 0.049 <sup>b</sup><br>0.998 <sup>c</sup>    |
|                     |              | on discharge                   | 124.0±70.64<br>37-1444 (1064)   | 142.5±83.16<br>47-596 (449)   | 144.2±77.3<br>14-685 (247)   | <0.0001                 | 0.0001 <sup>a</sup> , 0.00057 <sup>b</sup><br>0.961 <sup>c</sup> |
| HbA1c (263)         | on admission | %                              | 7.6±2.31<br>4.2-14.9 (127)      | 7.5±2.19<br>4.8-16.6 (75)     | 7.3±1.77<br>5.1-13.7 (61)    | 0.505                   | N/A  |
|                     |              | on discharge                   | 7.5±2.22<br>4.2-14.9 (127)      | 7.5±2.19<br>4.7-16.8 (75)     | 7.3±1.78<br>5.1-13.7 (61)    | 0.744                   | N/A  |
| Urea (1859)         | on admission | mg/dL                          | 42.9±36.0<br>5-307 (1146)       | 64.4±49.48<br>8-353 (455)     | 77.2-53.6<br>12-369 (258)    | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.005 <sup>c</sup>                    |
|                     |              | on discharge                   | 40.9±31.89<br>5-307 (1146)      | 66.3±54.16<br>10-396 (455)    | 78.2±52.16<br>15-342 (258)   | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.011 <sup>c</sup>                    |
| Creatinine (1963)   | on admission |                                | 1.15±1.18<br>0.26-14.87 (1217)  | 1.45±1.3<br>0.48-12.66 (478)  | 1.8±1.58<br>0.44-11.3 (268)  | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.005 <sup>c</sup>                    |
|                     |              | ≥5 mg/dL                       | 23/1217 (1.9%)                  | 17/478 (3.6%)                 | 12/268 (4.5%)                | <0.0001                 | <0.0001 <sup>a, b</sup>  |
|                     |              | >2.0 mg/dL                     | 84/1217 (6.9%)                  | 68/478 (14.2%)                | 69/268 (25.7%)               |                         | 0.00043 <sup>c</sup>   |
|                     |              | < 2.0                          | 1133/1217 (93.1%)               | 410/478 (85.8%)               | 199/268 (74.3%)              |                         |  |
|                     | on discharge |                                | 1.08±1.05<br>0.26-14.87 (1217)  | 1.43±1.36<br>0.43-12.35 (478) | 1.66±1.42<br>0.43-7.27 (268) | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.09 <sup>c</sup>                     |
|                     |              | ≥5 mg/dL                       | 19/1217 (1.6%)                  | 14/478 (2.9%)                 | 11/268 (4.1%)                | <0.0001                 | <0.0001 <sup>a, b</sup>  |
| eGFR (1958)         | on admission | ml/min/<br>1.73 m <sup>2</sup> | 85.0±34.34<br>0-433 (1212)      | 62.0±28.76<br>4-149 (478)     | 52.8±29.72<br>5-180 (268)    | <0.0001                 | <0.0001 <sup>a, b</sup><br>0.0001 <sup>c</sup>                   |
|                     |              | <60                            | 236/1212 (19.5%)                | 214/478 (44.8%)               | 166/268 (61.9%)              | <0.0001                 | <0.0001 <sup>a, b, c</sup>                                       |
|                     |              | ≥60                            | 975/1212 (80.5%)                | 264/478 (55.2%)               | 102/268 (38.1%)              |                         |  |
|                     |              | on discharge                   | 89.3±34.71<br>0-433 (1212)      | 65.4±31.0<br>4-208 (478)      | 58.4±33.07<br>5-209 (268)    | <0.0001                 | <0.0001 <sup>a, b, c</sup>                                       |
|                     | <60          | 189/1212 (15.6%)               | 188/478 (39.3%)                 | 145/268 (54.1%)               | <0.0001                      | <0.0001 <sup>a, b</sup> |  |
|                     | ≥60          | 1023/1212 (84.4%)              | 290/478 (60.7%)                 | 123/268 (45.9%)               |                              | 0.0004 <sup>c</sup>     |  |
| TP (1958)           | on admission | g/L                            | 6.1±0.84<br>3.5-8.2 (332)       | 5.9±0.92<br>3.6-9.5 (152)     | 5.7±0.87<br>3.3-8.2 (123)    | <0.0001                 | 0.344 <sup>a</sup> , 0.002 <sup>b</sup><br>0.165 <sup>c</sup>    |
|                     |              | on discharge                   | 6.0±0.87                        | 5.8±0.91                      | 5.6±0.9                      | <0.0001                 | 0.09 <sup>a</sup>  |

|   |                        |                     |                     |                  |                   |                 |   |                         |
|---|------------------------|---------------------|---------------------|------------------|-------------------|-----------------|---|-------------------------|
|   |                        |                     | 3-8.2 (332)         | 3.7-9.1 (152)    | 3.3-8.1 (123)     |                 | <0.0001 <sup>b</sup> , 0.07 <sup>c</sup>  |                         |
| Albumin (665)                               | on admission           | g/L                 | 3.2±0.6             | 3.1±0.55         | 3.0±0.61          | 0.00652         | 0.488 <sup>a</sup> , 0.005 <sup>b</sup>   |                         |
|   |                        |                     | 1.5-5.1 (375)       | 1.1-4.4 (160)    | 0.7-4.9 (130)     |                 | 0.123 <sup>c</sup>                        |                         |
|   | on discharge           |                     | 3.1±0.67            | 3.0±0.56         | 2.8±0.61          | 0.0009          | 0.632 <sup>a</sup> , 0.00059 <sup>b</sup> |                         |
|   |                        |                     | 0.4-5.1 (375)       | 1.7-4.4 (160)    | 0.9-4.5 (130)     |                 | 0.019 <sup>c</sup>                        |                         |
| UA (623)                                    | on admission           | mg/dL               | 5.5±2.54            | 6.5±3.0          | 6.6±2.44          | <0.0001         | 0.0008 <sup>a</sup> , 0.0001 <sup>b</sup> |                         |
|   |                        |                     | 1.4-23.6 (348)      | 1.7-18.4 (160)   | 1.7-13.6 (115)    |                 | 0.934 <sup>c</sup>                        |                         |
|   | on discharge           |                     | 5.2±2.28            | 6.2±3.03         | 6.3±2.32          | <0.0001         | 0.001 <sup>a</sup> , 0.0001 <sup>b</sup>  |                         |
|   |                        |                     | 1.1±20.4 (348)      | 1.9-18.6 (160)   | 1.7-13.2 (115)    |                 | 0.97 <sup>c</sup>                         |                         |
| AST (1443)                                  | on admission           | IU/L                | 60.1±113.94         | 66.5±258.19      | 86.1±324.26       | 0.477           | N/A                                       |                         |
|   |                        |                     | 5-2405 (884)        | 7-4776 (347)     | 8-3866 (212)      |                 |   |                         |
|   | on discharge           |                     | 92.2±842.08         | 71.8±360.57      | 122.4±568.21      | 0.485           | N/A                                       |                         |
|   |                        |                     | 5-23896 (884)       | 8-6591 (347)     | 7-6088 (212)      |                 |   |                         |
| ALT (1590)                                  | on admission           | IU/L                | 54.9±92.79          | 49.0±190.0       | 51.7±143.3        | 0.813           | N/A                                       |                         |
|   |                        |                     | 4-1411 (973)        | 4-3700(391)      | 5-1361 (226)      |                 |   |                         |
|   | on discharge           |                     | 70.4±193.78         | 50.2±90.43       | 72.7±261.64       | 0.0229          | 0.024 <sup>a</sup> , 0.992 <sup>b</sup>   |                         |
|   |                        |                     | 4-5163 (973)        | 5-1247 (391)     | 5-2985 (226)      |                 | 0.425 <sup>c</sup>                        |                         |
| ALP (829)                                   | on admission           | U/L                 | 94.2±109.9          | 81.3±71.0        | 91.9±73.9         | 0.169           | N/A                                       |                         |
|   |                        |                     | 22-1503 (503)       | 28-723 (194)     | 13-500 (129)      |                 |   |                         |
|   | on discharge           |                     | 94.0±111.0          | 81.6±56.82       | 91.8±63.51        | 0.113           | N/A                                       |                         |
|   |                        |                     | 22-1467 (503)       | 28-526 (194)     | 28-417 (129)      |                 |   |                         |
| GGTP (1352)                                 | on admission           | U/L                 | 91.7±161.74         | 74.6±105.73      | 73.0±108.17       | 0.0538          | N/A                                       |                         |
|   |                        |                     | 6-2532 (828)        | 8-975 (333)      | 9-687 (191)       |                 |   |                         |
|   | on discharge           |                     | 95.1±136.28         | 82.4±120.44      | 76.1±115.87       | 0.0843          | N/A                                       |                         |
|   |                        |                     | 6-1771 (828)        | 7-1091 (333)     | 6-1207 (191)      |                 |   |                         |
| LDH (1232)                                  | on admission           | U/L                 | 430.0±378.19        | 391.3±201.86     | 441.3±733.17      | 0.0869          | N/A                                       |                         |
|   |                        |                     | 50-7100 (776)       | 44-1357 (286)    | 71-9505 (170)     |                 |   |                         |
|   | on discharge           |                     | 388.4±566.69        | 370.6±207.76     | 457.7±814.13      | 0.327           | N/A                                       |                         |
|   |                        |                     | 50-11227 (776)      | 44-1584 (286)    | 97-9505 (170)     |                 |   |                         |
| <b>Cardiac biomarkers</b>                   |                        |                     |                     |                  |                   |                 |   |                         |
| BNP (359)                                   | on admission           | pg/ml               | 220.0±638.68        | 444.4±808.15     | 1020.7±239.36     | 0.0002          | 0.051 <sup>a</sup> , 0.0008 <sup>b</sup>  |                         |
|   |                        |                     | 1.7-6924.2 (161)    | 3-4890.6 (100)   | 5.9-13368.4 (98)  |                 | 0.028 <sup>c</sup>                        |                         |
|   | on discharge           |                     | 219.0±368.79        | 466.2±1206.0     | 933.8±1911.84     | 0.000716        | 0.145 <sup>a</sup> , 0.001 <sup>b</sup>   |                         |
|   |                        |                     | 1.7-6924.2 (161)    | 3-10662.8(100)   | 11.9-13368.4 (98) |                 | 0.103 <sup>c</sup>                        |                         |
| NT-proBNP (379)                             | on admission           | ng/ml               | 1888.8±7779.04      | 8483.2±14594.98  | 14121.7±19061.73  | <0.0001         | <0.0001 <sup>a, b</sup>                   |                         |
|   |                        |                     | 12-70000 (172)      | 18.2-70000 (109) | 119.6-70000 (98)  |                 | 0.049 <sup>c</sup>                        |                         |
|   | on discharge           |                     | 1821.5±6819.5       | 9269.8±15684.9   | 13186.2±17523.6   | <0.0001         | <0.0001 <sup>a, b</sup>                   |                         |
|   |                        |                     | 12-70000 (172)      | 18.2-70000 (109) | 119.6-70000 (98)  |                 | 0.213 <sup>c</sup>                        |                         |
| Troponin T (1176)<br>(F ≤ 15.6<br>M ≤ 34.2) | on admission           | pg/ml               | 136.6±807.93        | 1706.7±1163.78   | 761.7±2633.94     | 0.00043         | 0.05 <sup>a</sup> , 0.004 <sup>b</sup>    |                         |
|   |                        |                     | 0-11758.2 (678)     | 1-125593 (305)   | 3.3-21022.9 (191) |                 | 0.361 <sup>c</sup>                        |                         |
|   |                        |                     | ≤5-fold upper range | 611/678 (90.1%)  | 239/305 (78.4%)   | 138/191 (72.3%) | <0.0001                                   | <0.0001 <sup>a, b</sup> |
|   |                        |                     | >5-fold upper range | 67/678 (9.9%)    | 66/305 (21.6%)    | 53/191 (27.7%)  |   | 0.448 <sup>c</sup>      |
|   | on discharge           |                     | 116.9±827.21        | 1864.3±1329.37   | 662.9±2784.48     | 0.00237         | 0.058 <sup>a</sup> , 0.022 <sup>b</sup>   |                         |
|   |                        |                     | 0.2-12391.6 (678)   | 0.8-174653 (305) | 1.8-29828.3 (191) |                 | 0.28 <sup>c</sup>                         |                         |
|   | during hospitalization | ≤5-fold upper limit | 588/678 (86.7%)     | 232/305 (76.1%)  | 129/191 (67.5%)   | <0.0001         | 0.0001 <sup>a</sup> , <0.000 <sup>b</sup> |                         |
|   |                        | >5-fold upper limit | 90/678 (13.3%)      | 73/305 (23.9%)   | 62/191 (32.5%)    |                 | 0.146 <sup>c</sup>                        |                         |
| cLDL (456)                                  | on admission           |                     | 99.8±50.97          | 87.2±40.59       | 74.8±42.29        | <0.0001         | 0.028 <sup>a</sup> , <0.0001 <sup>b</sup> |                         |
|   |                        |                     | 6-510 (233)         | 17-230 (129)     | 6-210 (88)        |                 | 0.085 <sup>c</sup>                        |                         |



|                   |              |            |                               |                              |                              |         |   |
|-------------------|--------------|------------|-------------------------------|------------------------------|------------------------------|---------|---|
|                   |              | >115 mg/dL | 74/233 (31.8%)                | 30/129 (23.3%)               | 14/88 (15.9%)                | 0.0105  | 0.335 <sup>a</sup> , 0.0208 <sup>b</sup>                        |
|                   |              | ≤115 mg/dL | 159/233 (68.2%)               | 97/129 (76.7%)               | 74/88 (84.1%)                |         | 0.751 <sup>c</sup>  |
| cHDL (452)        | on admission | mg/dl      | 39.9±16.1<br>2-120 (237)      | 40.2±15.37<br>7-110 (129)    | 37.2±15.0<br>8-79 (86)       | 0.306   | N/A   |
| TG (641)          | on admission |            | 178.9±123.96<br>40-1100 (360) | 144.5±96.41<br>48-595 (164)  | 129.6±61.6<br>46-413 (117)   | <0.0001 | 0.002 <sup>a</sup> , <0.0001 <sup>b</sup><br>0.258 <sup>c</sup> |
|                   |              | >150 mg/dL | 177/360 (49.2%)               | 50/164 (30.5%)               | 37/117 (31.6%)               | <0.0001 | 0.0003 <sup>a</sup> , 0.004 <sup>b</sup>                        |
|                   |              | ≤150 mg/dL | 183/360 (50.8%)               | 114/164 (69.5%)              | 80/117 (68.4%)               |         | 1.0 <sup>c</sup>  |
| <b>Hormones</b>   |              |            |                               |                              |                              |         |   |
| 25-OH-vit.D (474) | on admission | ng/mL      | 24.7±17.57<br>3.5-146.1 (305) | 24.8±16.5<br>3.5-77.7 (108)  | 19.2±14.72<br>3.5-63.5 (61)  | 0.0296  | 0.999 <sup>a</sup> , 0.029 <sup>b</sup><br>0.063 <sup>c</sup>   |
| TSH (820)         | on admission | mIU/L      | 1.3±1.54<br>0-18.6 (441)      | 1.6±2.46<br>0.01-28.81 (232) | 2.2±3.96<br>0-38.24 (147)    | 0.02904 | 0.47 <sup>a</sup> , 0.035 <sup>b</sup><br>0.197 <sup>c</sup>    |
| ft4 (339)         | on admission | pmol/L     | 12.7±2.91<br>6.68-33.47 (184) | 12.8±3.39<br>5.92-36.6 (92)  | 13.4±4.06<br>7.87-35.46 (63) | 0.430   | N/A   |
| ft3 (315)         | on admission | pmol/L     | 2.3±1.89<br>0.95-25.25 (177)  | 1.85±0.76<br>0.95-4.45 (84)  | 1.76±1.02<br>0.95-6.85 (54)  | 0.015   | 0.01 <sup>a</sup> , 0.156 <sup>b</sup><br>0.755 <sup>c</sup>    |
| ACTH (10)         | on admission |            | 12.0±11.58<br>5-32.2 (5)      | 19.4±4.21<br>16.5-24.2 (3)   | 19.2±10.96<br>11.4-26.9 (2)  | 0.589   | N/A   |
| Cortisol (120)    | on admission | µg/dL      | 13.5±16.11<br>0.1-119.6 (80)  | 15.0±13.46<br>1-59.8 (23)    | 12.4±7.83<br>0.9-29.6 (17)   | 0.743   | N/A   |

Continuous variables are presented as: mean ± SD. range (minimum -maximum) and number of non-missing values. Categorized variables are presented as: a number with a percentage. Information about the numbers with valid values is provided in the left column. Abbreviations: N-valid measurements. n - number of patients with parameter above cut-off point. SD - standard deviation, FA – folic acid, Hb – hemoglobin, HbA1c – glycated hemoglobin, LA – lactate acidosis, LACT – lactates, LEU – leucocytes, LYMPH – lymphocytes, MCV – mean corpuscular volume, MCH – mean corpuscular hemoglobin, MCHC – mean corpuscular hemoglobin concentration, NEUTR – neutrophils, PLT – platelets, PT – prothrombin rate, RETICU – reticulocytes, UA – uric acid, TP – total protein, N/A – non-applicable. a – low- vs. medium-risk, b – low- vs. high-risk, c – medium- vs. high-risk

**Table S4.** Therapies used during hospitalization

| variables. Units (N)                    | Low risk [0-1]           | Medium risk [2-3]        | High risk [>4]           | Omnibus<br><i>p</i> -value | <i>p</i> -value<br>(for post-hoc analysis)                        |
|---|--------------------------|--------------------------|--------------------------|----------------------------|---|
|   | n/N (% of risk category) | n/N (% of risk category) | n/N (% of risk category) |                            |   |
| <b>Applied treatment and procedures</b> |                          |                          |                          |                            |   |
| <b>systemic CCS (2184)</b>              | 708/1418 (49.9%)         | 246/492 (50.0%)          | 142/274 (51.8%)          | 0.844                      | N/A   |
| <b>Convalescent plasma (2184)</b>       | 167/1418 (11.8%)         | 41/492 (8.3%)            | 31/274 (11.3%)           | 0.106                      | N/A   |
| <b>TCZB (2184)</b>                      | 22/1418 (1.6%)           | 2/492 (0.4%)             | 1/274 (0.4%)             | 0.063                      | N/A   |
| <b>RDV (2184)</b>                       | 236/1418 (16.6%)         | 72/492 (14.6%)           | 356/274 (12.8%)          | 0.208                      | N/A   |
| <b>Antibiotic (2184)</b>                | 747/1418 (52.7%)         | 303/492 (61.6%)          | 191/274 (69.7%)          | <0.0001                    | 0.0023 <sup>a</sup> , <0.0001 <sup>b</sup><br>0.0893 <sup>c</sup> |

Categorized variables are presented as: a number with a percentage. Information regarding the numbers with valid values is provided in the left column.

Abbreviations: N-valid measurements. n - number of patients with parameters above cut-off point. SD – standard deviation. N/A – non-applicable, CCS – corticosteroid, TCZB – tocilizumab, RDV – remdesivir, a – *low-* vs. *medium-risk*, b – *low-* vs. *high-risk*, c – *medium-* vs. *high-risk*

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**Table S5.** Applied treatment and procedures.

| variables, units (N)  | Low risk [0-1]<br>mean±SD<br>min-max (N) or<br>n/N (% of risk<br>category) | Medium risk [2-3]<br>mean±SD<br>min-max (N) or<br>n/N (% of risk<br>category) | High risk [>4]<br>mean±SD<br>min-max (N) or<br>n/N (% of risk<br>category) | Omnibus<br><i>p</i> -value | <i>p</i> -value (for post-<br>hoc analysis)                     |
|---|--|---|--|----------------------------|---|
| <b>Applied treatment and procedures</b>                       |  |   |  |                            |   |
| The most ARS during hospitalization (2181)                    |  |   |  |                            |   |
| • no oxygen   | 742/1416 (52.4%)   | 202/491 (41.1%)   | 89/274 (32.5%)   | <0.0001                    | <0.0001 <sup>a, b</sup><br>0.212 <sup>c</sup>                   |
| • high-flow nasal cannula (non-invasive ventilation)          | 65/1416 (4.6%)   | 39/491 (7.9%)   | 27/274 (9.9%)  |                            |   |
| • invasive ventilation  | 141/1416 (10.0%)   | 49/491 (10.0%)  | 22/274 (8.0%)  |                            |   |
| Oxygenation parameters from the qualification period for ARS: |  |   |  |                            |   |
|   | 90.6±7.9   | 86.5±9.7  | 85.6±9.96  |                            | <0.0001 <sup>a, b</sup>   |
| • SpO <sub>2</sub> (632)                                      | 50 – 100 (411)   | 55 – 99 (133)   | 59 – 99 (88)   | <0.0001                    | 0.78 <sup>c</sup>   |
| • RR, breaths/minute (105)                                    | 26.5±8.5<br>14 – 50 (55)   | 29.7±13.9<br>13 – 66 (28)   | 29.5±12.87<br>14 – 72 (22)   | 0.3799                     | N/A   |
| Duration of MV, days (1389)                                   | 2.1±7.65<br>0 – 91 (925)   | 1.4±5.19<br>0 – 51 (296)  | 1.2±4.12<br>0 – 29 (168)   | 0.051                      | N/A   |
| Therapy with CA (2184)  | 131/1418 (9.2%)  | 45/492 (9.1%)   | 42/274 (15.3%)   | 0.0068                     | 1.0 <sup>a</sup> , 0.0099 <sup>b</sup> ,<br>0.041 <sup>c</sup>  |
| Coronary angiography (2184)                                   | 10/1418 (0.7%)   | 12/492 (2.4)  | 8/274 (2.9)  | 0.00092                    | <0.0148 <sup>a</sup> , <0.0127 <sup>b</sup><br>1.0 <sup>c</sup> |
| Coronary revascularization (2184)                             | 8/1418 (0.6%)  | 11/492 (2.2%)   | 7/274 (2.6%)   | 0.00069                    | <0.0085 <sup>a</sup> , <0.0162 <sup>b</sup><br>1.0 <sup>c</sup> |
| Hemodialysis (2184)   | 47/1418 (3.3%)   | 12/492 (2.6%)   | 12/274 (4.4%)  | 0.434                      | N/A   |

Continuous variables are presented as mean ± SD, range (min-max), and non-missing values. Categorized variables are presented as a percentage. Information about the numbers with valid values is provided in the left column.

Abbreviations: N – valid measurements, n – number of patients with parameter above cut-off point, SD – standard deviation, ANOVA – analysis of variance, ARS – advanced respiratory support, CA – catecholamines MV – mechanical ventilation, RR – respiratory rate, N/A – non-applicable, a – *low*- vs. *medium*-risk, b – *low*- vs. *high*-risk, c – *medium*- vs. *high*-risk

**Table S6.** The Log-rank statistics for best matching the C2HEST risk strata for a total mortality.

|           | h2       | h3       | <b>h4</b>       | h5       | h6       | h7       | h8       |
|-----------|----------|----------|-----------------|----------|----------|----------|----------|
| m1        | 293.6412 | 262.6541 | 248.5854        | 218.7096 | 185.0598 | 174.1676 | 13.13543 |
| <b>m2</b> |          | 288.5471 | <b>300.8929</b> | 295.2091 | 283.35   | 281.2464 | 16.7678  |
| m3        |          |          | 224.9257        | 221.4446 | 213.1684 | 212.2898 | 14.57013 |
| m4        |          |          |                 | 156.288  | 155.0826 | 155.259  | 12.44789 |
| m5        |          |          |                 |          | 92.64759 | 92.03033 | 9.556165 |
| m6        |          |          |                 |          |          | 29.7152  | 5.43322  |
| m7        |          |          |                 |          |          |          | 2.190821 |

m-medium. h-high, bold text – statistically significant values

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**Table S7.** The Log-rank statistics for the best matching the C2HEST risk strata for a in-hospital mortality.

|    | h2       | h3       | h4              | h5       | h6       | h7       | h8       |
|----|----------|----------|-----------------|----------|----------|----------|----------|
| m1 | 76.14871 | 73.07586 | 62.72731        | 54.0316  | 41.54258 | 34.21328 | 5.393144 |
| m2 |          | 83.28625 | <b>86.20881</b> | 85.94467 | 81.30488 | 78.90106 | 8.726322 |
| m3 |          |          | 74.88727        | 76.14353 | 73.52639 | 72.42844 | 8.393051 |
| m4 |          |          |                 | 54.07173 | 53.20158 | 53.21931 | 7.21509  |
| m5 |          |          |                 |          | 37.01716 | 37.47576 | 6.072637 |
| m6 |          |          |                 |          |          | 18.82582 | 4.28475  |
| m7 |          |          |                 |          |          |          | 2.635721 |

m-medium, h-high, bold text – statistically significant values

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**Table S8.** Odds ratios for quantifying the strength of the association between CH2EST-score and study endpoints and adverse events.

| <b>Endpoint</b>                         | <b>Comparison</b> | <b>OR</b> | <b>CI min.</b> | <b>CI max.</b> | <b>P-value</b> |
|---|-------------------|-----------|----------------|----------------|----------------|
| End of hospitalization - death          | overall           | 1.502     | 1.408          | 1.603          | < 0.0001       |
|   | low vs medium     | 3.143     | 2.367          | 4.173          | < 0.0001       |
|   | low vs high       | 5.982     | 4.383          | 8.164          | < 0.0001       |
| End of hospitalization – deterioration  | overall           | 1.160     | 1.081          | 1.242          | < 0.0001       |
|   | low vs medium     | 2.260     | 1.700          | 2.994          | < 0.0001       |
|   | low vs high       | 1.760     | 1.209          | 2.522          | 0.0025         |
| End of hospitalization - rehabilitation | overall           | 1.005     | 0.928          | 1.084          | 0.9067         |
|   | low vs medium     | 1.140     | 0.834          | 1.543          | 0.4017         |
|   | low vs high       | 0.921     | 0.600          | 1.371          | 0.6956         |
| End of hospitalization – full recovery  | overall           | 0.712     | 0.673          | 0.752          | < 0.0001       |
|   | low vs medium     | 0.346     | 0.280          | 0.427          | < 0.0001       |
|   | low vs high       | 0.258     | 0.196          | 0.337          | < 0.0001       |
| Shock – all-cause                       | overall           | 1.137     | 1.046          | 1.233          | 0.0022         |
|   | low vs medium     | 1.239     | 0.856          | 1.766          | 0.2453         |
|   | low vs high       | 1.644     | 1.074          | 2.459          | 0.0182         |
| Cardiogenic shock                       | overall           | 1.632     | 1.384          | 1.928          | < 0.0001       |
|   | low vs medium     | 4.610     | 1.805          | 12.590         | 0.0017         |
|   | low vs high       | 10.854    | 4.471          | 28.878         | < 0.0001       |
| Septic shock                            | overall           | 1.088     | 0.986          | 1.196          | 0.0848         |
|   | low vs medium     | 0.970     | 0.623          | 1.469          | 0.8875         |
|   | low vs high       | 1.304     | 0.784          | 2.081          | 0.2846         |
| PE                                      | overall           | 1.041     | 0.932          | 1.155          | 0.4631         |
|   | low vs medium     | 1.037     | 0.654          | 1.597          | 0.8738         |
|   | low vs high       | 0.995     | 0.543          | 1.707          | 0.9861         |
| DVT                                     | overall           | 1.027     | 0.922          | 1.138          | 0.6139         |
|   | low vs medium     | 1.044     | 0.669          | 1.589          | 0.8432         |
|   | low vs high       | 0.932     | 0.510          | 1.593          | 0.8059         |
| MI                                      | overall           | 1.413     | 1.170          | 1.696          | 0.0002         |
|   | low vs medium     | 3.657     | 1.434          | 9.629          | 0.0066         |
|   | low vs high       | 5.301     | 1.935          | 14.525         | 0.0009         |
| Myocardial injury                       | overall           | 1.367     | 1.271          | 1.472          | < 0.0001       |
|   | low vs medium     | 2.367     | 1.729          | 3.241          | < 0.0001       |
|   | low vs high       | 4.183     | 2.951          | 5.937          | < 0.0001       |
| Acute HF                                | overall           | 2.036     | 1.805          | 2.312          | < 0.0001       |
|   | low vs medium     | 8.250     | 3.795          | 19.863         | < 0.0001       |
|   | low vs high       | 35.559    | 17.502         | 82.275         | < 0.0001       |
| Stroke/TIA                              | overall           | 1.243     | 1.062          | 1.441          | 0.0049         |
|   | low vs medium     | 3.124     | 1.620          | 6.047          | 0.0006         |
|   | low vs high       | 2.039     | 0.786          | 4.731          | 0.1137         |
| Complete RF                             | overall           | 1.193     | 1.048          | 1.364          | 0.0083         |

|                            |               |              |              |              |                    |
|----------------------------|---------------|--------------|--------------|--------------|--------------------|
|                            | low vs medium | 1.230        | 0.710        | 2.136        | 0.4611             |
|                            | low vs high   | 2.012        | 1.096        | 3.754        | 0.0256             |
| SIRS                       | overall       | 1.024        | 0.942        | 1.110        | 0.569              |
|                            | low vs medium | 0.801        | 0.553        | 1.139        | 0.229              |
|                            | low vs high   | 1.295        | 0.865        | 1.896        | 0.1949             |
| Sepsis                     | overall       | 1.358        | 1.115        | 1.643        | <b>0.0018</b>      |
|                            | low vs medium | 2.506        | 0.884        | 6.821        | <b>0.0424</b>      |
|                            | low vs high   | 3.737        | 1.312        | 10.228       | <b>0.0103</b>      |
| AKI                        | overall       | 1.317        | 1.226        | 1.413        | <b>&lt; 0.0001</b> |
|                            | low vs medium | 1.856        | 1.340        | 2.555        | <b>0.0002</b>      |
|                            | low vs high   | 3.231        | 2.274        | 4.558        | <b>&lt; 0.0001</b> |
| ALD                        | overall       | 1.258        | 1.107        | 1.423        | <b>0.0003</b>      |
|                            | low vs medium | 2.031        | 1.147        | 3.544        | <b>0.0133</b>      |
|                            | low vs high   | 2.396        | 1.216        | 4.504        | <b>0.0084</b>      |
| MODS                       | overall       | 1.169        | 0.977        | 1.379        | 0.0743             |
|                            | low vs medium | 1.100        | 0.455        | 2.406        | 0.8207             |
|                            | low vs high   | 2.001        | 0.825        | 4.397        | 0.0994             |
| All-cause bleedings        | overall       | 1.172        | 1.057        | 1.294        | 0.002              |
|                            | low vs medium | 1.133        | 0.693        | 1.796        | 0.6068             |
|                            | low vs high   | <b>2.124</b> | <b>1.291</b> | <b>3.396</b> | <b>0.0022</b>      |
| Intracranial bleeding      | overall       | 1.076        | 0.828        | 1.351        | 0.5528             |
|                            | low vs medium | 1.937        | 0.755        | 4.710        | 0.1503             |
|                            | low vs high   | 0.429        | 0.024        | 2.191        | 0.4173             |
| Respiratory-tract bleeding | overall       | 1.066        | 0.868        | 1.280        | 0.5164             |
|                            | low vs medium | 0.497        | 0.145        | 1.300        | 0.1991             |
|                            | low vs high   | 1.590        | 0.625        | 3.562        | 0.2883             |
| Upper-GI-tract bleeding    | overall       | <b>1.315</b> | <b>1.101</b> | <b>1.555</b> | <b>0.0017</b>      |
|                            | low vs medium | 1.658        | 0.659        | 3.894        | 0.2575             |
|                            | low vs high   | <b>3.799</b> | <b>1.622</b> | <b>8.581</b> | <b>0.0015</b>      |
| Lower-GI-tract bleeding    | overall       | 1.129        | 0.759        | 1.567        | 0.5014             |
|                            | low vs medium | 0.479        | 0.025        | 2.815        | 0.4963             |
|                            | low vs high   | 1.730        | 0.253        | 7.555        | 0.5032             |
| Urinary tract bleeding     | overall       | <b>1.273</b> | <b>0.998</b> | <b>1.591</b> | <b>0.0402</b>      |
|                            | low vs medium | 1.283        | 0.346        | 3.960        | 0.6793             |
|                            | low vs high   | 2.910        | 0.888        | 8.491        | 0.0572             |
| Pneumonia                  | overall       | <b>1.28</b>  | <b>1.21</b>  | <b>1.36</b>  | <b>&lt;0.001</b>   |
|                            | low vs medium |              |              |              |                    |
|                            | low vs high   | <b>2.28</b>  | <b>1.74</b>  | <b>3.01</b>  | <b>&lt;0.0001</b>  |

Abbreviations: AKI – acute kidney injury, ALD – acute liver dysfunction, DVT – deep vein thrombosis, HF – heart failure, MI – myocardial infarction, MODS – multiple organ dysfunction syndrome, PE – pulmonary embolism, RF – respiratory failure, TIA – transient ischemic attack, SIRS – systemic inflammatory response syndrome GI – gastrointestinal.

**Table S9.** Components of C<sub>2</sub>HES<sub>T</sub> score and the risk of outcomes in the univariate Cox proportional hazard model (all-cause death) and competing risk regression model (other outcomes).

| Endpoint                                | Component       | OR    | CI min. | CI max. | P value  |
|---|-----------------|-------|---------|---------|----------|
| End of hospitalization - death          | CAD             | 2.244 | 1.573   | 3.185   | < 0.0001 |
|   | COPD            | 1.013 | 0.549   | 1.787   | 0.9659   |
|   | Age>75          | 2.759 | 2.115   | 3.596   | < 0.0001 |
|   | Thyroid disease | 0.465 | 0.283   | 0.731   | 0.0015   |
|   | Hypertension    | 1.683 | 1.280   | 2.218   | 0.0002   |
|   | HFrEF           | 1.796 | 1.267   | 2.533   | 0.0009   |
| End of hospitalization - rehabilitation | CAD             | 0.852 | 0.517   | 1.361   | 0.5164   |
|   | COPD            | 2.193 | 1.199   | 3.828   | 0.0077   |
|   | Age>75          | 0.602 | 0.419   | 0.849   | 0.0048   |
|   | Thyroid disease | 1.279 | 0.851   | 1.874   | 0.2203   |
|   | Hypertension    | 1.434 | 1.085   | 1.896   | 0.0112   |
|   | HFrEF           | 0.980 | 0.607   | 1.543   | 0.9318   |
| End of hospitalization - full recovery  | CAD             | 0.593 | 0.429   | 0.817   | 0.0014   |
|   | COPD            | 0.533 | 0.319   | 0.878   | 0.0146   |
|   | Age>75          | 0.398 | 0.320   | 0.495   | < 0.0001 |
|   | Thyroid disease | 1.485 | 1.100   | 2.019   | 0.0107   |
|   | Hypertension    | 0.675 | 0.557   | 0.818   | < 0.0001 |
|   | HFrEF           | 0.703 | 0.514   | 0.961   | 0.0275   |
| All-cause shock                         | CAD             | 1.001 | 0.605   | 1.608   | 0.9976   |
|   | COPD            | 0.771 | 0.313   | 1.628   | 0.531    |
|   | Age>75          | 0.682 | 0.461   | 0.990   | 0.049    |
|   | Thyroid disease | 0.791 | 0.459   | 1.287   | 0.37     |
|   | Hypertension    | 2.005 | 1.440   | 2.804   | < 0.0001 |
|   | HFrEF           | 1.839 | 1.161   | 2.867   | 0.0082   |
| Hypovolemic shock                       | CAD             | NA    | 0.000   | NA      | NA       |
|   | COPD            | 2.001 | 0.314   | 7.089   | 0.3588   |
|   | Age>75          | 1.000 | 0.414   | 2.221   | 0.9998   |
|   | Thyroid disease | 1.839 | 0.678   | 4.226   | 0.1842   |
|   | Hypertension    | 1.151 | 0.552   | 2.386   | 0.7043   |
|   | HFrEF           | 2.504 | 0.868   | 6.324   | 0.0656   |
| Cardiogenic shock                       | CAD             | 1.667 | 0.666   | 4.039   | 0.2633   |
|   | COPD            | 2.742 | 0.852   | 7.348   | 0.062    |
|   | Age>75          | 2.451 | 1.145   | 5.290   | 0.0207   |
|   | Thyroid disease | 0.642 | 0.149   | 1.894   | 0.4791   |
|   | Hypertension    | 0.816 | 0.369   | 1.852   | 0.6178   |
|   | HFrEF           | 4.653 | 1.896   | 11.423  | 0.0007   |
| Septic shock                            | CAD             | 1.182 | 0.674   | 2.001   | 0.5458   |
|   | COPD            | 0.566 | 0.168   | 1.426   | 0.2847   |
|   | Age>75          | 0.490 | 0.302   | 0.768   | 0.0026   |
|   | Thyroid disease | 0.680 | 0.350   | 1.208   | 0.2193   |
| PE                                      | Hypertension    | 2.762 | 1.885   | 4.089   | < 0.0001 |
|   | HFrEF           | 1.330 | 0.766   | 2.241   | 0.2962   |



|                   |                 |        |       |        |          |
|-------------------|-----------------|--------|-------|--------|----------|
|                   | CAD             | 0.515  | 0.228 | 1.042  | 0.0841   |
|                   | COPD            | 0.873  | 0.260 | 2.198  | 0.7988   |
|                   | Age>75          | 1.020  | 0.642 | 1.581  | 0.9325   |
|                   | Thyroid disease | 0.486  | 0.203 | 0.986  | 0.0695   |
|                   | Hypertension    | 1.522  | 1.023 | 2.268  | 0.0383   |
|                   | HFrEF           | 1.373  | 0.734 | 2.450  | 0.3      |
|                   | CAD             | 0.754  | 0.106 | 3.263  | 0.737    |
|                   | COPD            | 1.378  | 0.074 | 7.314  | 0.7621   |
|                   | Age>75          | 0.724  | 0.198 | 2.110  | 0.5836   |
| DVT               | Thyroid disease | 0.885  | 0.140 | 3.100  | 0.8703   |
|                   | Hypertension    | 1.058  | 0.407 | 2.686  | 0.905    |
|                   | HFrEF           | 1.484  | 0.293 | 5.566  | 0.5906   |
|                   | CAD             | 1.574  | 0.548 | 4.162  | 0.3757   |
|                   | COPD            | NA     | 0.000 | NA     | NA       |
|                   | Age>75          | 1.547  | 0.649 | 3.594  | 0.3133   |
| MI                | Thyroid disease | 0.571  | 0.091 | 1.976  | 0.4535   |
|                   | Hypertension    | 1.642  | 0.665 | 4.316  | 0.293    |
|                   | HFrEF           | 3.283  | 1.225 | 8.567  | 0.0158   |
|                   | CAD             | 1.336  | 0.889 | 1.990  | 0.1586   |
|                   | COPD            | 1.472  | 0.801 | 2.658  | 0.2045   |
|                   | Age>75          | 1.970  | 1.468 | 2.640  | < 0.0001 |
| Myocardial injury | Thyroid disease | 0.752  | 0.466 | 1.180  | 0.2275   |
|                   | Hypertension    | 1.379  | 1.024 | 1.861  | 0.0348   |
|                   | HFrEF           | 2.058  | 1.403 | 3.012  | 0.0002   |
|                   | CAD             | 1.395  | 0.775 | 2.476  | 0.2605   |
|                   | COPD            | 0.538  | 0.151 | 1.484  | 0.2771   |
|                   | Age>75          | 3.745  | 2.209 | 6.470  | < 0.0001 |
| acute HF          | Thyroid disease | 0.539  | 0.212 | 1.190  | 0.1553   |
|                   | Hypertension    | 1.175  | 0.642 | 2.206  | 0.6064   |
|                   | HFrEF           | 13.248 | 7.359 | 24.524 | < 0.0001 |
|                   | CAD             | 1.231  | 0.465 | 2.869  | 0.6503   |
|                   | COPD            | 0.467  | 0.026 | 2.242  | 0.4583   |
|                   | Age>75          | 1.870  | 0.967 | 3.547  | 0.0576   |
| Stroke/TIA        | Thyroid disease | 0.753  | 0.223 | 1.904  | 0.5943   |
|                   | Hypertension    | 2.424  | 1.230 | 5.005  | 0.0127   |
|                   | HFrEF           | 0.844  | 0.315 | 2.003  | 0.7163   |
|                   | CAD             | 1.753  | 0.890 | 3.523  | 0.1079   |
|                   | COPD            | 1.041  | 0.391 | 2.864  | 0.9355   |
|                   | Age>75          | 1.317  | 0.788 | 2.208  | 0.2939   |
| Complete RF       | Thyroid disease | 0.851  | 0.392 | 1.846  | 0.6801   |
|                   | Hypertension    | 0.825  | 0.483 | 1.400  | 0.4776   |
|                   | HFrEF           | 1.806  | 0.924 | 3.602  | 0.0869   |
|                   | CAD             | 0.858  | 0.621 | 1.188  | 0.3537   |
|                   | COPD            | 1.573  | 0.942 | 2.717  | 0.0923   |
| Pneumonia         | Age>75          | 1.219  | 0.977 | 1.522  | 0.0796   |
|                   | Thyroid disease | 1.096  | 0.823 | 1.462  | 0.5332   |

|                            |                 |       |       |        |          |
|----------------------------|-----------------|-------|-------|--------|----------|
|                            | Hypertension    | 2.348 | 1.948 | 2.834  | < 0.0001 |
|                            | HFrEF           | 1.398 | 1.013 | 1.940  | 0.043    |
|                            | CAD             | 0.905 | 0.538 | 1.472  | 0.6974   |
|                            | COPD            | 1.274 | 0.599 | 2.454  | 0.4962   |
| SIRS                       | Age>75          | 1.021 | 0.716 | 1.435  | 0.9086   |
|                            | Thyroid disease | 0.611 | 0.346 | 1.007  | 0.0686   |
|                            | Hypertension    | 0.857 | 0.630 | 1.161  | 0.321    |
|                            | HFrEF           | 1.600 | 1.003 | 2.505  | 0.0437   |
|                            | CAD             | 0.415 | 0.088 | 1.438  | 0.2045   |
|                            | COPD            | 1.919 | 0.278 | 8.028  | 0.426    |
| Sepsis                     | Age>75          | 1.201 | 0.451 | 3.073  | 0.7051   |
|                            | Thyroid disease | 0.550 | 0.086 | 1.960  | 0.4302   |
|                            | Hypertension    | 1.521 | 0.567 | 4.352  | 0.4138   |
|                            | HFrEF           | 5.293 | 1.856 | 15.129 | 0.0017   |
|                            | CAD             | 1.639 | 1.095 | 2.422  | 0.0146   |
|                            | COPD            | 1.182 | 0.613 | 2.138  | 0.598    |
| AKI                        | Age>75          | 1.274 | 0.931 | 1.732  | 0.1251   |
|                            | Thyroid disease | 0.515 | 0.295 | 0.846  | 0.0132   |
|                            | Hypertension    | 2.423 | 1.777 | 3.328  | < 0.0001 |
|                            | HFrEF           | 1.529 | 1.027 | 2.252  | 0.0336   |
|                            | CAD             | 1.052 | 0.477 | 2.154  | 0.895    |
|                            | COPD            | 0.295 | 0.016 | 1.401  | 0.2325   |
| ALD                        | Age>75          | 1.686 | 0.972 | 2.879  | 0.0583   |
|                            | Thyroid disease | 0.863 | 0.353 | 1.807  | 0.7206   |
|                            | Hypertension    | 1.495 | 0.866 | 2.619  | 0.1525   |
|                            | HFrEF           | 1.854 | 0.917 | 3.597  | 0.0755   |
|                            | CAD             | 0.748 | 0.251 | 1.969  | 0.5761   |
|                            | COPD            | 1.034 | 0.161 | 3.713  | 0.9653   |
| MODS                       | Age>75          | 0.475 | 0.183 | 1.089  | 0.0978   |
|                            | Thyroid disease | 0.418 | 0.067 | 1.401  | 0.2361   |
|                            | Hypertension    | 1.403 | 0.672 | 2.958  | 0.3669   |
|                            | HFrEF           | 4.681 | 1.923 | 10.941 | 0.0005   |
|                            | CAD             | 1.057 | 0.557 | 1.911  | 0.8602   |
|                            | COPD            | 0.764 | 0.225 | 1.943  | 0.615    |
| All-cause bleedings        | Age>75          | 1.027 | 0.643 | 1.604  | 0.9104   |
|                            | Thyroid disease | 1.884 | 1.117 | 3.047  | 0.0129   |
|                            | Hypertension    | 1.267 | 0.837 | 1.921  | 0.2629   |
|                            | HFrEF           | 1.729 | 0.962 | 3.017  | 0.0597   |
|                            | CAD             | 0.357 | 0.019 | 1.908  | 0.3328   |
|                            | COPD            | NA    | NA    | NA     | NA       |
| Intracranial bleeding      | Age>75          | 1.457 | 0.524 | 3.731  | 0.4459   |
|                            | Thyroid disease | 0.386 | 0.021 | 1.879  | 0.3554   |
|                            | Hypertension    | 2.602 | 1.018 | 7.171  | 0.0511   |
|                            | HFrEF           | 0.733 | 0.109 | 2.860  | 0.695    |
| Respiratory-tract bleeding | CAD             | 1.584 | 0.536 | 4.249  | 0.38     |
|                            | COPD            | 0.520 | 0.028 | 2.682  | 0.5339   |

|                         |                 |       |       |        |        |
|-------------------------|-----------------|-------|-------|--------|--------|
|                         | Age>75          | 0.217 | 0.051 | 0.640  | 0.0146 |
|                         | Thyroid disease | 1.355 | 0.453 | 3.294  | 0.5396 |
|                         | Hypertension    | 1.358 | 0.635 | 2.902  | 0.4256 |
|                         | HFrEF           | 2.506 | 0.876 | 6.622  | 0.0734 |
|                         | CAD             | 0.627 | 0.166 | 1.879  | 0.4408 |
|                         | COPD            | 1.473 | 0.229 | 5.305  | 0.6119 |
| Upper-GI-tract bleeding | Age>75          | 1.898 | 0.858 | 4.089  | 0.1051 |
|                         | Thyroid disease | 2.713 | 1.119 | 5.930  | 0.0174 |
|                         | Hypertension    | 1.175 | 0.544 | 2.592  | 0.6826 |
|                         | HFrEF           | 2.040 | 0.740 | 5.169  | 0.1468 |
|                         | CAD             | 4.604 | 0.639 | 21.975 | 0.0749 |
|                         | COPD            | NA    | 0.000 | NA     | NA     |
| Lower-GI-tract bleeding | Age>75          | 2.030 | 0.402 | 8.419  | 0.3448 |
|                         | Thyroid disease | 7.582 | 1.843 | 29.240 | 0.003  |
|                         | Hypertension    | 0.669 | 0.152 | 2.748  | 0.5758 |
|                         | HFrEF           | NA    | NA    | NA     | NA     |
|                         | CAD             | 0.903 | 0.182 | 3.404  | 0.8889 |
|                         | COPD            | 1.127 | 0.060 | 6.041  | 0.9107 |
| UTB                     | Age>75          | 1.227 | 0.398 | 3.436  | 0.7054 |
|                         | Thyroid disease | 1.525 | 0.348 | 4.724  | 0.511  |
|                         | Hypertension    | 1.355 | 0.482 | 3.981  | 0.5668 |
|                         | HFrEF           | 2.443 | 0.642 | 8.208  | 0.1636 |

Abbreviations: AKI – acute kidney injury, ALD – acute liver dysfunction, CAD – coronary artery disease, COPD – Chronic obstructive pulmonary disease, DVT – deep vein thrombosis, HF – heart failure, HFrEF – heart failure with reduced ejection fraction, MI – myocardial infarction, MODS – multiple organ dysfunction syndrome, PE – pulmonary embolism, RF – respiratory failure, UTB – urinary tract bleeding, TIA – transient ischemic attack, SIRS – systemic inflammatory response syndrome GI – gastrointestinal

**Table S10.** Clinical non-fatal events and hospitalization outcomes in the C2HEST risk strata.

| Variables, units (N)                       | Low risk [0-1]  | Medium risk [2-3]   | High risk [>4]  | OMNIBUS<br><i>p</i> -value | <i>p</i> -value (for post-hoc<br>analysis)                       |
|--|---|---|---|----------------------------|--|
|  | mean±SD<br>min-max<br>(N) or n/N<br>(% of risk<br>category) | mean±SD<br>min-max<br>(N) or n/N<br>(% of risk<br>category) | mean±SD<br>min-max<br>(N) or n/N<br>(% of risk<br>category) |                            |  |
| <b>Hospitalization</b>                     |   |   |   |                            |  |
| Duration of hospitalization, days (2184)   | 11.6±14.0<br>1 - 131  | 13.2±13.6<br>1 - 124  | 16.1±15.9<br>1 - 121  | <0.0001                    | 0.064 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.0301 <sup>c</sup>  |
| Admission at ICU (2184)                    | 148/1418(10.4%)   | 39/492 (7.9%)   | 27/274 (9.9%)   |                            |  |
| End of hospitalisation death               | 119/1418 (8.4%)   | 110/492 (22.4%)   | 97/274 (35.5%)  | <0.0001                    | <0.0001 <sup>a,b</sup> , 0.00495 <sup>c</sup>                    |
| discharge home – full recovery             | 993/1418(70.0%)   | 220/492 (44.7%)   | 103/274 (37.6%)   |                            |  |
| transfer to another hospital – worsening   | 139/1418 (9.8%)   | 97/492 (19.7%)  | 44/274 (16.1%)  |                            |  |
| transfer to another hospital – in recovery | 167/1418(11.8%)   | 65/492 (13.2%)  | 30/274 (10.9%)  |                            |  |
| <b>Clinical events</b>                     |   |   |   |                            |  |
| Aborted cardiac arrest (2184)              | 15/1418 (1.1%)  | 3/492 (0.6%)  | 6/274 (2.2%)  | 0.155                      | N/A  |
| Shock (2184)                               | 109/1418 (7.7%)   | 46/492 (9.3%)   | 33/274 (12.0%)  | 0.049                      | N/A  |
| Hypovolemic shock                          | 22/1418 (1.6%)  | 7/492 (1.4%)  | 6/274 (2.2%)  | 0.665                      | N/A  |
| Cardiogenic shock                          | 7/1418 (0.5%)   | 11/492 (2.2%)   | 14/274 (5.1%)   | <0.0001                    | 0.0046 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.161 <sup>c</sup>  |
| Septic shock                               | 89/1418 (6.3%)  | 30/492 (6.1%)   | 22/274 (8.0%)   | 0.521                      | N/A  |
| Venous thromboembolic disease (2184)       | 47/1418 (3.4%)  | 13/492 (2.6%)   | 9/274 (3.3%)  | 0.911                      | N/A  |
| Pulmonary embolism (2184)                  | 39/1418 (2.7%)  | 11/492 (2.2%)   | 11/274 (3.3%)   |                            | N/A  |
| Deep vein thrombosis (2184)                | 8/1418 (0.6%)   | 2/492 (0.4%)  | 0/274 (0.0%)  |                            | N/A  |
| MI (2184)                                  | 8/1418 (0.6%)   | 10/492 (2.0%)   | 8/274 (2.9%)  | 0.00054                    | 0.0334 <sup>a</sup> , 0.00503 <sup>b</sup> , 1.0 <sup>c</sup>    |
| Acute HF (2184)                            | 8/1418 (0.6%)   | 22/492 (4.5%)   | 46/274 (16.8%)  | <0.0001                    | <0.0001 <sup>a,b,c</sup>   |
| Stroke/TIA (2184)                          | 18/1418 (1.3%)  | 19/492 (3.9%)   | 7/274 (2.6%)  | 0.00158                    | 0.00199 <sup>a</sup> , 0.54 <sup>b</sup> , 1.0 <sup>c</sup>      |
| New cognitive signs and symptoms (2184)    | 38/1418 (2.7%)  | 51/492 (10.4%)  | 32/274 (11.7%)  | <0.0001                    | <0.0001 <sup>a</sup> , <0.0001 <sup>b</sup> , 1.0 <sup>c</sup>   |
| Pneumonia (2184)                           | 606/1418(42.7%)   | 279/492 (56.7%)   | 176/274 64.2%)  | <0.0001                    | <0.0001 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.151 <sup>c</sup> |
| SIRS (2115)                                | 141/1353(10.5%)   | 42/489 (8.6%)   | 36/273 (13.2%)  | 0.135                      | N/A  |
| Sepsis (884)                               | 9/576 (1.6%)  | 7/183 (3.8%)  | 7/125 (5.6%)  | 0.0155                     | 0.23 <sup>a</sup> , 0.0405 <sup>b</sup> , 1.0 <sup>c</sup>       |
| AKI (2184)                                 | 111/1418 (7.8%)   | 67/492 (13.6%)  | 59/274 (21.5%)  | <0.0001                    | 0.0006 <sup>a</sup> , <0.0001 <sup>b</sup> , 0.019 <sup>c</sup>  |
| ALD (1975)                                 | 30/1257 (2.4%)  | 22/465 (4.7%)   | 14/253 (5.5%)   | 0.00643                    | 0.054 <sup>a</sup> , 0.0362 <sup>b</sup> , 1.0 <sup>c</sup>      |
| MODS (2184)                                | 21/1418 (1.5%)  | 8/492 (1.6%)  | 8/274 (2.9%)  | 0.238                      | N/A  |
| LA (245)                                   | 9/105 (8.6%)  | 5/79 (6.3%)   | 8/61 (13.1%)  | 0.372                      | N/A  |
| Hyperlactaemia (245)                       | 78/105 (74.3%)  | 52/79 (65.8%)   | 37/61 (60.7%)   | 0.166                      | N/A  |
| Bleedings (2184)                           | 64/1418 (4.5%)  | 25/492 (5.1%)   | 25/274 (9.1%)   | 0.00711                    | 1.0 <sup>a</sup> , 0.0086 <sup>b</sup> , 0.131 <sup>c</sup>      |
| intracranial (2184)                        | 12/1418 (0.8%)  | 8/492 (1.6%)  | 1/274 (0.4%)  | 0.226                      | N/A  |
| respiratory (2184)                         | 23/1418 (1.6%)  | 4/492 (0.8%)  | 7/274 (2.6%)  | 0.158                      | N/A  |
| gastrointestinal (2184)                    | 20/1418 (1.4%)  | 9/492 (1.8%)  | 12/274 (4.3%)   | 0.0164                     | 1.0 <sup>a</sup> , 0.0105 <sup>b</sup> , 0.29 <sup>c</sup>       |
| urinary tract (2184)                       | 9/1418 (0.6%)   | 4/492 (0.8%)  | 5/274 (1.8%)  | 0.151                      | N/A  |

Continuous variables are presented as mean±SD range (minimum-maximum) and a number of non-missing values.

Categorized variables are presented as a number with a percentage.

Abbreviations: N-valid measurements, n - number of patients with parameter above cut-off point, SD - standard deviation, ANOVA - analysis of variance, ICU - intensive care unit, MI - myocardial infarction, HF - heart failure,

TIA -transient ischemic attack, SIRS - systemic inflammatory response syndrome, AKI – acute kidney injury, ALD – acute liver dysfunction MODS - multiple organ dysfunction syndrome, LA - lactic acidosis, N/A – not-applicable, a – low risk vs. medium risk, b – low risk vs. high risk, c – medium risk vs. high risk.

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**Table S11.** Discriminatory performance of the C<sub>2</sub>HEST score on the clinical events

| <b>Clinical event</b>                   | <b>AUC</b> | <b>Sensitivity</b> | <b>Specificity</b> |
|---|------------|--------------------|--------------------|
| End of hospitalization - full recovery  | 0.66       | 0.75               | 0.51               |
| End of hospitalization - deterioration  | 0.59       | 0.50               | 0.67               |
| End of hospitalization - rehabilitation | 0.51       | 0.62               | 0.42               |
| End of hospitalization - death          | 0.71       | 0.64               | 0.70               |
| All-cause shock                         | 0.58       | 0.74               | 0.437              |
| Hypovolemic shock                       | 0.55       | 0.71               | 0.42               |
| Cardiogenic shock                       | 0.77       | 0.78               | 0.66               |
| Septic shock                            | 0.56       | 0.74               | 0.42               |
| PE                                      | 0.52       | 0.63               | 0.42               |
| DVT                                     | 0.48       | 0.10               | 0.97               |
| Venous thromboembolic disease           | 0.51       | 0.63               | 0.42               |
| MI                                      | 0.72       | 0.69               | 0.65               |
| Myocardial injury                       | 0.67       | 0.62               | 0.64               |
| Acute HF                                | 0.86       | 0.90               | 0.67               |
| Stroke/TIA                              | 0.64       | 0.59               | 0.65               |
| Complete RF                             | 0.58       | 0.22               | 0.92               |
| SIRS                                    | 0.49       | 0.16               | 0.87               |
| Sepsis                                  | 0.69       | 0.57               | 0.75               |
| AKI                                     | 0.65       | 0.79               | 0.44               |
| ALD                                     | 0.64       | 0.85               | 0.40               |
| MODS                                    | 0.58       | 0.38               | 0.76               |
| All bleedings                           | 0.57       | 0.222              | 0.88               |
| Intracranial bleeding                   | 0.56       | 0.38               | 0.76               |
| Respiratory tract bleeding              | 0.51       | 0.21               | 0.88               |
| Upper GI tract bleeding                 | 0.64       | 0.56               | 0.65               |
| Lower GI tract bleeding                 | 0.61       | 0.89               | 0.41               |
| UTB                                     | 0.60       | 0.28               | 0.93               |
| Gynecological bleeding                  | 0.63       | 0.929              | 0.35               |
| Pneumonia                               | 0.62       | 0.69               | 0.53               |

Abbreviations: AKI – acute kidney injury, ALD – acute liver dysfunction, DVT – deep vein thrombosis, HF – heart failure, MI – myocardial infarction, MODS – multiple organ dysfunction syndrome, PE – pulmonary embolism, RF – respiratory failure, UTB – urinary tract bleeding, TIA – transient ischemic attack, SIRS – systemic inflammatory response syndrome GI – gastrointestinal

**Table S12.** Hazard ratio for the in-hospital all-cause-death for modified C2HEST risk stratification. The “thyroid disease” has been replaced by “hypothyroidism” and “age>75 years” by “age>65 years”, respectively

| <b>Total deaths</b> | <b>HR</b> | <b>CI min.</b> | <b>CI max.</b> | <b>p-value</b> |         |
|---------------------|-----------|----------------|----------------|----------------|---------|
| overall             |           | 1.437041       | 1.380787       | 1.495586       | <0.0001 |
| low vs medium       |           | 4.119509       | 3.139181       | 5.405980       | <0.0001 |
| low vs high         |           | 6.654120       | 5.158194       | 8.583878       | <0.0001 |

HR – hazard ratio

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**Table S13.** Odds ratios for quantifying the strength of the association between the modified CH2EST-score and study endpoints and adverse events - the “thyroid disease” has been replaced by “hypothyroidism” and cut-off point for age to “>65 years” as scoring items.

| Endpoint                                | Comparison    | OR     | CI min. | CI max. | P value  |
|---|---------------|--------|---------|---------|----------|
| End of hospitalization - death          | overall       | 1.541  | 1.443   | 1.648   | < 0.0001 |
|   | low vs medium | 3.990  | 2.696   | 6.026   | < 0.0001 |
|   | low vs high   | 8.098  | 5.655   | 11.912  | < 0.0001 |
| End of hospitalization - deterioration  | overall       | 1.183  | 1.106   | 1.264   | < 0.0001 |
|   | low vs medium | 2.688  | 1.926   | 3.783   | < 0.0001 |
|   | low vs high   | 2.400  | 1.734   | 3.352   | < 0.0001 |
| End of hospitalization - rehabilitation | overall       | 1.055  | 0.983   | 1.131   | 0.1367   |
|   | low vs medium | 1.276  | 0.921   | 1.766   | 0.142    |
|   | low vs high   | 1.296  | 0.953   | 1.766   | 0.0984   |
| End of hospitalization - full recovery  | overall       | 0.693  | 0.658   | 0.730   | < 0.0001 |
|   | low vs medium | 0.338  | 0.268   | 0.425   | < 0.0001 |
|   | low vs high   | 0.225  | 0.181   | 0.280   | < 0.0001 |
| All-cause shock                         | overall       | 1.191  | 1.100   | 1.287   | < 0.0001 |
|   | low vs medium | 1.720  | 1.146   | 2.590   | 0.0089   |
|   | low vs high   | 2.284  | 1.583   | 3.336   | < 0.0001 |
| Hypovolemic shock                       | overall       | 1.057  | 0.877   | 1.261   | 0.5459   |
|   | low vs medium | 1.134  | 0.454   | 2.757   | 0.7813   |
|   | low vs high   | 1.549  | 0.711   | 3.482   | 0.274    |
| Cardiogenic shock                       | overall       | 1.582  | 1.326   | 1.894   | < 0.0001 |
|   | low vs medium | 2.438  | 0.733   | 9.342   | 0.1566   |
|   | low vs high   | 6.066  | 2.296   | 20.865  | 0.001    |
| Septic shock                            | overall       | 1.166  | 1.065   | 1.274   | 0.0008   |
|   | low vs medium | 1.709  | 1.079   | 2.724   | 0.0227   |
|   | low vs high   | 2.163  | 1.424   | 3.338   | 0.0004   |
| PE                                      | overall       | 1.111  | 1.007   | 1.224   | 0.0034   |
|   | low vs medium | 1.243  | 0.759   | 2.024   | 0.3831   |
|   | low vs high   | 1.712  | 1.112   | 2.664   | 0.0015   |
| DVT                                     | overall       | 1.003  | 0.780   | 1.262   | 0.9785   |
|   | low vs medium | 2.328  | 0.860   | 6.874   | 0.1036   |
|   | low vs high   | 0.940  | 0.270   | 3.132   | 0.9184   |
| MI                                      | overall       | 1.493  | 1.230   | 1.818   | < 0.0001 |
|   | low vs medium | 4.182  | 0.960   | 28.610  | 0.0803   |
|   | low vs high   | 10.380 | 2.983   | 65.446  | 0.0017   |
| Myocardial injury                       | overall       | 1.386  | 1.288   | 1.495   | < 0.0001 |
|   | low vs medium | 2.893  | 1.898   | 4.498   | < 0.0001 |
|   | low vs high   | 4.753  | 3.225   | 7.188   | < 0.0001 |
| acute HF                                | overall       | 1.988  | 1.748   | 2.277   | < 0.0001 |
|   | low vs medium | 9.890  | 2.750   | 63.140  | 0.0025   |
|   | low vs high   | 36.730 | 11.434  | 224.515 | < 0.0001 |
| Stroke/TIA                              | overall       | 1.232  | 1.055   | 1.433   | 0.0073   |
|   | low vs medium | 2.276  | 0.953   | 5.781   | 0.0692   |
|   | low vs high   | 3.315  | 1.535   | 7.949   | 0.0038   |
| Complete RF                             | overall       | 1.191  | 1.046   | 1.361   | 0.0092   |
|   | low vs medium | 0.770  | 0.376   | 1.574   | 0.4731   |
|   | low vs high   | 1.554  | 0.810   | 2.989   | 0.184    |
| Pneumonia                               | overall       | 1.287  | 1.225   | 1.355   | < 0.0001 |
|   | low vs medium | 2.606  | 2.103   | 3.234   | < 0.0001 |



|                            |               |       |       |         |          |
|----------------------------|---------------|-------|-------|---------|----------|
|                            | low vs high   | 3.044 | 2.480 | 3.742   | < 0.0001 |
|                            | overall       | 1.041 | 0.964 | 1.123   | 0.3033   |
| SIRS                       | low vs medium | 0.963 | 0.675 | 1.368   | 0.8349   |
|                            | low vs high   | 1.027 | 0.739 | 1.426   | 0.874    |
|                            | overall       | 1.407 | 1.149 | 1.727   | 0.0009   |
| Sepsis                     | low vs medium | 0.878 | 0.179 | 3.614   | 0.8599   |
|                            | low vs high   | 3.660 | 1.399 | 11.364  | 0.013    |
|                            | overall       | 1.349 | 1.257 | 1.449   | < 0.0001 |
| AKI                        | low vs medium | 2.921 | 1.949 | 4.447   | < 0.0001 |
|                            | low vs high   | 4.507 | 3.113 | 6.678   | < 0.0001 |
|                            | overall       | 1.184 | 1.040 | 1.344   | 0.0098   |
| ALD                        | low vs medium | 2.859 | 1.421 | 6.121   | 0.0044   |
|                            | low vs high   | 2.935 | 1.508 | 6.154   | 0.0024   |
|                            | overall       | 1.205 | 1.016 | 1.421   | 0.0285   |
| MODS                       | low vs medium | 1.249 | 0.493 | 3.117   | 0.631    |
|                            | low vs high   | 2.056 | 0.961 | 4.657   | 0.0699   |
|                            | overall       | 1.123 | 1.015 | 1.240   | 0.0225   |
| All bleedings              | low vs medium | 0.882 | 0.522 | 1.464   | 0.6315   |
|                            | low vs high   | 1.478 | 0.963 | 2.286   | 0.0753   |
|                            | overall       | 1.063 | 0.834 | 1.330   | 0.6066   |
| Intracranial bleeding      | low vs medium | 0.591 | 0.127 | 2.135   | 0.4472   |
|                            | low vs high   | 1.784 | 0.699 | 4.871   | 0.2337   |
|                            | overall       | 1.075 | 0.891 | 1.283   | 0.4378   |
| Respiratory tract bleeding | low vs medium | 0.549 | 0.195 | 1.359   | 0.2172   |
|                            | low vs high   | 0.977 | 0.455 | 2.071   | 0.952    |
|                            | overall       | 1.202 | 1.001 | 1.434   | 0.0443   |
| Upper GI tract bleeding    | low vs medium | 2.803 | 1.082 | 8.089   | 0.0404   |
|                            | low vs high   | 2.663 | 1.063 | 7.554   | 0.0458   |
|                            | overall       | 1.057 | 0.722 | 1.483   | 0.7568   |
| Lower GI tract bleeding    | low vs medium | 6.967 | 1.120 | 133.657 | 0.0767   |
|                            | low vs high   | 3.394 | 0.433 | 68.690  | 0.2904   |
|                            | overall       | 1.268 | 0.997 | 1.600   | 0.0469   |
| UTB                        | low vs medium | 0.229 | 0.012 | 1.347   | 0.1733   |
|                            | low vs high   | 2.084 | 0.789 | 6.076   | 0.1499   |

Abbreviations: AKI – acute kidney injury, ALD – acute liver dysfunction, DVT – deep vein thrombosis, HF – heart failure, MI – myocardial infarction, MODS – multiple organ dysfunction syndrome, PE – pulmonary embolism, RF – respiratory failure, UTB – urinary tract bleeding, TIA – transient ischemic attack, SIRS – systemic inflammatory response syndrome GI – gastrointestinal

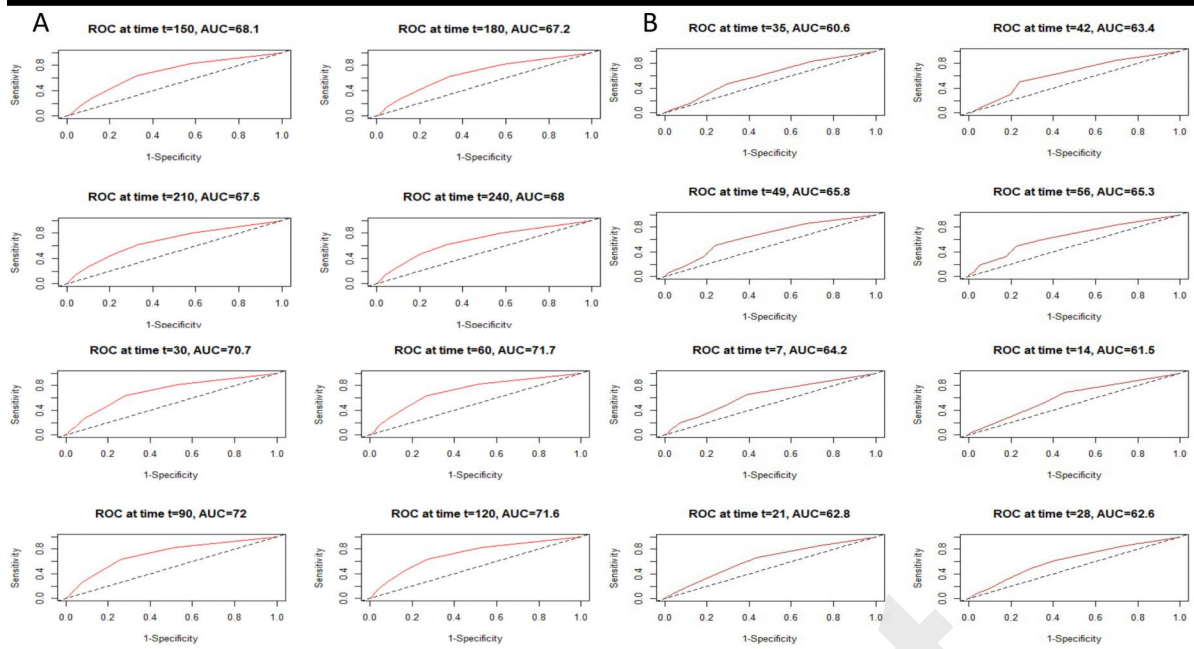


Figure 1. Time-dependent receiver operating characteristic (time-ROC) curves for the C2HEST score in predicting total (A) and in-hospital mortality.

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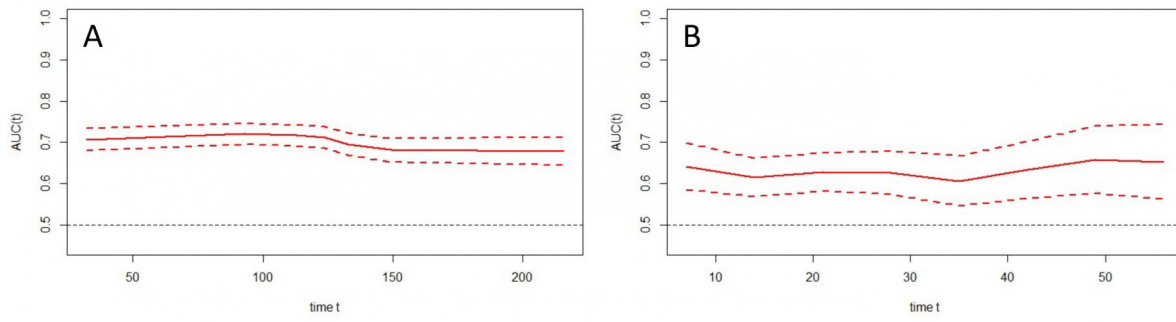


Figure 2. Time-dependent ROC analysis for the C2HEST predictive abilities of all-cause death (A) and death during hospitalization (B) (AUC with CI).

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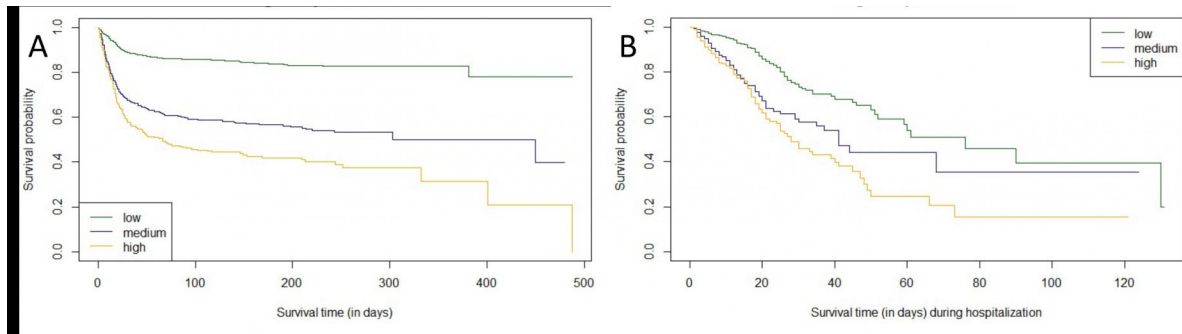
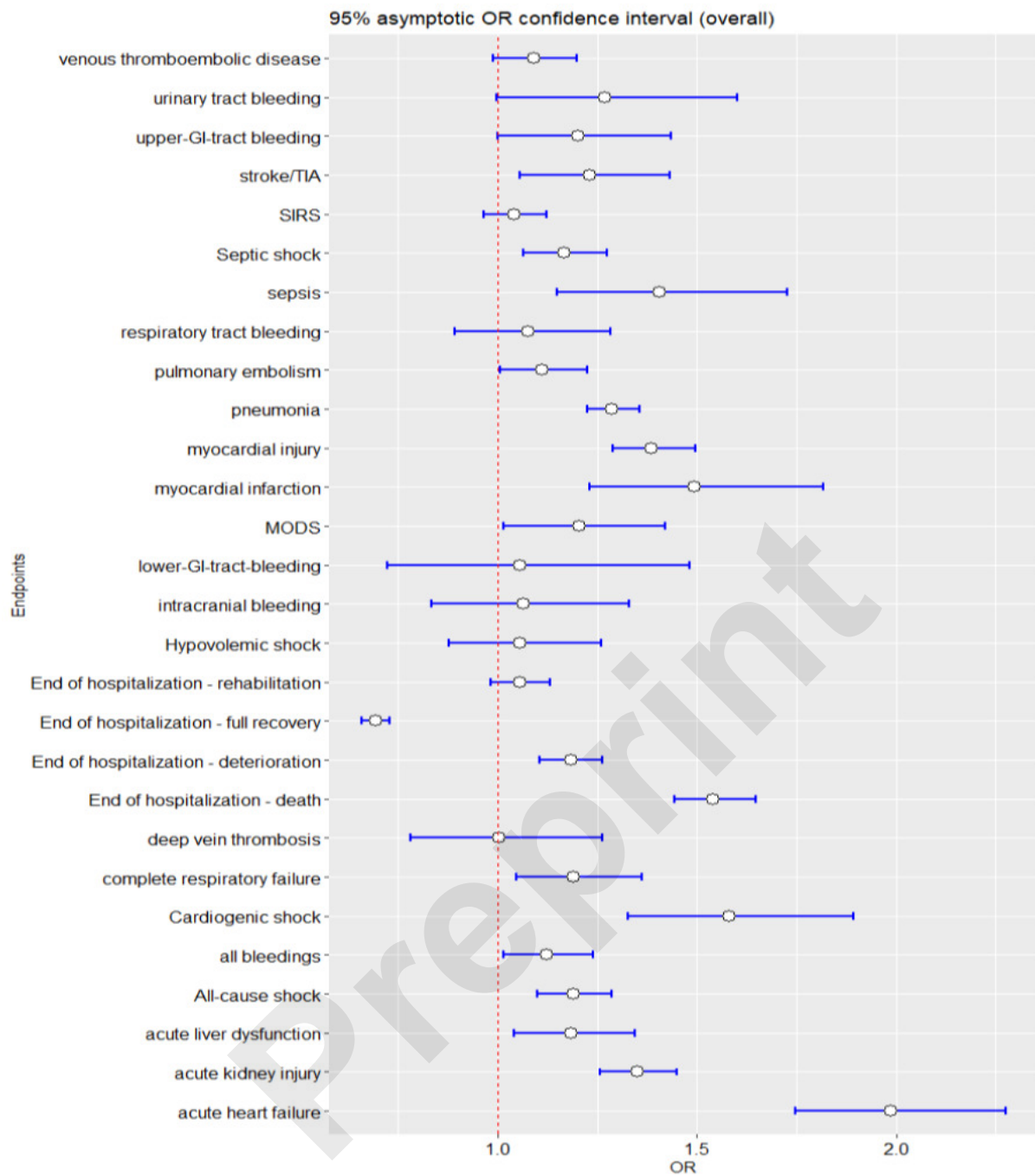
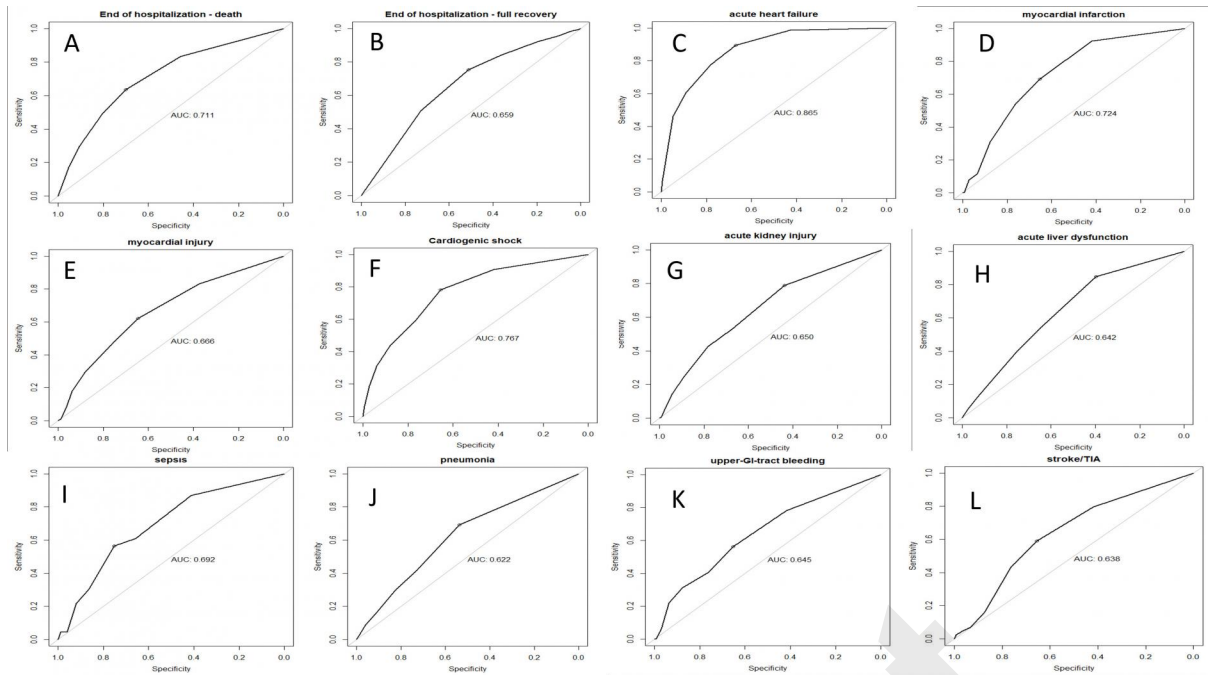


Figure 3. Analysis of the survival curves (A) and in-hospital survival (B) for the low, medium, and high C2HEST risk strata (Kaplan-Meier curve, log-rank p-value <0.0001)

Preprint



Additional file 10. The overall odds ratio for quantifying the strength of the association of C2HEST -score with study endpoints.



Additional file 15. Receiver operating characteristic (ROC) curves for the modified C2HEST score - replacing “thyroid disease” with “hypothyroidism” and cut-off point for age to “>65 years” as scoring items in predicting in-hospital death (A), full recovery (B), acute heart failure (C), myocardial infarction (D), myocardial injury (E), cardiogenic shock (F), acute kidney injury (G), acute liver dysfunction (H), sepsis (I), pneumonia (J), upper-GI-bleeding (K), stroke/TIA (L).